Alzheimer's | ORANGE COUNTY

Quick Guide to Zoom Meetings

Thank you for participating in a virtual event with us! Please find helpful tips below.
If you need further assistance, please email **learn@alzoc.org** or call our **Helpline 844-HELP-ALZ**

You can join a test meeting anytime by clicking here: <u>zoom.us/test</u>

Joining a Meeting:

Option 1: Click on the link that was emailed to you prior to the event.
Option 2: Open Zoom, click "Join a Meeting" and type in the Meeting ID and Password.

Thank you for registering for our "How Important is Sleep for Brain Health?" zoom event.
Time: Aug 3, 2020 01:00 PM Pacific Time (US and Canada)

Join Zoom Meeting

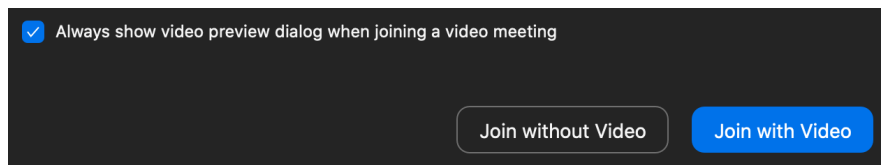① https://us02web.zoom.us/j/89496885399?pwd=YktYTU80OW54ckNSbllXVmRLNmZjdz09
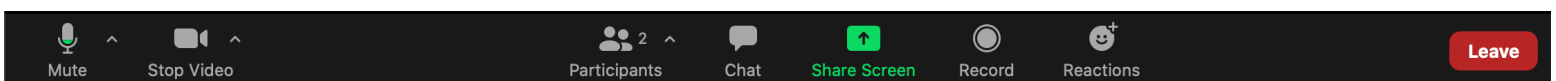
② Meeting ID: 894 9688 5399
Password: 277401

Audio and Video Options:

Audio: You will be given the option to use computer audio, or call in using a phone (a number will be provided).
Video: You will be asked if you would like to join with or without video.

Join with Computer Audio

Test Speaker and Microphone

☑ Always show video preview dialog when joining a video meeting

Join without Video   Join with Video

Participant Tool Panel:

🎤 Mute   📹 Stop Video   👥 2 Participants   💬 Chat   ⬆ Share Screen   ⏺ Record   😊 Reactions   Leave

- Click the **Microphone** to mute/unmute yourself. The **^** will give you audio options.
- Click the **Video** to hide/show your camera.

- Click **Participants** to see who is in the meeting.
- Click **Chat** to open the chat panel.
- Click **Reactions** to share a thumbs up with the group! 👍

- Click **Leave** to exit the meeting.