Monday	Tuesday	Wednesday	Thursday	Friday
Center Closed for the Holiday	10:00 ATX Silver Class with Elizabeth 10:30 Kathleen's Speech Group 10:30 Word Scramble 11:00 Inspirational Hour 1:00 Blackout Bingo 1:15 Life's Driven Purpose 2:15 Active Sports: Bean Bag Toss 2:15 Helen's Card Club 2:30 Crafters Corner 3-4 Small Group Activities	11:00 Jog Your Noggin 1:00 Word Fun 1:00 Memories in the Making 2:15 Active Sport: Kick Ball 2:15 Table Games & Cards 3-4 Small Group Activities: Books, Puzzles, & Games	10:15 Refresh with Kent 11:00 Balloon Volleyball 11:00 Women's Group 11:20 Vacation Trivia 1:00 Word Games 1:00 Catholic Services 1:30 Pokeno with Bill 2:30 Active Sport: Bean Bag Toss 3:30-4 Relaxation: books & magazines	9:45 SC Morning Gathering 10:00 Chair Exercises 10:30 Art & Chat with Nancy 10:30 Trivia & Fun Facts 12:30 Pat at the Piano 12:45 Shabbat Service with Phil 1:00 Sunshine and Friends 1:00 Men's Group 2:30 Crafters Corner 2:30 Active Sport: Balloon Volleyball 3-4 Table Activities
9:45 SC Gathering: Fall Fun Week 10:00 Chair Exercises 10:30 Cooking Class: Apple Sauce 10:30 Fall Facts & Word Games 1:00. Bingo with Tim 1:15 Men's Reminiscent Group 2:00 Mariners Therapy Dogs 2:15 UNO, Black Jack & Table Games 2:30 Active Sport: Parachute Fun 3-4 Monday Movie Matinee	10:00 ATX Silver Class with Elizabeth 10:30 Kathleen's Speech Group 10:30 Word Scramble 11:00 Inspirational Hour 1:00 Blackout Bingo 1:15 Life's Driven Purpose 2:15 Helen's Card Club 2:30 Crafters Corner: Fall Door Decor 3-4 Small Group Activities	10:00. Music Therapy w/ Karen 10:15 Crafters Corner: Apple Stamping 11:00 Women's Reminiscent Group 11:30 Jog Your Noggin 1:00 Trivia & Word Games 1:00 Memories in the Making 2:15 Active Sports Fun 3-4 Small Group Activities: Books, Puzzles, & Games	10:00 Chair Exercises 11:00 Word Scrambles 11:00 Women's Group 11:20 Trivia & Interesting Facts 1:00 Entertainment: The Piano Man 1:00 Catholic Services 2:15 Pokeno w/ Bill 2:30 Table Games & Cards 3:30-4 Relaxation: books & magazines	9:45 SC Morning Gathering 10:00 Chair Exercises 10:30 Art and Chat with Nancy 10:30 Trivia & Fun Facts 11:00 Word games 12:30 Pat at the Piano 1:00 Sunshine and Friends 1:00 Men's Group 2:30 Small Groups: Table Games 2:30 Active Sports: Bean Bag Toss 3-4 Relaxation: Books & Magazines
9:45 SC Morning Gathering 10:00 Chair Exercises 10:30 Crafters Corner 10:30 Mental Fitness 1:00. Bingo with Tim 1:15 Men's Reminiscent Group 2:00 Mariners Therapy Dogs 2:15 UNO, Black Jack & Table Games 2:30 Active Group Game: Target Toss 3-4 Monday Classic Movie Matinee	11:00 Inspirational Hour 1:00 Blackout Bingo 1:15 Life's Driven Purpose 2:15 Helen's Card Club 2:30 Crafters Corner 2:30 Balloon Toss	11:00 Women's Reminiscent Group 11:30 Jog Your Noggin 1:00 Trivia & Word Games 1:00 Memories in the Making 1:30 Caregiver Support Meeting 2:15 Active Sport: Knock the Cans 3-4 Small Group Activities: Books,	10:15 Refresh w/ Kent 11:00 Women's Group 11:00 Health Talk 11:15 Trivia & Fun Facts 11:15 Nurses' Health Talk 1:00 Music w/ Jim, The One Man Band 1:00 Catholic Services 2:15 Pokeno w/ Bill 3:30-4 Table Activities	9:45 SC Morning Gathering 10:00 Chair Exercises 10:30 Art and Chat with Nancy 10:30 Trivia & Fun Facts 11:00 Word games 12:30 Pat at the Piano 1:00 Sunshine and Friends 1:00 Men's Group 2:30 Small Groups: Table Games 2:30 Active Sports: Bean Bag Toss 3-4 Relaxation: Books & Magazines
9:45 Music w/ Jeff 10:30 Intro to Oktoberfest Week 10:30 Chair Exercises 11:00 Participant Council Meeting 11:15 Fun Facts about Germany 1:00 Bingo with Tim 1:15 Men's Reminiscent Group 2:00 Mariners Therapy Dogs 2:15 UNO, Black Jack & Table Games 3-4 Monday Movie Matinee	11:00 Inspirational Hour 1:00 Jim the One Man Band 1:15 Life's Driven Purpose	11:30 Jog Your Noggin 1:00 German Trivia & Word Games 1:00 Memories in the Making 2:15 Sing-A-Long w/ Bobbette 3:00 Small Group Activities	10:15 Refresh w/ Kent 11:00 Name 10 Game 11:00 Women's Group 11:20 Trivia & Fun Facts 1:00 Word Games 1:00 Catholic Services 1:30 Pokeno w/ Bill 2:30 Active Sport: Fussball	9:45 SC Morning Gathering 10:00 Chair Exercises 10:30 Art and Chat with Nancy 10:30 Trivia & Fun Facts 11:00 Word games 12:30 Pat at the Piano 1:00 Sunshine and Friends 1:00 Men's Group 2:15September Birthday Celebration 2:30 Active Sport: Knock the Cans 3-4 Relaxation: Books & Magazines



September 2018 SOUTH COUNTY ADULT DAY SERVICES

