

Caregiver Support Groups

For Family and Friends of Individuals with Alzheimer's or a Related Dementia

Before attending, please call the facilitator to:

- Ask about the make-up of the group
- Confirm meeting details
- If the facilitator is unavailable please call our Helpline at 844.373.4400.



SPECIALIZED GROUPS

Type/Location	Date/Time	Facilitator Contact
Caregivers of Lewy Body & Frontotemporal Dementia Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614	1 st Wednesday, 9:30 a.m. 3 rd Tuesday, 1:00 p.m.	Larissa Haiker, MSW 949.757.3758 Mark Odom, LCSW 949.757.3725
Down Syndrome/Alzheimer's Caregiver Support Group Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614 <i>In collaboration with the Regional Center of OC & Down Syndrome Program in Development, Aging & Dementia at UC Irvine</i>	3 rd Tuesday 10:00 a.m.	Kim Bailey, MSG 949.757.3771
For Individuals with Early Memory Loss (and their care partners) Brea, Irvine, Aliso Viejo and Mission Viejo	Time-limited series Dates/times vary <i>Pre-registration required</i>	Donna Velarde, LCSW 949.757.3759
Men's Caregiver Support Group Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614	2 nd Tuesday 6:00 p.m.	Kevin Bigelow 714.227.2194 Dennis Miyadi 714.401.5563

GENERAL CAREGIVER SUPPORT GROUPS

Location	Date/Time	Facilitator Contact
Buena Park Buena Park Senior Activity Center (in Walter Ehlers Community Recreation Center) 8150 Knott Ave., Buena Park, CA 90620	3 rd Friday 10:30 a.m.	Jimin Won 858.859.0153 Recreation Center 714.236.3870
Corona del Mar Oasis Senior Center 801 Narcissus Ave., Corona Del Mar, CA 92625	1 st Wednesday 10:00 a.m.	Vic Mazmanian 949.310.6682 OASIS 949.644.3244
Cypress Cypress Senior Center 9031 Grindlay St., Cypress, CA 90630 (Conference Room)	3 rd Wednesday 1:30 p.m. & 7:00 p.m.	Larissa Haiker 949.757.3758 (1:30) Jessica Cimarusti 562.716.2826 (7) Peggy Carroll 714.530.1566 (7) Senior Center 714.229.2005

GENERAL CAREGIVER SUPPORT GROUPS continued

Location	Date/Time	Facilitator Contact
Fullerton Fullerton Gardens 1510 E Commonwealth Ave., Fullerton, CA 92831 <i>Free Respite Care Available</i>	1 st & 3 rd Thursday 9:30 a.m.	Fullerton Gardens 714.441.2636 Estelle Worden 714.244.6004
Fountain Valley Fountain Valley Senior Center 17967 Bushard St., Fountain Valley, CA 92708	2 nd & 4 th Thursday 1:00 p.m.	Sue Warner 714.801.6800 Senior Center 714.593.4446
Garden Grove Valley View Gardens 11848 Valley View St., Garden Grove, CA 92845 <i>Free Respite Care Available</i>	2 nd Tuesday 1:00 p.m.	Valley View Gardens 714.895.9898 Larissa Haiker 949.757.3758
Huntington Beach Alzheimer's Family Services Center 9451 Indianapolis Ave., Huntington Beach, CA 92646	2 nd & 4 th Wednesday 6:00 p.m.	AFSC 714.593.9630 Corrine Enos
Huntington Beach Huntington Landmark <i>Group no long Meeting at Huntington Landmark, new location to be determined.</i>	Group temporarily on hold	Pam Leszczynski 949.742.9597 Coleen Army 714.702.4432
Huntington Beach Huntington Terrace 18800 Florida St., Huntington Beach, CA 92648	1 st & 3 rd Tuesday 6:30 p.m.	Tina Hernandez 714.856.3909 Ellie Nixon 714.642.9458 Huntington Terrace 714.845.7664
Irvine Irvine Adult Day Health Services 20 Lake Rd., Irvine, CA 92604	2 nd & 4 th Wednesday 3:30 p.m.	Irvine Adult Day 949.262.1123 Jill Upton
Laguna Beach Susi Q Senior Center 380 3rd St., Laguna Beach, CA 92651	1 st Wednesday 1:30 p.m.	Vic Mazmanian 949.310.6682 Anna Maurizi 949.554.9783 Susi Q 949.497.2441
Laguna Woods Geneva Presbyterian Church 24301 El Toro Rd., Laguna Woods, CA 92637 (Annex)	1st Tuesday 3:30 p.m.	Rowena Cole 949.273.9126 Geneva Pres. 949.837.2323
Long Beach Brittany House 5401 E Centralia St., Long Beach, CA 90808 <i>Free Respite Care Available</i>	3 rd Tuesday 4:00 p.m.	Brittany House 562.421.4717 Anita Cirifalco
Placentia Placentia Linda Hospital 1301 N Rose Dr., Placentia, CA 92870 (Meeting Room 1, check-in main lobby)	4 th Monday 7:00 p.m.	Judy Dickinson 714.524.6951 Linda Henderson 714.993.7417 Hospital 1.800.554.7879
Rancho Santa Margarita Rancho Santa Margarita Library 30902 La Promesa, Rancho Sta Marg, CA 92688	4 th Thursday 7:00 p.m.	Lori Davis 949.291.3561 Library 949.459.6094

