## Alzheimer's Orange County honors 2 'Outstanding Dementia Caregivers' in Costa Mesa

Two healthcare professionals in Costa Mesa — Carla Turney of Assured In-Home Care and clinical psychologist Dr. Miriam Galindo — were recently named Alzheimer's Orange County (AlzOC) Outstanding Dementia Caregivers.

Turney was selected in the Administrative Professional category, which recognizes individuals in licensed residential and care facilities or who serve as administrative professionals in other service agencies to persons with dementia.

For more than four years, Turney has cared for her mother with the utmost care and respect.

Galindo, who runs a practice with an office in Costa Mesa, was selected in the category of Medical/Clinical Professional, which honors physicians, researchers, geriatric counselors, clinical social workers, geriatric nurse practitioners, care managers, case managers and other clinical professionals in the field of dementia care.

Since 2016, Galindo has been a highly valued volunteer educator with Alzheimer's Orange County, logging more than 100 hours of service, and is one of the organization's most sought-after speakers.

"The task of caring for someone with Alzheimer's disease represents a challenging and emotional journey," AlzOC CEO and president Jim McAleer said in a release.

To learn more, call (949) 955-9000 or visit alzoc.org.

## Make-A-Wish to host "Wish Extravaganza"

Make-A-Wish Orange County and the Inland Empire will hold its 2020 Ambassadors of