

## A Monthly Newsletter for the Families and Friends of **Irvine Cottages**

A Message from Executive Director Alex Valle, January 2020



#### IRVINE COTTAGES WISHES ALL OF OUR FAMILIES A HEALTHY AND HAPPY NEW YEAR!

We are all looking forward to another good year at Irvine Cottages and we are all so grateful for your trust! We hope everyone has made their New Year's Resolutions for 2020!

New Year's Day is a national holiday celebrated on January 1st, the first day of the New Year. This New Years' holiday is often marked by fireworks, parades, and reflection upon the last year while looking ahead to the future's possibilities. Many people celebrate New Year's in the company of loved ones, involving traditions meant to bring luck and success in the upcoming year. Happy New Year!

Alex

### EMPLOYEE CHRISTMAS BONUS FUND

Irvine Cottages staff send a huge thank you to all the families who donated to the 2019 Christmas Bonus Fund. All caregivers received a family appreciation bonus!

We are so grateful to all our generous families who took the time to participate and donate.

#### CHRISTMAS DAY AND NEW YEARS DAY **CELEBRATIONS**

Christmas Day and New Year's Day were hosted in each home and staff, residents and visiting families enjoyed special meals! A delicious Turkey and Ham luncheon with all the trimmings was served on Christmas Day with various pies for dessert. An Italian meal was served on New Year's Eve to celebrate the end of the year with a sparkling apple cider toast with friends.

Residents received a gift under the tree from Santa and enjoyed spending the holidays with their fellow residents.

## Cottage Reminders

Please bring in all needed incontinency and personal hygiene supplies for your loved

Please remember to bring in some warmer clothing for your loved ones, sweaters, pants, socks and any other needed items etc. Please label everything.

## | raining

Training is on-going at Irvine Cottages and during the month of January, staff will receive training on the following topics: Medication policies, Activities, Hydration, preventing UTI's, using a gait belt and activities.

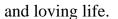
## oncerns

If you or a family member ever have any concerns about the care your loved one is receiving, please feel free to call Alex at 949-533-1136

# Special Cottage Visitors

#### JSERRA CATHOLIC HIGH SCHOOL BASKETBALL PROGRAM GIVING BACK TO THE COMMUNITY 2019

The Girls Basketball team visited Irvine Cottages in December 2019.
As in previous visits, the girls continue to touch the hearts of our residents, singing Christmas Carols, telling jokes, sharing funny stories, making crafts, and just talking to them. Thank you to all these special girls, our residents were happy, smiling































# Resident Birthdays



Happy Birthday to all our residents who will celebrate birthdays in the month of January. All residents receive a card, a gift and cake on their special day. Please call Dairwil at (714) 618-0523 for details about birthday parties at the cottages or if you want to plan something for your loved one on their special day.







#### January Birthdays

January 2<sup>nd</sup> ~ Kay Norminton

January 7<sup>th</sup> ~ Gloria Dick

January 12<sup>th</sup> ~ Jean Carter

January 20<sup>th</sup> ~ Janet Campbell

When your cottage is a contest winner and one of the prizes is a box of chocolate treats almost as long as you are. Cottage residents enjoyed this delicious prize! Congratulations Cottage 3!









#### CARE PLANS

Please let us know if you are not receiving your monthly care plan. Do you want a care plan meeting? Executive Director Alex Valle is always open to meet to answer your questions and concerns.

Please call anytime for a meeting (949) 533-1136

#### FOLLOWUS ON FACEBOOK:

Irvine Cottages Memory Care @IrvineCottages

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@|rvcottages





# Gingerbread House Decorating Contest































































## New Year Toasts





















PARDON OUR DUST...

LWIPROVE WE WUST!

Please ignore our mess while we are in the process of painting in some of our cottages.

### Management

Team

**Alejandra Valle** LVN, Executive Director

#### Rachel Dupont

General Manager/Safety & Quality Assurance Officer

#### Michelle Nesbitt

Office Manager & Administration

#### Kimberly Walters

Director of Resident & Family Services

#### Gertrudes Tizon

Staffing Manager

Dairwil Manapsal
Activity Coordinator

# GAMES, GAMES!

All staff are asked to host game time and sing Karaoke every day!
We also encourage all residents to participate.
Bingo is a huge favorite and residents like to play for candy prizes.

P.O. Box 3168, Dana Point CA 92629 (949) 533-5938 Fax (949) 443-4297

RCFE #: 306900437, 306000535, 306000655, 306500736, 306001104, 306001887, 306003824, 306004242. 306003826, 306004029, 306004723, 306004724

Irvinecottages.com

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**Editor: Michelle Nesbitt** 

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