



A Monthly Newsletter for the Families and Friends of The Cottages



A Message from Executive Director Alex Valle, Recap of Activities, July 2021

Dear families,

We thank you for your patience and support this past year during the COVID-19 pandemic.

We welcome you to come and visit your loved one. In order to protect our residents and staff please continue to wear your mask inside and practice social distancing during your visit.

If you plan on visiting your loved one, please see our visitation protocols below:

- Visitors must schedule their visit via phone call to the cottage before they arrive and only one family can visit at a time.
- Upon arrival, please sanitize your hands at the sanitizing station at the front door before coming in and seeing your loved one.
- Once you enter, sign the sign in book. Staff will take your temperature and then you may sign in. If you have a temperature over 100 degrees, you will not be able to conduct your visit with your loved one.
- The visit may be conducted in their room or in a common area of the home.
- Please continue to properly wear a mask during your entire visit inside the home and please don't forget to sign out in the visitor log before you leave.
- Do not visit the home if you have any COVID-19 symptoms, if you have been exposed to anyone that has COVID-19 symptoms, if you have tested positive for COVID-19 in the past 14 days.

Please know we are implementing these visitation guidelines and protocols for the utmost protection of your loved one, our staff, and other visiting families. If you have any questions regarding our updated visitation protocols, please feel free to contact us.

Alex

Daily Walks

Cottage 7 ladies enjoy their walk to the park every morning.





Irvine Cottages residents enjoyed celebrating America's Independence with a Fourth of July BBQ with their housemates and caregivers. They also enjoyed a fun and silly photo booth in their cottage.



4th of July crafts at The Cottages



Irvine Cottages residents
enjoyed celebrating America's
Independence.



Fun at the park!



The Cottages July Birthdays

Happy Birthday to all of our residents who will celebrate birthdays in the month of July. All residents receive a card, a gift and a cake on their birthday. Please call Dairwil at 714-618-0523 for details about birthday parties at the cottages or if you want to plan something for your loved one on their special day.

July Birthdays

Margrit Megerdichian ~ July 1st

Gino Tomasino ~ July 9th

Alice Szyska ~ July 14th

Yufen Qin ~ July 27th

Mary White ~ July 30th



Residents enjoyed celebrating America's Independence in July with fun crafts!





Care Concerns

If you or a family member ever have any concerns about the care your loved one is receiving, please feel free to call Alex for a care plan meeting at 949-533-1136

Cottage Training

July training topics have included:
Pressure Sores and Skin Issues
Safe Transfers and
Urinary Tract Infections

SCHEDULE FOR DAIRWIL MANAPSAL

ART THERAPIST, BRAIN STIMULATION AND ACTIVITIES

(Please note: Activities may be subject to change without notice)
(714) 618-0523

July 2021

First week of July
Patriotic Art and Crafts
Patriotic mind games
4th of July Patriotic photo booth

Second week of July
Mini Canvas 3D Arts and Crafts with coffee filters
One – on – one room visits

Third week of July
Recycled flower crafts
Oldies and goodies music time
Outdoor Activities

Fourth week of July
Memories in the Making Painting
Outdoor games
Outdoor stimulation and activities



Ring toss is a fun and simple game that has many therapeutic benefits which include visual skills, eye-hand coordination, bilateral coordination, fine motor and gross motor skills.

Cottage residents enjoy ring toss because it's a fun game with friends!

Management Team

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Welcome to the Cottages family:
Marie, Gloria, Gladys and Betty who have recently moved into The Cottages. We are very happy to meet you all.

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306005958, 306005954 and 306005955 Irvinecottages.com Please follow us
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The Cottages
Memory Care Community