

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>January 2019 SOUTH COUNTY ADULT DAY SERVICES</p>	 <p>Happy New Year! Center Closed</p>	<p>1 9:45 SC Morning Gathering 10:00 Chair Exercises 10:15 Group Discussion: In the News 11:00 Women's Reminiscent Group 11:15 Whacky Word Challenge 1:00 Jog Your Noggin w/ Elyse 1:00 Memories in the Making 2:30 Active Sports Fun: Parachute 2:30 Pamper Parlor 3-4 Table Activities: Table Games & Crafts</p>	<p>2 9:45 SC Morning Gathering 10:15 Refresh w/ Kent 11:00 Oldies but Goodies: Sing-along 11:00 Women's Group 11:15 Trivia & Fun Facts 1:00 Blackout Bingo 1:00 Catholic Service 2:15 Active Sport: Pass it On 2:30 Table Games & Cards 3-4 Small Group Activities</p>	<p>3 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Art & Chat w/ Nancy 10:30 Trivia & Fun Facts 12:30 Music w/ Pat at the Piano 12:45 Shabbat Service w/ Phil 1:00 Music w/ Sunshine and Friends 1:00 Men's Group 2:15 Active Sport: Tic Tac Toe Toss 2:30 Crafters Corner 3-4 Table Activities & Relaxation</p>
<p>7 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Cooking Class: Slow Cook Recipe 1:00 Bingo w/ Tim 1:00 Men's Reminiscent Group 2:15 Card Games: Uno & Black Jack 2:15 Mariner's Therapy Dogs Visit 2:30 Active Sport: Simon Says... 2:30 Pamper Parlor & Relaxation, books, and magazines</p>	<p>8 9:45 SC Morning Gathering 10:00 Elizabeth's ATX Silver Class 10:30 Kathleen's Speech Group 10:30 SC Family Feud Challenge 10:45 Inspirational Hour 11:00 January Trivia & Fun Facts 1:00 Life's Driven Purpose 1:15 Pokeno w/ Bill 2:15 Helen's Card Club 2:30 Active Sports: Kick Ball 3-4 Crafters Corner & Table Games</p>	<p>9 9:45 SC Morning Gathering 10:00. Music for Your Mind w/ Karen 10:15 Group Discussion: In the News 11:00 Women's Reminiscent Group 11:15 Name that Picture 1:00 Jog Your Noggin w/ Elyse 1:00 Memories in the Making 2:30 Active Sport: Balloon Volleyball 2:30 Pamper Parlor 3-4 Table Games, Books, & magazines</p>	<p>10 9:45 SC Morning Gathering 10:00 Refresh w/ Kent 11:00 Word Scrambles 11:00 Women's Group 11:15 Trivia & Interesting Facts 1:00 Catholic Service 1:00 Blackout Bingo 2:00 Active Sports: Target Toss 2:30 Table Games & Cards 3:30-4 Relaxation: Books & Magazines</p>	<p>11 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Art & Chat w/ Nancy 10:30 Trivia & Fun Facts 11:00 Word games 12:30 Music w/ Pat at the Piano 1:00 Sunshine and Friends 1:00 Men's Group 2:30 Small Groups & Table Games 2:30 Active Sports: Bean Bag Toss 3-4 Relaxation: Books & Magazines</p>
<p>14 9:45 SC Morning Gathering: Elvis Day Celebration 10:00 Rock & Rollin w/ Jim the One Man Band 10:30 Elvis Trivia & Famous Quotes 1:00 Bingo w/ Tim 1:00 Men's Reminiscent Group 2:15 Discussion: Life & Career of Elvis 2:30 Active Sport: Music & Rhythm 2:30 Pamper Parlor 3-4 Movie Matinee: Elvis Presley</p>	<p>15 9:45 SC Morning Gathering 10:00 Elizabeth's ATX Silver Class 10:30 Kathleen's Speech Group 10:30 Fun Word Games 10:45 Inspirational Hour 1:00 Life's Driven Purpose 1:15 Pokeno w/ Bill 2:15 Active Sports: Bowling 2:15 Helen's Card Club 2:30 Crafters Corner: Snow Flakes 3-4 Small Group Activities</p>	<p>16 9:45 SC Morning Gathering 10:00 Music for Your Mind w/ Karen 10:15 Group Discussion: In the News 11:00 