

# Alzheimer's

## ORANGE COUNTY



Above: Dung Trinh, MD receives a shipment of masks that were donated throughout OC.

The AlzOC Outreach team wasted no time finding and distributing much needed PPE to organizations and individuals throughout Orange County. Materials were distributed to senior services, care homes, hospitals, clinics, homeless shelters, and anyone who requested a care kit, that are still available by request.

- 50,000+ face masks
- 1,000 hand sanitizers
- 1,000 disposable gowns
- 15,000 gloves
- 500 hygiene supply kits
- 100 care packages

*“Thank you for providing these supplies and resources. They have helped save us through some challenging Moments.”*

*-Vikki Ann, friend of AlzOC*

## COVID-19 RESPONSE

### A Summary of Our Efforts to Help Our Community

- **FROZEN MEALS** - Delivered more than 3,000 frozen meals to our Adult Day Center participants and their caregivers
- **ESSENTIALS FOR PROVIDERS** - Distributed more than 50,000 face masks to health care and senior care providers
- **ESSENTIALS FOR WORKERS** - Supplied 10,000 personal hygiene and protective care items to OC's Meals on Wheels programs and senior residential care homes
- **FOOD DELIVERY** - Gathered volunteers to assemble and deliver grocery kits; provided a \$10,000 donation to Orange County senior home delivery programs
- **ACTIVITY KITS** - Assembled and delivered hundreds of activity kits to our ADHC participants' homes to help pass time in meaningful ways
- **OUTREACH CALLS** - Our Helpline, RNs and social workers placed hundreds of calls to check-in, provide resources, emotional support, and linkages to community services
- **ONLINE LEARNING** - All of our in-person classes and groups have been moved online, providing thousands with education and support during the COVID-19 crisis
- **FOOD & SHELTER** - Partnered with local non-profits to provide housing and grocery kits to 122 at-risk seniors
- **SPANISH SERVICES** - Created new online Spanish courses and resources; collaborated with local organizations to provide education, support, food and other essentials

# A Message from the President & CEO

When 2020 began, our Adult Day Centers were near capacity. Our 45 support groups met regularly and thrived. New donors were supporting the cause in increasing numbers and the amazing gift to AlzOC of Irvine Cottages was about to come true. In just a few short months, we had to reinvent everything we do and how we serve our families. Like most of you, our staff team was in quarantine, trying to figure out how to work remotely, while worried about jobs, family and in recent months, the unrest we see in our society.

The people we serve are those most vulnerable to COVID-19. We had to find a way to be there for them. Within two weeks, we had shifted our educational programs and services online. Our social work Zoom meetings continue to offer care and support to hundreds. Our Day Center staff began deliveries of food and supplies to center participants as well as weekly calls by social workers and nurses. That was nowhere near enough given what our world was going through. With the help of several generous donors, we fortified the Saddleback Church Food Bank's meal delivery program to seniors. Since quarantine began, we have distributed over 50,000 masks, gloves and sanitizers. Our staff were allowed to volunteer at any senior serving program if they were unable to work remotely for AlzOC, while still being paid.

We continue to reinvent services and programs and will be there for the 30,000 people we serve in any way we can. We purposely have not asked for support during this period. Instead, we have offered it. We have reached out to participants, donors, Helpline callers and more to ask if they are ok and if we can drop off supplies or serve them in any way. The time has come for us to ask for your help and support.

***“We purposely have not asked for support during this period. Instead, we have offered it...The time has come for us to ask for your help and support.”***

I know how tough times are. The market is volatile, companies are closing, and jobs are lost. If you cannot lend your financial support right now, we understand. Let us know if we can help you. If you CAN lend your aid, we will use it wisely (our overhead is 12% and 100% of your donation stays here in Orange County) to reach more seniors in need.

On behalf of seniors living alone with no families, those with dementia or other debilitating medical conditions, and for the hundreds of thousands who are deeply sad and isolated, we thank you for anything you can do.

  
Jim McAleer  
President and CEO

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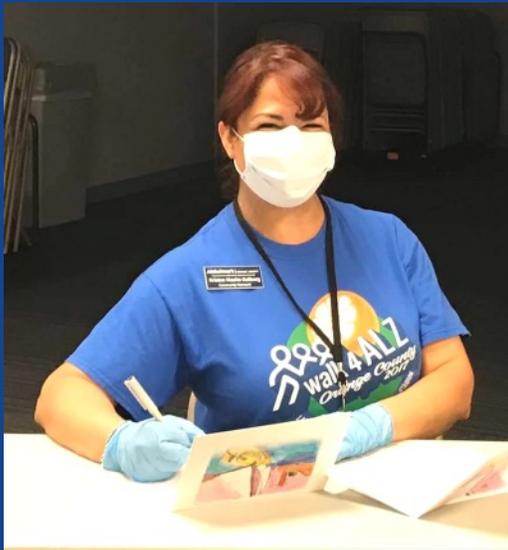
## *Irvine Cottages* A Donation of Memory Care



*Irvine Cottages*  
Memory Care Community  
**Alzheimer's**  
ORANGE COUNTY

We are thrilled to announce that Irvine Cottages is officially part of the AlzOC family of programs! As of July 1, 2020, AlzOC took ownership of Irvine Cottages, a residential memory care business donated by Irvine Cottages Founder and AlzOC Board Member, Dr. Jacqueline DuPont-Carlson.

