

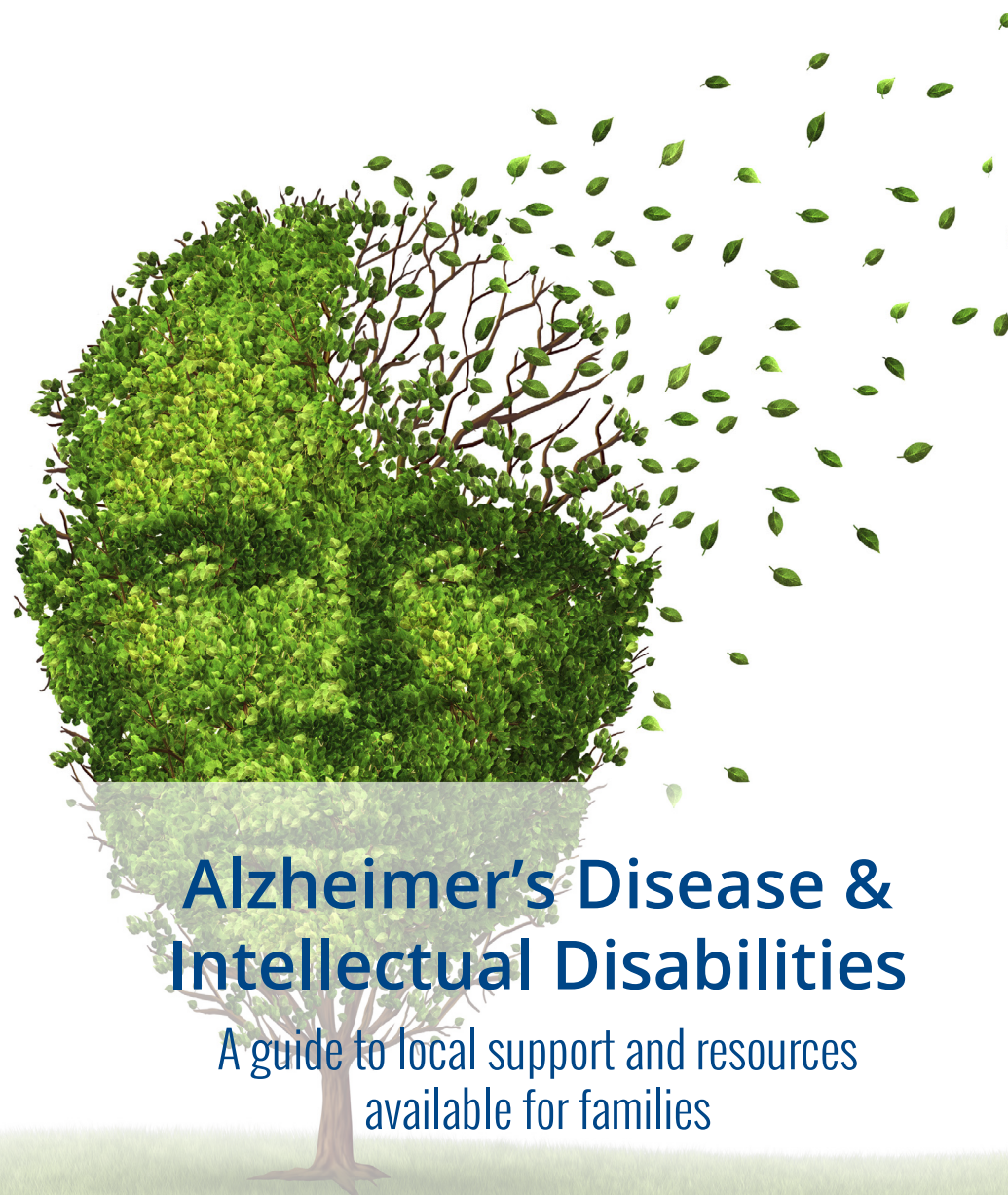


We're here to help.

