

# Just the Facts: Adult Day Health Care (CBAS)

CBAS serves adults 18-100+ with chronic health conditions in a safe and caring day center setting, to support their ability to live in the community and out of institutional care.

We are an interdisciplinary team of nurses, social workers, dietitians, occupational, physical, and speech therapists integrating health and human services inside and outside of our center walls.



In the state of  
**California** there  
are **261** Centers  
in **27** Counties



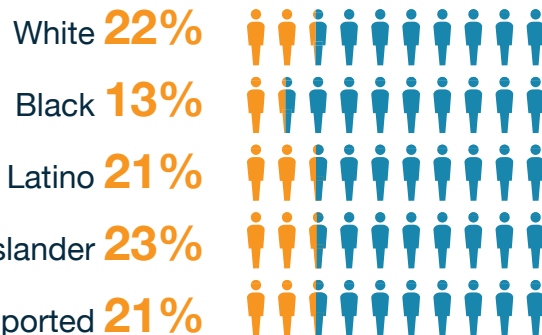
**37,033**  
People enrolled

Each day, centers  
serve on average  
**23,632** participants



Male **33%** Female **67%**  
Average Age **77**

## Our population is DIVERSE



## Serving the most at RISK



**44%** Live Alone

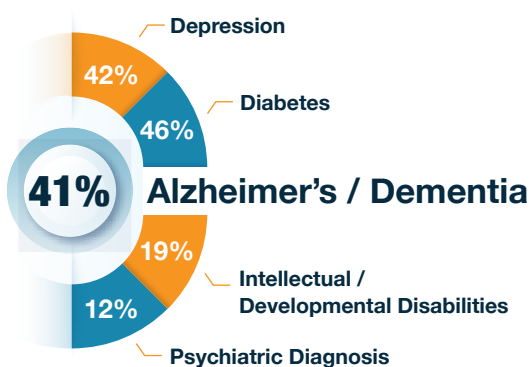


**41%** No English Proficiency



**96%** Medi-Cal Recipients

## Chronic Health Conditions



We support  
participants and  
caregivers in a  
person-centered way  
with our skilled  
interdisciplinary teams



## Cost Saving Care

CBAS Daily Bundled Rate

**\$76.27**

vs.

Nursing Facility Daily Rate

**\$219.57**

CBAS **costs 3x less**  
than a nursing home!



Find out more at [www.caads.org](http://www.caads.org)