



A Monthly Newsletter for the Families and Friends of

A Message from Executive Director
Alex Valle, May 2021

Hello Irvine Cottages and families,

May is here, we have celebrated the following celebrations; Cinco de Mayo and Mother's Day and Memorial Day!

Cinco de Mayo was filled with small celebrations in each cottage where music and delicious Mexican food was enjoyed by the residents! Residents had fun making Mexican party hats and fiesta fun removing candy treats from inside a colorful Pinata!

On Mother's day, our special mothers and grandmothers enjoyed a Mother's Day High tea with their house mates.

The residents had a wonderful day interacting with staff and remembering great memories.

Visitation update:

We are still following infection control protocols, temperature checks and masks are still being worn inside all cottages. We will be starting to allow visitors inside the cottages if vaccinated and masks must be worn at all times. Families can visit inside bedrooms or out on the patio.

Memorial Day is a day to honor the men and women who have died in the service of our country. We thank them for their service! Our lovely friends at Care Choices Hospice dropped off special flag pins and flowers to our residents. They also shared a lovely video message about Memorial Day for our residents to watch and listen.

We thank them for their thoughtfulness.

We look forward to seeing you all soon.

Alex

Cottage Reminders

Please check with your House Manager regarding all needed incontinency supplies for your loved one.

Please also check if any personal hygiene supplies are needed. This can include such items as shampoo, conditioner, lotion, bodywash, hairspray, brushes and combs, hair styling products and any make up items. Please label all items with your loved ones name.

Training

During the month of May, staff received training on Activities and resident rights. We are still focusing on infection control, effective handwashing and



Irvine Cottages May Birthday's



Happy Birthday to all of our residents who will celebrate birthdays in the month of May.

All residents receive a card, a gift and a cake on their birthday. Please call Dairwil at (714) 618-0523 for details about birthday parties at the cottages or if you want to plan something for your loved one on their special day.

May Birthdays

May 1st ~ Elo Parks

May 5th ~ Charlene Buhlman

May 9th ~ Maggie Borda

May 15th ~ Deanna Shirie

May 16th ~ David Marquis

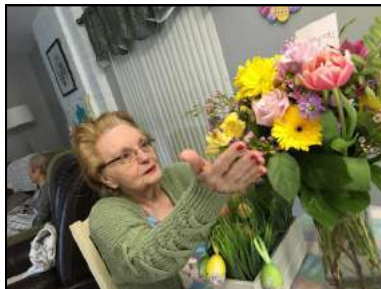
Cottage Ball Toss

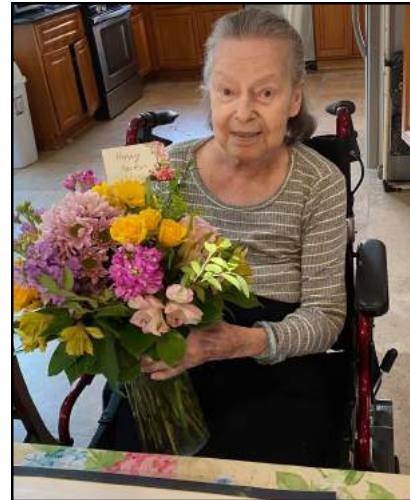
Ball toss is a fun game for Seniors! Cottage 14 residents enjoyed a fun game. Trying to keep the balloon in the air while sitting in chairs is a great activity for improving balance, reflexes, strength, and even cardio function. Plus, it's silly and fun!



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THANK YOU to a very special friend of the AlzOC Family, Soogie Kang for her generous and thoughtful gift to all of our cottages. Every cottage received beautiful flowers and delicious cookies. Thank you for your kindness, generosity and thoughtfulness!







Residents enjoy time watering the plants outdoors and spending time in the garden.

There are many benefits of gardening for seniors. This can lift everyone's spirits, strengthen immune function, keep Vitamin D levels healthy, give their energy a jolt, boost overall health and enhance the relationships with their housemates.



Cinco de Mayo Celebrations

Lets taco bout how Irvine Cottages Shell-ebrated Cinco - De Mayo!
To celebrate the Mexican holiday, residents had fun time creating Mexican party hats!

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Crafting ~ making button bouquets

Some of the Irvine cottages ladies enjoyed making DIY flower bouquets made out of buttons!
When you're crafting, you're creating and when you're creating you're using your mind. Crafting can lessen anxiety, reduce feelings of isolation and bring about a general feeling of happiness. Participating in crafts can help build confidence and give our residents a sense of purpose. Being able to complete a project helps them feel like they can accomplish things.



Management Team

Alejandra Valle LVN,
Executive Director

Rachel Dupont
General Manager ~ Quality
and Safety Assurance

Michelle Nesbitt
Staffing Manager, &
RCFE Administrator

Kimberly Walters
Director of Resident & Family
Services

David Ramirez
Special Projects/ Purchasing

Dairwil Manapsal
Activity Coordinator

Concerns

If you or a family member ever have any concerns about the care your loved one is receiving, please feel free to call Alex at 949-533-1136



Welcome to the Irvine Cottages family: Father Ray, Jessie and Kathy who have recently moved into Irvine Cottages. We are very happy to meet you all!

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Editor Michelle Nesbitt

