

2021 Impact Report



Alzheimer's is the
#3 cause
of death in Orange County



84,000
living with Alzheimer's
in Orange County

34,000

people provide unpaid care for
their loved ones in Orange County

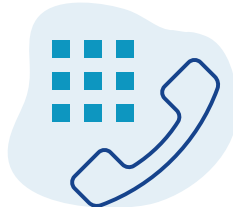


As we begin to return to normalcy, it's important to remember those most vulnerable to the prolonged impact of the pandemic. Alzheimer's Orange County remains committed to being a partner that families and our community can rely on for support as they navigate their journey with memory loss, no matter the circumstances.

How We Help

1 Telephone Helpline

We helped over **4,228** residents that dialed in seeking information, support, advice and referrals on caring for someone with the disease.



2 Healthy Aging Centers

- Our two Healthy Aging Centers (formerly Acacia Adult Day Services and South County Adult Day Services) made **30,987 calls to participants and their families** to provide social work, nursing, and other wellness support over the phone.
- As the pandemic has improved, both centers have worked towards **safely resuming in-person participation**, but continue providing assistance through:



Meal deliveries
9,741



Activity packet
deliveries
7,233



Over 20 hours
of activity and
wellness videos

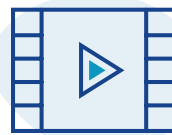
3 Care Consultations

1,706 families met with our licensed social workers to discuss in-depth and personalized plans on how to prepare for the next steps and challenges associated with their loved one's dementia diagnosis.



4 Community Education

- Over **5,700** people joined us for education classes about dementia, brain health, planning for the future, and more. This included:



Over 58 hours of educational videos that totaled 3,371 views.

3,427 individuals attended our webinar series that explored subjects related to Alzheimer's disease and other dementias, senior care topics and healthy aging. That total represents a **37%** increase from last year!



5 Memory Training

170 people joined us for one of our memory training series: 4 Weeks to a Better Memory, Brain Bootcamp and our newest offering, Brain Boosters, a series for those experiencing Mild Cognitive Impairment.



6 Multicultural Programs

We offer support in multiple languages spoken in our multicultural community. A total of **3,458** people participated in our Spanish, Vietnamese, and Korean language education and support services.



7 Research

A record-breaking **1,637** professionals, caregivers and community members tuned in live for our 32nd Annual Southern California Research Conference held in partnership with UCI MIND.



8 Support Groups

We facilitated **24** monthly Zoom support groups online during the pandemic to provide a safe space for caregivers to connect and express themselves. These included groups in Korean, Mandarin, Vietnamese and Spanish, a men's group, 5 faith-based groups, and a Facebook support group. Total participation exceeded **2,000** individuals, and some groups have begun to meet in person.



9 Outreach and Advocacy

We've helped cover essential needs during the pandemic by distributing over **185,000** masks, helping staff **35** food distribution events, and making over **150** personal meal deliveries.



Exhibited at over **60** community events, made over **100** in-person visits to OC senior centers, and led **97** educational presentations on Advance Care Planning and End of Life Care, brain health, and other Alzheimer's OC programs.

10 Residential memory care

AlzOC now has the capacity to serve **215** frail seniors in our residential care homes.



Testimonials

"THANKS FOR THE GREAT INFORMATION that you provided to my mom and our family. It's been tough for me to communicate skillfully with the people & agencies needed now. But your compassion & wisdom reached out to me from that phone line just now like you were a guardian angel. By listening to understand where I was coming from & where I'm trying to go, you made me feel heard."

"I SO APPRECIATE Alzheimer's OC. Your team has been a lifeline for my parents and my family. Your work during the pandemic is remarkable. Keep the faith. You are making a difference."

"MANY, MANY THANKS for your caring, kind and uplifting support for us. The classes, information and support groups helped me through these last 6 years with knowledge and patience. Your team is wonderful."

"IT'S GREAT TO KNOW that some kind-hearted people still exist in our society who actually care about others and their life-challenging problems."

"YOUR WEBINARS and all your programs are the BEST in the industry! Thank you for providing this crucial information to friends, family and professionals associated with older adults, particularly those with dementia."

By the Numbers

In 2021, we changed the lives of over **34,000 people** in Orange County.
Your support helps create that change.

Learn more about what we do and donate at www.alzoc.org