We’re here to help.
Alzheimer’s Orange County provides services and programs -- many free of charge -- to those with Alzheimer’s disease and related memory disorders, their families, and caregivers.

- Telephone support line
- Support groups
- Care consultations
- Memory screenings
- Family, caregiver, and community education
- Social, cultural and art activities
- Research, information and funding
- Adult day care centers (Garden Grove and Laguna Woods)

Alzheimer’s Disease & Intellectual Disabilities
A guide to local support and resources available for families

2515 McCabe Way, Suite 200, Irvine, CA 92614
844-373-4400 | www.alzoc.org

1-844-373-4400
www.alzoc.org
Alzheimer’s Disease & Intellectual Disabilities

Know the Warning Signs
- Unexpected memory problems
- Getting lost or misdirected
- Problems with gait or walking
- Development of seizures previously not seen
- Confusion in familiar situations
- Changes in personality

What can you do?
- Raise awareness of symptoms
- Request/provide assessments
- Monitor health and medications
- Make residences “dementia capable”
- Get help from clinicians
- Keep record of changes
- Plan ahead for eventual decline
- Support local Alzheimer’s organizations events

(Source: NTG national Task Group on Intellectual Disabilities and Dementia Practices)

Education & Support Group
In collaboration with the Regional Center of Orange County & Down Syndrome Program in Development, Aging and Dementia at UC Irvine, Alzheimer’s Orange County offers a FREE Education & Support Group for family caregivers of individuals with Down syndrome who are concerned about Alzheimer’s disease.

For more information and upcoming dates and topics, please call 844-373-4400

Resources

DOWNLOADABLE BOOKLETS


VIDEOS


Serving People with I/DD and Dementia Online training for Case Managers, Assessors and Providers, Minnesota Department of Human Services http://bit.ly/2YqfOmZ

ORANGE COUNTY ORGANIZATIONS
Alzheimer’s Orange County https://www.alzoc.org/
UCI MIND http://www.mind.uci.edu/
Regional Center of Orange County and Comfort Connection Family Resource Center http://www.rcocdd.com/
Down Syndrome Association of Orange County https://www.dsaoc.org/
Easter Seals https://www.easterseals.com/southerncal/
United Cerebral Palsy-Orange County https://www.ucpoc.org/

NATIONAL ORGANIZATIONS
National Association for Down Syndrome (NADS) https://www.nads.org/
National Task Group on Intellectual Disabilities and Dementia Practices (NTG) http://aadmd.org/ntg