



Community News

Alzheimer's Orange County Renames Two Adult Day Health Centers

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IRVINE...Alzheimer's Orange County (AlzOC) has renamed its two adult day service centers located in Laguna Woods near Laguna Woods Village and Garden Grove to better reflect the goal to promote healthy living for older adults and others who need daytime assistance with their health needs, including those with Alzheimer's and other types of dementia.

Previously Acacia Adult Day Services and South County Adult Day Services Center, they are now Healthy Aging Center: Acacia and Healthy Aging Center: Laguna Woods. The name change symbolizes AlzOC's commitment to helping Orange County's older adults and others who can benefit from these programs.

"Though our centers now operate under new names, they maintain the same programs and services our community depends on," AlzOC's CEO and President Jim McAleer said. "They are focused on maintaining healthy aging for frail seniors and those with memory loss, providing occupational and physical therapies, nutritionist-guided meals, recreation, and more."

The centers have now reopened and resumed in-person services modified according to health and safety protocols based on California Department of Aging guidelines. The programs assure a safe and stimulating social environment that supports healthy aging, well-being, and independence, while giving family caregivers a vital break, knowing that loved ones are in a safe place.

Services provided by the centers include a nutritious breakfast, lunch, and snack; and comprehensive health supports, including nursing, activities supervision, medication management, and personal care as needed. Activities and exercise are tailored to meet everyone's needs, including arts and music programs; comprehensive therapy; medical supervision for those with physical and cognitive impairment; opportunities for social interaction with peers; and round-trip transportation.

These programs are designed to improve the quality of life of its participants while also offering a more affordable option than in-home care or other health support options families may consider. Funding may be available for individuals meeting program criteria requirements who are Medi-Cal eligible or who carry private insurance. Private pay is also available.

"For nearly 40 years, AlzOC has led the way with critical programs and services aimed at helping those living with memory loss," said McAleer. "Throughout that history, our organization has ought to find new ways to maximize our impact and adapt to meet our community's health and wellness needs through unique programs like our Healthy Aging Centers."

To learn more about each center, please visit alzoc.org/adhc or call the location closest to you. Photo:AlzOC

Healthy Aging Center: Laguna Woods
Health Aging Center: Acacia

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