



A Monthly Newsletter for the Families and Friends of The Cottages

A Message from Executive Director Alex Valle , October Summary 2021

Hello families and friends,
We hope you all enjoyed the month of September and welcome Fall! October was a busy month for our residents, Art Coordinator Dairwil created a fun schedule of fun and spooky themed activities for Halloween!

Residents helped to decorate the cottages with Halloween décor, painted pumpkins and also baked and decorated cupcakes. Visitation: when visiting the facility, we still require visitors to provide a copy of their COVID vaccination card or a negative PCR test within 72 hours of your visit. Masks will be enforced along with social distancing between families and residents. Staff are still required to take temperatures of all visitors coming into the cottage. Please do not visit if you have any symptoms and please contact me if you have any questions

949-533-1136

Thank you and we hope you had a fabulous and spooky Halloween month!

Alex



Friendly reminders

Please bring in all needed incontinency and personal hygiene supplies for your loved one.

Cooler temperatures are coming, please remember to bring in some warmer clothing for your loved ones, sweaters, pants, socks etc.
Please label all items.

Training

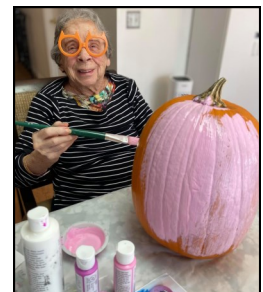
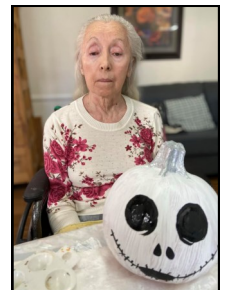
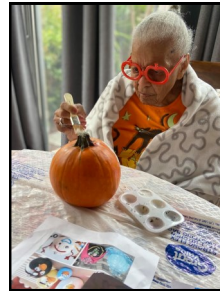
Training is always ongoing and during the month of October, staff continued their training on the following topics:
Safe Transfers, wheelchair safety, Infection Control, Preventing Pressure Ulcers and Preventing Urinary Tract Infections.

Concerns

If you or a family member have any concerns about the care your loved one is receiving, please feel free to call Alex at 949-533-1136

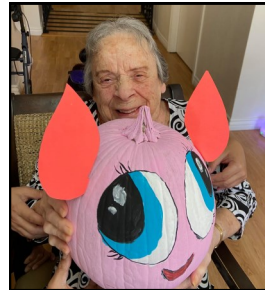
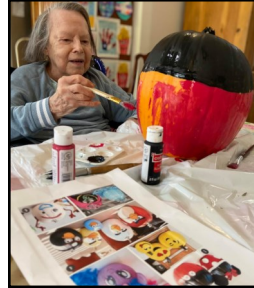
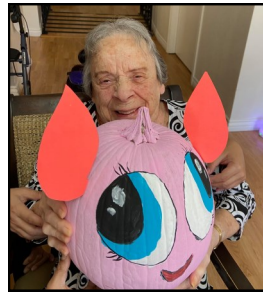


Pumpkin Painting



Residents chose some fun designs to paint their pumpkins this year!





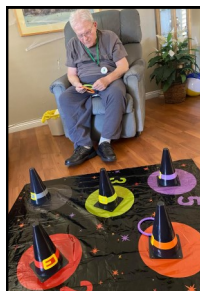
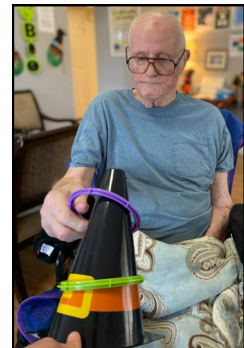
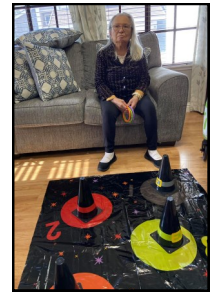
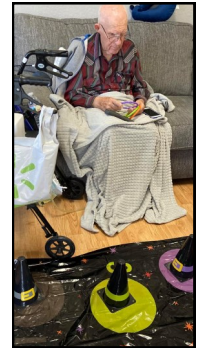
Residents have enjoyed the month of October and all of its Halloween and spooky activities. This has included painting pumpkins with fun designs.

