

Dementia Caregiver Support Groups

For Family & Friends of Individuals with Alzheimer's or a Related Dementia

Before attending, please call the facilitator to:

- Confirm meeting details and ask about the group make-up
- If the facilitator is unavailable please call 844-HELP-ALZ (844-435-7259)
- Meetings are free of charge and available for family caregivers and friends of persons with dementia (*not appropriate for professional caregivers*)



DEMENTIA/ALZHEIMER'S CAREGIVER GROUPS

| Location | Date/Time | Facilitator Contact |
|--|---|--|
| Buena Park Buena Park Senior Activity Center (in Walter Ehlers Community Recreation Center) 8150 Knott Ave., Buena Park, CA 90620 | 3 rd Friday 10:30 a.m. | Jimin Won 858-859-0153 Center 714-236-3870 |
| Corona del Mar Oasis Senior Center 801 Narcissus Ave., Corona Del Mar, CA 92625 | 1 st Wednesday 10:00 a.m. | Vic Mazmanian 949-310-6682 OASIS 949-644-3244 |
| Costa Mesa Costa Mesa Senior Center 695 W 19th St., Costa Mesa, CA 92627 (Upstairs Room 202, check-in main lobby) | 1 st Friday 1:00 p.m. | Colleen Army 714-702-4432 Senior Center 714-327-7550 |
| Cypress Cypress Senior Center 9031 Grindlay St., Cypress, CA 90630 (Conference Room) | 3 rd Wednesday 1:30 & 7:00 p.m. | Renee R. 310-699-9876 (1:30) Jessica C. 562-716-2826 (7:00) Peggy C. 714-724-1074 (7:00) Senior Center 714-229-2005 |
| Fullerton Fullerton Community Center 340 W Commonwealth Ave. Fullerton, CA 92835 (Classroom 1A) | 1 st Monday 7:00 p.m. | Allison Hamre 714-743-7183 |
| Fullerton Fullerton Gardens 1510 E Commonwealth Ave., Fullerton, CA 92831 <i>Free Respite Care available during meetings, call facility</i> | 1 st & 3 rd Thursday 9:30 a.m. | Fullerton Gardens 714-441-2636 Estelle Worden 714-244-6004 |
| Fountain Valley Center at Founders Village Senior/Community Center 17967 Bushard St., Fountain Valley, CA 92708 (Upstairs, check-in main lobby) | 2 nd Thursday 1:00 p.m. | Sue Warner 714-801-6800 Center 714-593-4446 |
| Garden Grove Valley View Gardens 11848 Valley View St., Garden Grove, CA 92845 <i>Free Respite Care available during meetings, call facility</i> | 2 nd Tuesday 1:00 p.m. | Valley View 714-895-9898 Anna Maurizi 949-400-4878 |

DEMENTIA/ALZHEIMER'S CAREGIVER GROUPS continued

| Location | Date/Time | Facilitator Contact |
|---|--|---|
| Huntington Beach Senior Center in Central Park 18041 Goldenwest St., Huntington Beach, CA 92648 | 3 rd Tuesday 6:30 p.m. | Tina Hernandez 714-856-3909 Ellie Nixon 714-642-9458 Senior Center 714-536-5600 |
| Irvine Irvine Adult Day Health Services 20 Lake Rd., Irvine, CA 92604 | 2 nd & 4 th Wednesday 3:30 p.m. | Irvine Adult Day 949-262-1123 Jill Upton |
| Irvine - Men's Group Alzheimer's Orange County 2515 McCabe Way, Irvine, CA 92614 | 2 nd Tuesday 6:00 p.m. | Kevin Bigelow 714-227-2194 Dennis Miyadi 714-401-5563 |
| Laguna Beach Susi Q Senior Center 380 3rd St., Laguna Beach, CA 92651 (Park in structure) | 1 st Wednesday 1:30 p.m. | Pam Leszczynski 949-742-9597 Susi Q 949-497-2441 |
| Laguna Woods Geneva Presbyterian Church 24301 El Toro Rd., Laguna Woods, CA 92637 (Annex) | 1st Tuesday 3:30 p.m. | Rowena Cole 949-273-9126 Geneva Presbyterian 949-837-2323 |
| NEW! Laguna Woods South County Adult Day Services 24260 El Toro Rd., Laguna Woods, CA 92637 (Also open to non-dementia caregivers) <i>Free Respite Care available during meetings, call facility</i> | 3 rd Monday 1:30 p.m. | So. County Adult Day 949-855-9444 Shiffy Crane |
| Placentia Placentia-Linda Hospital 1301 N Rose Dr., Placentia, CA 92870 (Meeting Room 1, check-in main lobby) | 4 th Monday 7:00 p.m. | Judy Dickinson 714-524-6951 Linda Henderson 714-993-7417 Hospital 714-993-2000 |
| San Clemente RIO - San Clemente ADHC 2021 Calle Frontera, San Clemente, CA 92673 | 3 rd Friday 10:00 a.m. | Kate Egan & Lisa Matrise 949-498-7671 |
| San Juan Capistrano Silverado Senior Living 30311 Camino Capistrano, San Juan Cap., CA 92675 <i>Free Respite Care available during meetings, call facility</i> | 3 rd Wednesday 10:00 a.m. | Lori Davis 949-291-3561 Silverado 949-240-0550 |
| San Juan Capistrano San Juan Capistrano Community Center 25925 Camino Del Avion, San Juan Capistrano, CA 92675 | 3 rd Thursday 3:00 p.m. | Jacque Schweppe 714-259-7509 Community Ctr 949-493-5911 |
| Seal Beach The Health Care Center on Golden Rain (Leisure World) 1661 Golden Rain Rd., Seal Beach, CA 90740 | 4 th Tuesday 10:00 a.m. | Ellie Nixon 714-642-9458 Heath Center 562-493-9581 |
| Tustin Tustin Senior Center (Enter Main Lobby) 200 South C St., Tustin, CA 92780 | 2 nd Tuesday 3:30 p.m. | Jacque Schweppe 714-259-7509 Senior Center 714-573-3340 |