Women's Reminiscent Group 11:15 Gobble, Gobble! Charades 1:00 Jog Your Noggin with Elyse 1:00 Memories in the Making 1:30 Caregiver Support Meeting 2:15 Active Sports: Kick Ball 3-4 Small Group Activities & Crafters Corner</p>	<p>17 9:45 SC Morning Gathering 10:00 Refresh with Kent 11:00 Active Game: Simon Says... 11:00 Women's Group 11:20 Word Fun: Name 10 1:00 Catholic Service 1:00 Blackout Bingo 2:15 Active Sports: Bowling 2:30 Table Games & Cards 3:30-4 Relaxation: books & magazines</p>	<p>18 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Art & Chat w/ Nancy 10:30 Martin Luther King Trivia & Facts 11:00 Word games 12:30 Music w/ Pat at the Piano 1:00 Sunshine and Friends 1:00 Men's Group 2:30 Crafters Corner & Table Games 2:30 Active Sports: Bean Bag Toss 3-4 Relaxation: Books & Magazines</p>
<p>MARTIN LUTHER KING, JR. DAY</p> <p>Center Closed</p>	<p>21 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Kathleen's Speech Group 10:30 Word Games 11:00 Trivia & Fun Facts 1:10 Life's Driven Purpose 1:15 Pokeno w/ Bill 2:15 Helen's Card Club 2:15 Crafters Corner 2:30 Active Sports: Knock the Can 3-4 Table Games, Books, & Magazines</p>	<p>22 9:45 SC Morning Gathering 10:00 Music for Your Mind w/ Karen 10:15 Group Discussion: In the News 11:00 Women's Reminiscent Group 11:30 Mixed-Up Months Word Fun 1:00 Jog Your Noggin with Elyse 1:00 Memories in the Making 2:15 Active Sports Fun 2:30 Pamper Parlor 3-4 Small Group Activities: Books, Puzzles, & Games</p>	<p>23 9:45 SC Morning Gathering 10:15 Refresh w/Kent 11:00 Women's Group 11:00 Trivia & Fun Facts 11:15 Health Talk 1:00 Catholic Service 1:00 Blackout Bingo 2:00 Korean Support Group 2:15 Active Sports Fun 3:00-4 Card Games & Crafters Corner</p>	<p>24 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Art & Chat w/ Nancy 10:30 Trivia & Fun Facts 11:00 Word games 12:30 Music w/ Pat at the Piano 1:00 Sunshine and Friends 1:00 Men's Group 2:15 January Birthday Celebration 2:30 Active Sports: Bean Bag Toss 3-4 Relaxation: Books & Magazines</p>
<p>28 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Crafters Corner 11:00 Participant's Council Meeting 11:15 Laughter Hour 1:00. Bingo w/ Tim 1:00 Men's Reminiscent Group 2:15 Mariner's Therapy Dogs Visit 2:15 UNO, Black Jack & Table Games 2:30 Active Sports: Parachute 3-4 Classic Movie Matinee</p>	<p>29 9:45 SC Morning Gathering 10:00 Chair Stretch & Exercise 10:30 Kathleen's Speech Group 10:30 SC Family Feud Challenge 11:00 Inspirational Hour 1:00 Pokeno w/ Bill 1:15 Life's Driven Purpose w/ communion 2:15 Helen's Card Club 2:30 Active Sports: Tic Tac Toe Toss 2:30 Pamper Parlor 3-4 Table Games and Arts & Crafts</p>	<p>30 9:45 SC Morning Gathering 10:00 Drummers Group w/ Karen 10:15 Group Discussion: In the News 11:00 Women's Reminiscent Group 11:15 Rhyming Words 1:00 Jog Your Noggin with Elyse 1:00 Memories in the Making 2:15 Sing-along w/ Bobbette 2:15 Crafters Corner 3-4 Small Group Activities: Books, Puzzles, & Games</p>	<p>31 9:45 SC Morning Gathering 10:00 Refresh w/ Kent 11:00 Word Scrambles 11:00 Women's Group 11:15 Trivia & Interesting Facts 1:00 Music w/ The Piano Man 1:00 Catholic Service 2:00 Active Sports: Freeze Ball 2:30 Table Games & Cards 3:30-4 Relaxation: Books & Magazines</p>	