**Thank You Dr. Dupont-Carlson!**



Left: Kristen Maahs-Kolberg, preparing care kits  
Right: AlzOC staff making an ADHC meal delivery

## SAVE THE DATE

Alzheimer's | ORANGE COUNTY



VIRTUALLY

**SATURDAY, AUGUST 22, 2020**

### 2020 HONOREES

LEGACY PARTNER | MELVIN BENNER  
VETERAN PARTNER | MARTY BURBANK, JD, LLM  
VOLUNTEER PARTNER | DIANE MONTGOMERY

### 2020 GALA CO-CHAIRS

DEBI PAVLIK  
ALISON HOEVEN

**REGISTER TODAY!**

[www.AlzOC.org/GALA](http://www.AlzOC.org/GALA)

Although this year's Gala is virtual, COVID-19's impact on our clients & programs remain real. Your support is crucial for our continued ability to provide quality care and support services to those in Orange County who are affected by Alzheimer's disease or dementia.

For more information, visit  
[www.alzoc.org/gala](http://www.alzoc.org/gala)

## Programs & Education is now 100% virtual!

COVID-19 presented our education and support groups with a challenge, but we adapted. Since we went virtual, AlzOC's programs and education is reaching nearly 1,000 people monthly.

### SUPPORT GROUPS

Over a dozen support groups now meet virtually on a monthly or bi-weekly basis. For those who aren't familiar with Zoom or other technology used for virtual participation, our staff provides one-on-one telephone support.

### HELPLINE

Our Helpline remains a vital resource for the community, with call volumes predictably increasing since the start of the pandemic. In March, we saw a 30% increase from average call volumes. **We encourage anyone needing assistance to reach out to our Helpline.**

### MIND CHECKS

Mind Checks are cognitive wellness screenings that help to identify possible changes in cognition and identify those at risk for cognitive impairment. AlzOC Mind Checks are currently being conducted virtually via Zoom. To schedule a Mind Check, call 844-435-7259.

### CONNECT2CULTURE

Typically, Connect2Culture (C2C) is held in-person, and persons with dementia and a care partner come and enjoy concerts, dances, sing-alongs, and other field trips. Since March, C2C's virtual events include a Memories in the Making art session, concerts, sing-alongs, and Brain Dance.

### SPANISH PROGRAMS & SERVICES

We've created new online Spanish courses and materials to provide education and support during the COVID-19 crisis. Also, a Spanish Facebook page is now available!

To learn more about our online education and support groups, visit [AlzOC.org](http://AlzOC.org)

For help, call our Helpline at 1-844-HELP-ALZ

# Adult Day Health Care Rises to the Challenge

## Bringing Adult Day Health Care Home During COVID-19

- When our Adult Day Centers closed their doors in March, we adapted to ensure our participants and families continued to receive support
- Over 3,000 meals have been delivered to participants and their caregivers
- Every week AlzOC ADHC staff delivered activity kits to participants' homes so that their time could be occupied in meaningful ways
- AlzOC social workers and RNs made at least one call per week to participants to provide health information, support and to connect them with services

## Adult Day Health Care Prevails

When Governor Newsom proposed eliminating funding for Adult Day Health Care (ADHC) that threatened the future of programs critical to our senior community, we immediately took steps to protect these vital services including generating thousands of calls and letters to elected officials, social media campaigns, viral emails, media articles, interviews and more. We remain deeply concerned that the State may try to eliminate or reduce Adult Day Health Care funding in the future, hence we remain vigilant in our advocacy.



Above: AlzOC ADHC participant waves following a meal and activity kit delivery.

*“During the pandemic, Acacia protected us in every way. When we could not go to Acacia because of COVID-19, the staff regularly called to ask about my health. They bring me masks, hand sanitizer, newspaper and my most favorite, activities I love!”*

-Acacia Participant



**Saturday, November 14, 2020**

Start a team or support us as a sponsor!  
To register or to learn more, visit us at  
[www.alzoc.org/walkrun](http://www.alzoc.org/walkrun)



**Alzheimer's | ORANGE COUNTY**

14<sup>th</sup> Annual Visionary Women

*Caregiver Awards*

Join us, virtually, as we honor our community's most outstanding Alzheimer's and dementia caregivers. We will be celebrating caregivers across our social media platforms throughout the month of September.

*Nominate a Caregiver*

Visit [alzoc.org/vwluncheon](http://alzoc.org/vwluncheon) to  
nominate a caregiver today!