Memories in the Making is the signature art program of Alzheimer's Orange County.

When Carol Albright's late husband, Russ, was diagnosed with mild cognitive impairment in 2015, his neurologist encouraged him to attend the Early Memory Loss class at Alzheimer's Orange County.

"The organization, based in Irvine, provides support to Orange County families and individuals effected by Alzheimer's and other forms of dementia," said Albright. "I fought it for a while," said Albright, who has a background working with seniors. "Finally I caved in and called, and we went through a six-week intro program and then we were invited to the all the activities."

In the Making was created in 1998 to provide meaningful activity for persons with dementia, while focusing on creative expression as a form of communication. Often the disease can affect language and art can become a more suitable form of expression, a way for those with dementia to "speak."

"The art was wonderful for him. It was his favorite program," Albright said.

Memories in the Making was one of the signature programs at Alzheimer's Orange County, and the art class was so successful that additional programs were added. In 2015, the program expanded to a six-week program.

"It is absolutely elated and humbled by the award," said Pacific Chorale Artistic Director Robert Istad. "And it happened."

BY SARAH MOSQUEDA

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NOTICE OF A PUBLIC HEARING

The Laguna Beach City Council will hold a public hearing on the adoption of a resolution updating the fee schedule for the Community Services Study prepared by Revenue & Cost Specialists, LLC (RCS) to perform a services study of the City of Laguna Beach. The hearing will be held at 6:00 p.m. on Wednesday, April 12, 2023 in the Council Chambers at 3273 South Coast Highway, Laguna Beach, CA 92651.

DATE: MARCH 16, 2022

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Enjoying a sunny day at the beach.

Don Leach / Staff Photographer

ART
Continued from page A1
Laguna Beach and Palm Springs — during his lifetime.

"When I am leading a session..." said Allen. "I love the art sessions. Lisa's a very talented instructor, and she has connections with all the artists in the community. She will find artwork that's going to connect with, even if they are not as familiar with it..." Overall, it is a way to engage someone who has Alzheimer's disease or another form of dementia."

Because of his short-term memory, Russ was more comfortable with the visual art, like the sculpture room, the painting, or the music. In the beginning, he would not be able to follow the program, and he was always looking for something he could do by himself.

"Even though Russ was very shy, he became more comfortable with others about his struggles and expressing his feelings. He also learned how to help others to cope with his declining memory," Allen said. "I've learned so much from others in the class and was able to adapt to the situations."

Luna has since passed away, but her sense of humor and memories in the making, often means the difference or difference can make it.

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This class has been both a source of immense joy and of incredible educational value. — C. G. Boulton

"Homo sapiens foresbears" sounds better than "Homo sapiens forebears" for the same reason it sounds wrong to say you bought your loader in a "shoes store" or you took your dog to the "pet hospital.

"It seems that the norm has been to have singular nouns used as attributives..." said Allen. "But if you add an -s, like "shoe store" or "pet hospital," it would be less clear if you called it "a shoe store," which is singular."

"pizzas" and "drugs," Homo sapiens isn't plural. It's singular. So if you drop the final S from sapiens, it sounds natural to drop it in the combination with the noun.

"That's my parents' honey-moon," she said.

That was how I saw into his soul."

Don Leach

"This class has been both a source of immense joy and of incredible educational value. — C. G. Boulton

"The benefits for the care providers are huge.""Allen said. Classes are held in person at various care facilities and homes and also virtually on Zoom. They generally use sourcebooks, Allen said, because they are movable. Some paintings created in the program are submitted for entry to the Alzheimer’s Association’s Orange County art exhibit featuring work from people with dementia in the Making. The exhibit will take place at Main Place Mall in Santa Ana on April 16.

Besides art classes, Alzheimer’s Orange County also provides support groups, work¬shops, other therapeutic programs including a help line staffed by a master’s-level therapist, and a support group offered by the Veterans Administration by VA.

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