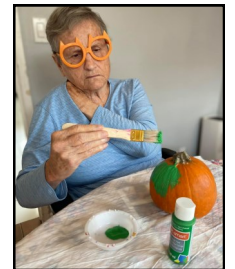
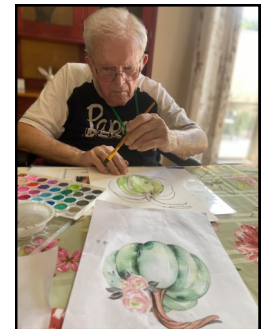


October Games



October meant spooky themed activities!
Witch Ring Toss is a big hit!

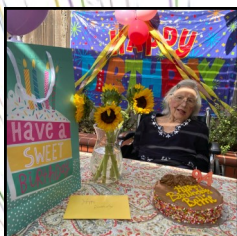




Residents love to paint with watercolors and they all enjoyed painting fall pumpkins.

Cottages October Birthday's

Happy Birthday to all of our residents who celebrated birthdays in the month of October. All residents received a card, a gift and a cake on their birthday. Please call Dairwil at (714) 618-0523 for details about birthday parties at the cottages or if you want to plan something for your loved one on their special day.



October Birthdays

October 5th ~ Shih Cheng Yu

October 8th ~ Maria McCown

October 13th ~ Gladys Artunian

October 15th ~ Pinky Altstadt

October 18th ~ Juliana Pontillas

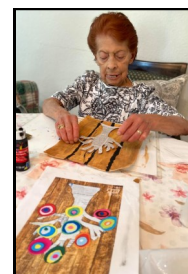
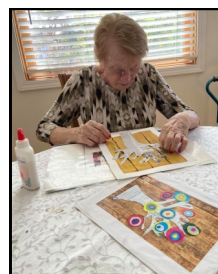
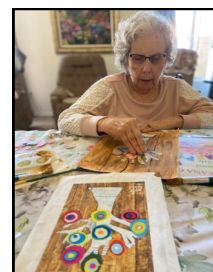
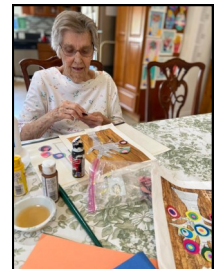
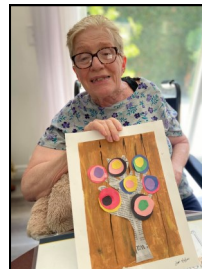
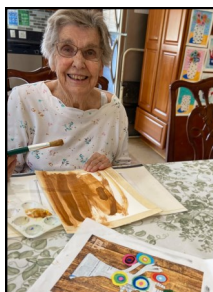
October 25th ~ Lucy Villanueva

October 30th ~ Paul Holland



Arts & Crafts

Residents always enjoy weekly arts and crafts at the cottages and they enjoyed creating these colorful recycled trees pictures.



SCHEDULE FOR DAIRWIL MANAPSAL ART THERAPIST, BRAIN STIMULATION AND ACTIVITIES

(Please note: Activities may be subject to change without notice)

October 2021

First week of October

Art and Crafts
Halloween decorations
Halloween paper plate Witches

Second week of October

Arts and Crafts
Halloween sugar skulls art
Oldies but goodies music

Third week of October

Halloween trivia and jokes
No carve Pumpkin decoration/painting
Memories in the Making Art

Fourth week of October

Halloween Games
Witch hat ring toss
Ghost bowling

FOLLOW THE COTTAGES ON SOCIAL MEDIA:

FACEBOOK:

@ TheCottagesmemorycare

INSTAGRAM

@ Thecottagesmemorycare

www.the-cottages.org



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CELEBRATE HALLOWEEN SAFELY



WEAR A CLOTH MASK
(NOT A COSTUME MASK)



STAY AT LEAST 6 FEET
FROM OTHERS



KEEP YOUR GROUND
SMALL



WASH YOUR HANDS
OR USE HAND SANITIZER

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306004724, 306005958, 306005954 and 306005955 Irvinecottages.com

Edited by Michelle Nesbitt

The Cottages
Memory Care Community