Alzheimer's Orange County provides services and programs -- many free of charge -- to those with Alzheimer's disease and related memory disorders, their families, and caregivers.

- Telephone support line
- Support groups
- Care consultations
- Memory screenings
- Family, caregiver, and community education
- Social, cultural and art activities
- Research, information and funding
- Adult day care centers (Garden Grove and Laguna Woods)

2515 McCabe Way, Suite 200, Irvine, CA 92614
844-373-4400 | www.alzoc.org



Alzheimer's Disease & Intellectual Disabilities

A guide to local support and resources
available for families

1-844-373-4400
www.alzoc.org

Alzheimer's Disease & Intellectual Disabilities

Know the Warning Signs

- Unexpected memory problems
- Getting lost or misdirected
- Problems with gait or walking
- Development of seizures previously not seen
- Confusion in familiar situations
- Changes in personality

What can you do?

- Raise awareness of symptoms
- Request/provide assessments
- Monitor health and medications
- Make residences "dementia capable"
- Get help from clinicians
- Keep record of changes
- Plan ahead for eventual decline
- Support local Alzheimer's organizations events

(Source: NTG national Task Group on Intellectual Disabilities and Dementia Practices)

Education & Support Group

In collaboration with the Regional Center of Orange County & Down Syndrome Program in Development, Aging and Dementia at UC Irvine, Alzheimer's Orange County offers a FREE Education & Support Group for family caregivers of individuals with Down syndrome who are concerned about Alzheimer's disease.



For more information and upcoming dates and topics, please call 844-373-4400

Alzheimer's Orange County
(2515 McCabe Way, Suite 200
Irvine, CA 92614)

Resources

DOWNLOADABLE BOOKLETS

Alzheimer's Disease and Down Syndrome A Practical Guidebook for Caregivers, National Down Syndrome Society, Alzheimer's Association and NTG (National Task Group on Intellectual Disabilities and Dementia Practices) <http://bit.ly/31cGJQ6>

Aging and Down Syndrome: A Health and Well-Being Guide, National Down Syndrome Society <http://bit.ly/2YfQ4JM>

Intellectual Disability and Dementia: A Caregiver's Resource Guide for Rhode Islanders, NTG and Seven Hills Rhode Island <http://bit.ly/2KfqPxx>

Jenny's Diary: A Resource to support conversations about dementia with people who have an Intellectual Disability, Alzheimer's Society, Hansel.org.uk <http://bit.ly/333IFMn>

Living with Dementia: A Families and Carers Guide, Down's Syndrome Scotland <http://bit.ly/2ZsQ8CC>

VIDEOS

Dementia and People with Intellectual Disabilities, National Down Syndrome Society <http://bit.ly/2ZqjZLQ>

Good to Great: Enhancing Quality of Life for People with Down Syndrome, Down Syndrome Resource Foundation Conference, October 2015 <http://bit.ly/2yxNLcB>

Serving People with I/DD and Dementia Online training for Case Managers, Assessors and Providers, Minnesota Department of Human Services <http://bit.ly/2YqfOmZ>

ORANGE COUNTY ORGANIZATIONS

Alzheimer's Orange County <https://www.alzoc.org/>

UCI MIND <http://www.mind.uci.edu/>

Regional Center of Orange County and Comfort Connection Family Resource Center <http://www.rcocdd.com/>

Down Syndrome Association of Orange County <https://www.dsaoc.org/>

Easter Seals <https://www.easterseals.com/southernca/>

United Cerebral Palsy-Orange County <https://www.ucpoc.org/>

NATIONAL ORGANIZATIONS

National Down Syndrome Society (NDSS) <https://www.ndss.org/>

National Association for Down Syndrome (NADS) <https://www.nads.org/>

National Task Group on Intellectual Disabilities and Dementia Practices (NTG) <http://aadmd.org/ntg>