GENERAL CAREGIVER GROUPS continued

Location	Date/Time	Facilitator Contact
San Clemente RIO - San Clemente ADHC 2021 Calle Frontera, San Clemente, CA 92673	3 rd Friday 10:00 a.m.	RIO 949.498.7671 Kate Egan
San Juan Capistrano San Juan Capistrano Community Center 25925 Camino Del Avion, San Juan Capistrano, CA 92675	3 rd Thursday 3:00 p.m.	Jacque Schweppe 714.259.7509 Community Center 949.493.5911
San Juan Capistrano Silverado Senior Living 30311 Camino Capistrano, San Juan Capistrano, CA 92675	3 rd Wednesday 10:30 a.m.	Shawna Dakides 949.678.7822 Silverado SJC 949.240.0550
Seal Beach The Health Care Center on Golden Rain (Leisure World) 1661 Golden Rain Rd., Seal Beach, CA 90740	4 th Tuesday 10:00 a.m.	Ellie Nixon 714.642.9458 Heath Care Center 562.493.9581
Tustin Tustin Senior Center (Enter Main Lobby) 200 South C St., Tustin, CA 92780	2 nd Tuesday 3:30 p.m.	Jacque Schweppe 714.259.7509 Senior Center 714.573.3340
Westminster Hope Lutheran Church 13841 Milton Ave., Westminster, CA 92683 (Office Conference Room , near front parking lot)	2 nd Tuesday 10:30 a.m.	Marijane Glassmyer 949.830.3612 Hope Lutheran 714.895.3838
Whittier Presbyterian Intercommunity Hospital 12401 Washington Blvd., Whittier, CA 90602	1 st Tuesday 1:00 p.m.	Debbie Gassman 562.943.8510
Whittier Whittier Place Senior Living 12315 Burgess Ave., Whittier, CA 90604	Last Tuesday 6:30 p.m.	Tina Hernandez 714.856.3909 Whittier Place 562.222.7584

FAITH BASED GROUPS

Location	Date/Time	Facilitator Contact
Fullerton Fullerton Community Center 340 W Commonwealth Ave. Fullerton, CA 92835 (Classroom 2)	1st Monday 7:00 p.m.	Katrina Lowe 562.846.8943 Community Center 714.738.6575
Laguna Niguel St. Timothy's Catholic Church 29102 Crown Valley Pkwy, Laguna Niguel, CA 92677 (Upstairs, Fireside Room)	2 nd Saturday 10:30 a.m.	Patty Mouton 714.349.5517 St. Timothy's 949.249.4091
Lake Forest Saddleback Church 1 Saddleback Pkwy, Lake Forest, CA 92630 (Room 312)	1 st Monday 7:00 p.m.	Vic Mazmanian 949.310.6682 Saddleback 949.609.8000

Updated 1.22.16

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FAITH BASED GROUPS continued

Location	Date/Time	Facilitator Contact
Newport Beach Our Lady Queen of Angles Catholic Church 2046 Mar Vista Dr., Newport Beach, CA 92660 (Parish Center Staff Lounge)	1 st Tuesday 7:00 p.m.	Jim Casey & Patty Mouton 949.640.1750 Our Lady 949.644.0200
Newport Beach St. Andrew's Presbyterian Church 600 St Andrews Rd, Newport Beach, CA 92663 (Room B014)	3 rd Tuesday 3:00 p.m.	Roger Riley 949.697.8707 Donna Shockley 949.675.1904 St. Andrew's 949.631.2880
Orange St. Paul's Lutheran Church 1250 E Heim Ave, Orange, CA 92865 (Room 4 (Sewing), enter off canal parking lot)	1 st Tuesday 5:30 p.m.	Jacque Schweppe 714.259.7509 Estelle Worden 714.244.6004 St. Paul's 714.637.2640
Orange First Christian Church of Orange 1130 E Walnut Ave, Orange, CA 92867 (Fireside Room, across from Sanctuary)	3 rd Tuesday 7:00 p.m.	Estelle Worden 714.244.6004 First Christian 714.538.9681
Santa Ana Trinity United Presbyterian Church 13922 Prospect Ave, Santa Ana, CA 92705 (Samaritan Care Center)	1 st Thursday 2:30 p.m.	Chris Hoppe 714.538.3823 Nancy Price 714.639.6379 Trinity United 714.544.7850

GROUPS IN OTHER LANGUAGES

Location	Date/Time	Facilitator Contact
Farsi Speaking Support Group OMID Multicultural Institute, Irvine 4199 Campus Dr., Suite #300, Irvine, CA 92612	2 nd Wednesday 10:30 a.m.	Rosa Oloumi 714.366.4477 OMID 949.725.2972
Korean Speaking Support Group Alzheimer's Association, Orange County Chapter 2515 McCabe Way, Irvine CA 92614	2 nd Tuesday 6:00 p.m.	Erin Kim, MSW 949.757.3733
Spanish Speaking Support Group Coastal Community Hospital, Santa Ana 2701 S. Bristol St., Santa Ana, CA 92704 (Conference Room A-B)	2 nd Wednesday 6:00 p.m.	Norma Castellano 949.757.3767 Hospital 714.754.5454
Spanish Speaking Support Group St. Boniface Catholic Church, Anaheim 120 N. Janns St., Anaheim, CA 92805	1 st Wednesday 10:00 a.m.	Norma Castellano 949.757.3767 St. Boniface 714.956.3110
Vietnamese Speaking Support Group CalOptima PACE, Garden Grove 13300 Garden Grove Blvd., Garden Grove CA 92843	2 nd Thursday 10:00 a.m.	Minh-Thu Co 949.757.3756 PACE 714.468.1100

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