

Monday	Tuesday	Wednesday	Thursday	Friday
1.	2.	3.	4.	5.
(2 oz) Teriyaki Chicken Green Beans (1/2 c.) Peaches (1/2 c.) Brown Rice - WGR (1c.) 1% Low Fat Milk (8 oz)	(4 oz) Baked Cajun Fish - WGR Baked Cajun Fish (4 oz) Parslied Carrots (1/2 c.) Roll - WGR (2 oz) Tartar Sauce (.5 oz) Mixed Fruit (1/2 c.) 1% Low Fat Milk (8 oz)	(4 oz) Shredded BBQ Chicken Shredded BBQ Chicken (2 oz) Red Potatoes (1/2c.) Watermelon (1/2 c.) Hamburger Bun - WGR (2 oz) Celebration Dessert 1% Milk (8 oz)	HOLIDAY	Turkey and Cheese Tortilla Wrap Sliced Turkey (2oz) Mozzarella Cheese (1/2 oz) Tortilla- WGR (2 oz) Spinach (1/2 c.) Shredded Carrots (1/4 cup) Balsamic Dressing (1 oz) Pears (1/2 c.) 1% Low Fat Milk (8 oz)
8.	9.	10.	11.	12.
(3.1oz) Meatloaf w/ Onions & Bell Peppers Green Beans (1/2 c.) Mixed Fruit (1/2 c.) Roll - WGR (2 oz) 1% Low Fat Milk (8 oz)	(5.5 oz) Turkey Sloppy Joe on a Bun - WGR Sloppy Joe (3.5 oz) Hamburger Bun – WGR (2 oz.) Steamed Carrots (1/2c.) Pears (1/2 c.) 1% Milk (8 oz)	(5 oz) Soft Tacos Ground Turkey Taco Meat (3 oz) Corn (1/2 c.) Shredded Lettuce (1/2 c.) Mild Salsa (1/2 oz) Banana (1/2 c.) Tortillas - WGR (2 oz) 1% Low Fat Milk (8 oz)	Chinese Chicken Salad Chicken w/ Oriental Veg (4 oz) Salad (1/2 c.) Mandarin Oranges(1 oz) Crunchy Noodles (1 oz) Sesame Dress. (1oz) Peaches (1/2 c.) Roll - WGR (2 oz) 1% Low Fat Milk (8 oz)	(2.5 oz) Chicken Cacciatore Peas (1/2 c.) Pineapple (1/2 c.) Brown Rice - WGR (1 c.) 1% Low Fat Milk (8 oz)
15.	16.	17.	18.	19.
(2.5 oz) Garlic and Lime Chicken Black Beans (1/2c.) Corn Tortillas (2 oz) Pears (1/2 c.) 1% Low Fat Milk (8 oz)	(1 square) Cheese Lasagna - WGR Cheese Lasagna – 7 oz Garden Salad (1/2 c.) Italian Dressing (1/2 oz) Bread - WGR (1 slice) Peaches (1/2 c.) 1% Low Fat Milk (8 oz)	(3 oz) Breaded Chicken Patty Baked Beans (1/2 cup) Pineapple (1/2 c.) Hamburger Bun - WGR (2 oz) BBQ Sauce (.5 oz) 1% Low Fat Milk (8 oz)	Taco Salad Beef Crumble (2 oz) Salad (1/2 c.) Sliced Tomatoes 1/8 c. Shredded Carrots 1/8 c Ranch Dressing (1 oz) Banana (1/2 c.) Corn Tortilla Chip Bag – WGR (2 oz) 1% Milk (8 oz)	(2 oz) Santa Fe Chicken Breast Corn w/ Red Peppers (1/2 c.) Pineapple (1/2 c.) French Roll - WGR (2 oz.) 1% Low Fat Milk (8 oz)
22.	23.	24.	25.	26.
(4 oz) Fish Fillet Fish (4 oz) French Roll - WGR (2 oz) Green Beans and Onions (1/2 c.) Peaches (1/2 c.) Tartar Sauce (.5 oz) 1% Low Fat Milk (8 oz)	(2.5 oz) Chicken Verde Pinto Beans (1/2 c.) Banana (1/2 c.) Tortilla – WGR (2 oz) 1% Low Fat Milk (8 oz)	(2.6 oz) Salisbury Steak w/ Parsley Garnish Salisbury Steak (2.6 oz) Roasted Potatoes w/ Cabbage (1/2 c.) Pears (1/2 c.) Whole Grain Roll (2 oz) 1% Low Fat Milk (8 oz)	(4.5 oz) Ham and Swiss Cheese Sandwich on Whole Wheat Bread Ham (2 oz) Swiss Cheese (.5 oz) Bread - WGR (2 oz) Garden Salad (1/2 c.) Shredded Carrots ¼ c. Italian Dressing(1 oz) Pineapple (1/2 c.) 1% Low Fat Milk (8 oz)	(4.5 oz) Turkey Pizza Nada Steamed Carrots (1/2 c.) Sliced Apples (1/2 c.) Celebration Dessert 1% Low Fat Milk (8 oz)
29.	30.	31.		Revised 6/2019
(7 oz) Wet Bean and Cheese Burrito - WGR Green Beans (1/2 c.) Diced Pears (1/2 c.) 1% Milk (8 oz) (1 Burrito = 2 oz meat/2 oz grain)	(2.5 oz) Chicken w/ Mushrooms and Gravy Peas and Carrots (1/2 c.) Mixed Fruit (1/2c.) Brown Rice – WGR (1 c.) 1% Low Fat Milk (8 oz)	Meatball Hoagie Meatballs (4 each = 2 oz) French Roll -WGR (2.6 oz) Steamed Carrots (1/2 c.) Peaches (1/2 c.) 1% Low Fat Milk (8 oz)	Menu is subject to change. 	The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.^{8th}Continent Soy Milk is offered to participants when indicated due to a medical or other special dietary need. *WGR – Whole Grain Rich*Unflavored Low fat milk is provided