

A Monthly Newsletter for the Families and Friends of The Cottages



A Message from Executive Director Alex Valle, September 2021

In an ongoing effort to ensure resident safety, and to minimize the spread of COVID-19 among vulnerable residents, California Department of Health has issued a State Public Health Officer Order. We want you to be able to visit your loved one but due to the recent increase in COVID-19 cases we are reinforcing our visitation policy.

Effective **September 9th**, we are required to verify, obtain and track the vaccination status of all visitors seeking indoor visitation, or for visitors who are unvaccinated or incompletely vaccinated, a negative COVID-19 diagnostic test that occurred within 72 hours before each indoor visit. Please submit a copy of your vaccination record or negative test results prior to your scheduled visit to michelle.nesbitt@alzoc.org or text a photo to 949-463-5075.

This does not apply for outdoor visits, visits where death may be imminent, and certain essential visitors. If you plan on visiting your loved one, please also continue to follow our visitation protocols below:

- Visitors *must* schedule their visit via phone call to the cottage before they arrive.
- Hand hygiene when entering and exiting the facility after your visit, must be followed.
- Hand sanitizer is available by the front door and in the facility. Both the visitor and the resident should perform hand hygiene before and after contact.
- All visitors **MUST** wear a well-fitting surgical mask which is provided at the sanitization before entering the facility and during the entire visit inside and outside.
- Once you enter, staff will take your temperature and then you may sign in the visitor's log.
- Please physically distance yourself from facility staff and other residents that are not part of your group.
- We highly recommend outdoor visits. Outdoor visits pose a lower risk of transmission due to increased space and airflow; therefore, outdoor visitation is preferred and should be held whenever practicable.
- Do not visit the home if you have any COVID-19 symptoms, if you have been exposed to anyone that has COVID-19 symptoms, if you have tested positive for COVID-19 in the past 14 days, and/or if you have been exposed to someone that has tested positive for COVID-19 in the past 14 days.
- Staff will continue to clean and disinfect surfaces.

Please know that we are implementing these visitation guidelines and protocols for the utmost protection of your loved one, our staff, and other visiting families. If you have any questions or concerns regarding our updated visitation protocols, please feel free to contact any member of the management team.

Thank you,

Alex



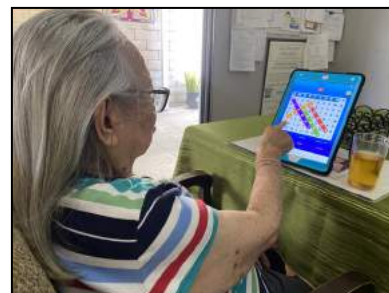
Cottages Birthday's

Happy Birthday to all of our residents who will celebrate birthdays in the month of September. All residents receive a card, a gift and a cake on their birthday. Please call Dairwil at 714-618-0523 for details about birthday parties at the cottages or if you want to plan something for your loved one on their special day.



September Birthdays

September 29th ~ Bettie Johnson
September 8th ~ Cheralyn Moyer
September 10th ~ Betty Fisher
September 11th ~ Berte Kerkis
September 16th ~ Cheryl Martenson
September 21st ~ Deanna Shirie
September 24th ~ Marjorie Marchand



Cottage Reminders

Please check with your house manager and bring in all needed incontinency and personal hygiene supplies for your loved one. Please label.

We still have warm temperatures but Fall weather will soon be here. Please remember to check that your loved one has clothing for cooler temperatures. Please label.

Training

During the month of September staff continued to receive training on the following topics:
Preventing Pressure Ulcers
Urinary Tract Infections (U.T.I'S)
and Preventing U.T.I'S
Safe Transfers

Resident Juliana enjoys playing games on the Cottage IPAD

Puzzle Tree Art Project



Summer Hawaiian Aloha Parties at The Cottages



Continuing with a Hawaiian theme, summer crafts were fun and colorful. Residents enjoyed making pineapple art to decorate their cottages.



Cottage Ball Toss

Ball toss is an entertaining game that promotes light stretching and some hand-eye coordination.
More importantly ball games are FUN!



**PARDON OUR DUST...
IMPROVE WE MUST!**

Please ignore our mess as we continue to paint and improve some of our cottages. Hector and Brent have been busy with new flooring and some painting.

Management Team

Alejandra Valle LVN,
Executive Director
(949) 533-1136
alex.vall@alzoc.org

Michelle Nesbitt
Compliance Manager
(949) 463-5075
michelle.nesbitt@alzoc.org

Kimberly Walters
Family Relations Manager
(714) 349-9388
Kimberly.walters@alzoc.org

Thien Tran
Staffing & Training Manager
(714) 494-5583
Thien.tran@alzoc.org

Saidia Chaudhri
Purchasing Manager
(562) 229-4107
Saidia.chaudhri@alzoc.org

Dairwil Manapsal
Activities Director
(714) 618-0523
Dairwil.Manapsal@alzoc.org

Concerns

If you or a family member ever have any concerns about the care your loved one is receiving, please feel free to call Alex at 949-533-1136

1 Longstreet, Irvine CA 92620
(949) 533-5938 Fax (949) 387-3212
RCFE #: 306900437, 306000535, 306000655, 306500736, 306001104, 306001887,
306003824, 306004242. 306003826, 306004029, 306004723, 306004724,
306005958, 306005954 and 306005955 Irvinecottages.com Please follow us
on Facebook and Instagram: @Irvinecottagesmemorycare

