

Monday

Tuesday

Wednesday

Thursday

Friday

November 2019



SOUTH COUNTY ADULT DAY SERVICES

					<p>10:00 Chair Tai Chi-Garden 10:30 Art & Chat w/Nancy 10:30 What Amazing Places 12:30 Music w/Pat at the Piano 1:00 Sunshine and Friends 1:00 Brain Busters 2:15 Active Sport: Ring Toss 2:30 Table Games 3-4 TV Travel Series</p>
<p>10-Chair Tai Chi-Garden 4 10:00 Spanish Reminiscent Group 10:30 Stretch & Flex Group Exercise 11:00 Name 10 1:00 Bingo w/Tim 1:00 Men's Reminiscent Group 2:15 Helen's Card Club 2:15 Mariner's Therapy Dogs 2:30 Active Sport: Fishing 3-4 Monday Movie Matinee</p>	<p>10:00 Stretch & Flex Exercises 5 10:00 Meditation in the Garden 10:30 Kathleen's Speech Group 10:30 Ice Breaker Games 11:00 Categories Word Game 1:00 Life's Driven Purpose 1:00 Active Sport: Bowling 2:00 Pokeno w/Bill 3-4 Table Games</p>	<p>10:00 Music for Your Mind-Karen 6 10:15 Small Group Sing-a-long 11:00 Women's Reminiscent Group 11:00 November Trivia & Fun Facts 1:00 Jog Your Noggin 1:00 Memories in the Making 2:30 Active Sport: Balloon Ball 2:30 Books, Games and Magazines 3-4 Puzzles</p>	<p>10:00 Music w/Chris & Tom 7 11:00 November Trivia 11:00 Women's Group 1:00 Catholic Service 1:00 Blackout Bingo 2:15 Nature Sounds Relaxation 2:30 Blackjack, Uno, Dominos and Scrabble 3-4 Crafters Corner</p>	<p>SPIRIT DAY: WEAR BLUE & GREEN 8 10-11:30 Brain Dance w/Maria Garden 10:30 Art & Chat w/Nancy 10:30 Amazing Foods of the World 12:30 Music w/Pat at the Piano 1:00 Sunshine and Friends 1:00 Brain Busters 2:15 Active Sport: Ring Toss 2:30 Table Games 3-4 TV Travel Series</p>	
<p>10-11:30 Brain Dance w/Maria 11 10:00 Spanish Reminiscent Group 10:30 Veterans Honor Ceremony 1:00 Bingo w/Tim 1:00 Men's Reminiscent Group 2:15 Helen's Card Club 2:15 Entertainment w/Jerry 3-4 Monday Movie Matinee</p> <p>VETERANS DAY</p>	<p>10:00 Stretch & Flex Exercises 12 10:00 UCI Students Health Talk-Exercise & Fall Prevention 10:30 Kathleen's Speech Group 11:00 Categories Word Game 1:00 Life's Driven Purpose 1:00 Active Sport: Parachute 2:00 Pokeno w/Bill 3-4 Table Games</p>	<p>10:00 Drumming Group w/Karen-Garden 13 10:15 Small Group-Sing-along 11:00 Women's Reminiscent Group 11:00 Word Scramble 1:00 Jog Your Noggin w/Elyse 1:00 Memories in the Making 2:30 Sensory Tables 3-4 Puzzles</p>	<p>10:00 Music w/Chris & Tom 14 11:00 Word Scramble 11:00 Women's Group 1:00 Catholic Service 1:45 Polynesian Dance w/Catherine 2:15 Nature Sounds Relaxation 2:30 Blackjack, Uno, Dominos and Scrabble 3-4 Crafters Corner</p>	<p>10:00 Chair Tai Chi-Garden 15 10:30 Art & Chat w/Nancy 10:30 Humor Hour 12:30 Music w/Pat at the Piano 1:00 Sunshine and Friends 1:00 Brain Busters 2:15 Active Sport: Ring Toss 2:30 Table Games 3-4 TV Travel Series</p>	
<p>10-11:30 Brain Dance w/Maria 18 10:00 Spanish Reminiscent Group 10:30 Stretch & Flex Group Exercise 11:00-11:15 Meditation w/David 1:00 Bingo w/Tim 1:00 Men's Reminiscent Group 2:15 Helen's Card Club 2:15 Mariner's Therapy Dogs 2:30 Active Sport: Fishing 3-4 Monday Movie Matinee</p>	<p>10:00 Stretch & Flex Exercises 19 10:00 Meditation in the Garden 10:30 Kathleen's Speech Group 11:00 Ice Breaker Games 1:00 Life's Driven Purpose 1:00 Creative Cooking 2:00 Pokeno w/Bill 2:30 Active Sport: Bowling 3-4 Table Games</p>	<p>10:00 Music For Your Mind-Karen 20 10:15 Small Group-Sing-along 11:00 Women's Reminiscent Group 11:00 Word Scramble 1:00 Jog Your Noggin w/Elyse 1:00 Memories in the Making 1:30 Caregiver Support Group 2:30 Active Sport: Balloon Ball 3-4 Crafters Corner</p>	<p>10:00 Music w/Chris & Tom 21 11:00 Word Scramble 11:00 Women's Group 1:00 Catholic Service 1:00 Blackout Bingo 2:15 Nature Sounds Relaxation 2:30 Blackjack, Uno, Dominos and Scrabble 3:00 Advisory Board Meeting 3-4 TV Documentary</p>	<p>10:00 Chair Tai Chi-Garden 22 10:30 Art & Chat w/Nancy 10:30 Guinness World Records 12:30 Music w/Pat at the Piano 1:00 Sunshine and Friends 1:00 Brain Busters 2:15 November Birthday Celebration 2:30 Active Sport: Ring Toss 3-4 TV Travel Series</p>	
<p>10-11:30 Brain Dance w/Maria 25 10:00 Spanish Reminiscent Group 10:30 Stretch & Flex Group Exercise 11:00-11:15 Meditation w/David 11:15 Participant Council Meeting 1:00 Bingo w/Tim 1:00 Men's Reminiscent Group 2:15 Helen's Card Club 2:15 Jim-The One Man Band 3-4 Monday Movie Matinee</p>	<p>10:00 Stretch & Flex Exercises 26 10:00 Meditation in the Garden 10:30 Kathleen's Speech Group 10:30 Ice Breaker Games 11:00 Categories Word Game 1:00 Life's Driven Purpose 1:00 Active Sport: Parachute 2:00 Pokeno w/Bill 3-4 Crafters Corner</p>	<p>10:00 Drumming Group w/Karen-Garden 27 10:15 Small Group-Sing-along 11:00 Women's Reminiscent Group 11:00 Word Scramble 1:00 Jog Your Noggin w/Elyse 1:00 Memories in the Making 2:30 Afternoon Sing-along 3-4 Books, Games and Magazines</p>	<p style="text-align: center;"> 28 Closed for Holiday </p>	<p style="text-align: center;"> 29 Closed for Holiday </p>	