FAITH BASED DEMENTIA/ALZHEIMER'S CAREGIVER GROUPS

| Location | Date/Time | Facilitator Contact |
|---|--|--|
| Laguna Niguel St. Timothy's Catholic Church 29102 Crown Valley Pkwy, Laguna Niguel, CA 92677 (Upstairs, Upper Room) | 2 nd Saturday 10:30 a.m. | Terri Loquercio 949-309-6055 St. Timothy's 949-249-4091 |
| Lake Forest Saddleback Church 1 Saddleback Pkwy, Lake Forest, CA 92630 (Room 312) | 1 st Monday 7:00 p.m. | Vic Mazmanian 949-310-6682 Saddleback 949-609-8000 |
| Newport Beach Our Lady Queen of Angles Catholic Church 2046 Mar Vista Dr., Newport Beach, CA 92660 (Parish Center Staff Lounge) | 1 st Tuesday 7:00 p.m. | Jim Casey & Patty Mouton 949-640-1750 Our Lady 949-644-0200 |
| Newport Beach St. Andrew's Presbyterian Church 600 St Andrews Rd, Newport Beach, CA 92663 (Room B016) | 3 rd Tuesday 3:00 p.m. | Roger Riley 949-697-8707 Donna Shockley 949-675-1904 St. Andrew's 949-631-2880 |
| Orange St. Paul's Lutheran Church 1250 E Heim Ave, Orange, CA 92865 (Room 4 (Sewing), enter off canal parking lot) | 1 st Tuesday 5:30 p.m. | Jacque Schweppe 714-259-7509 Estelle Worden 714-244-6004 St. Paul's 714-637-2640 |
| Orange First Christian Church of Orange 1130 E Walnut Ave, Orange, CA 92867 (Fireside Room, across from Sanctuary) | 3 rd Tuesday 7:00 p.m. | Estelle Worden 714-244-6004 First Christian 714-538-9681 |
| Santa Ana Trinity United Presbyterian Church 13922 Prospect Ave, Santa Ana, CA 92705 (Samaritan Care Center) | 1 st Thursday 2:30 p.m. | Chris Hoppe 714-538-3823 Nancy Price 714-639-6379 Trinity United 714-544-7850 |

SPECIALIZED SUPPORT GROUPS

| Type/Location | Date/Time | Facilitator Contact |
|---|---|-------------------------------------|
| Caregivers of Lewy Body & Frontotemporal Dementia Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614 | 1 st Wednesday, 9:30 a.m. 3 rd Tuesday, 1:00 p.m. | Donna Velarde, LCSW 949-757-3759 |
| Down Syndrome/Alzheimer's Caregiver Group Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614 | 3 rd Tuesday 10:00 a.m. | Kim Bailey, MSG 949-757-3771 |
| For Individuals with Early Memory Loss (and their care partners) Brea, Irvine, Aliso Viejo and Mission Viejo | Time-limited series Dates/times vary Pre-registration required | Donna Velarde, LCSW 949-757-3759 |

Updated 02.27.17

These meetings are free of charge and available for caregivers, family and friends of persons with dementia. All groups listed are co-sponsored by Alzheimer's Orange County and are in compliance with organization standards.

DEMENTIA/ALZHEIMER'S CAREGIVER GROUPS IN OTHER LANGUAGES

| Location | Date/Time | Facilitator Contact |
|---|---|--|
| Farsi Speaking Support Group OMID Multicultural Institute 4199 Campus Dr., Suite #300, Irvine, CA 92612 | 2 nd Wednesday 10:30 a.m. | Rosa Oloumi 714-366-4477 OMID 949-725-2972 |
| Korean Speaking Support Group Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614 | 2 nd Tuesday 6:00 p.m. | Erin Kim, LCSW 949-757-3733 |
| Spanish Speaking Support Group South Coast Global Medical Center (formerly Coastal Communities Hospital) 2701 S. Bristol St., Santa Ana, CA 92704 (Conference Room A-B) | 2 nd Wednesday 6:00 p.m. | Norma Castellano 949-757-3767 Hospital 714-754-5454 |
| Spanish Speaking Support Group St. Boniface Catholic Church 120 N. Janns St., Anaheim, CA 92805 | 1 st Wednesday 10:00 a.m. | Norma Castellano 949-757-3767 St. Boniface 714-956-3110 |
| Vietnamese Speaking Support Group CalOptima PACE 13300 Garden Grove Blvd., Garden Grove CA 92843 | 2 nd Thursday 10:00 a.m. | Minh-Thu Co 949-757-3756 PACE 714-468-1100 |

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