

# Advance Care Planning

Wednesday, November 14

9:30 - 11:00 a.m.

Join us to learn more about how you and your loved ones can approach the difficult conversations surrounding care decisions, especially at the end of life.

This FREE community education class will discuss how you can anticipate and identify your wishes and ensure those wishes are honored.

This class will answer:

- How do I record my wishes in the event I cannot speak for myself?
- How do I start the conversation with loved ones and my doctor?
- What is a POLST form?
- What makes an Advance Directive form legal?



Preregister at the front desk

or call 714-738-6305

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