

Position Title: Health Aide
Reports to: Registered Nurse Supervisor/RN
Status: Non-Exempt

General Summary:

Reporting to the Registered Nurse, the **Health Aide** is responsible for providing personal care and assisting in monitoring the health status of participants in the Healthy Aging Center programs.

Essential Job Functions:

- Monitor vital signs (blood pressure & pulse rate) as ordered by MD or requested by nurse
- Provide toileting, transferring and personal care and hygiene assistance to participants
- Assist with ambulation and supervision of participants
- Assist participants to and from buses, taxis and/or family vehicles
- Assist with preparation and service of noon meal and snacks including seating, feeding, monitoring designated special diets, and monitoring food intake
- Assist with daily, weekly and monthly data collection and charting
- Provide maintenance physical and/or occupational therapy as trained and needed
- Assist with therapeutic activities as needed
- Assist participants in achieving health maintenance, therapies maintenance and/or therapeutic activities goals as indicated in IPC
- Attend monthly in-service trainings and MDT meetings, weekly Team meetings, semi-monthly staff meetings and other meetings as needed
- Perform job related tasks as assigned

Minimum Requirements:

- High school diploma or GED
- Valid CNA, RNA and/or HHA certification preferred
- Written and verbal fluency in English
- Ability to work compassionately with diverse and challenging clientele
- Demonstrated competence in helping others
- Demonstrated sensitivity to cultural diversity
- Demonstrated verbal and written communication skills

Must Have:

CPR and First Aid Certification within 6 months of hire and maintain certification for duration of employment

Physical Demands:

- The physical demands described here are representative of those that must be met by an Employee to successfully perform the essential and non-essential functions of this job
- While performing the duties of this job, the employee is regularly required to talk and hear. The position may require employees to do any of the following, sometimes frequently: sit, stand, bend, stoop, reach overhead with hands and arms, twist and walk as needed
- Employees may need to assist participants to transfer to or from a wheelchair to chair
- Employees may be required to push, pull, lift and carry when needed (e.g. trays, supplies, wheelchairs, other assistive devices, bags of trash, chairs, tables, etc.)
- Employees must be able to assist participants in emergency situations when needed
- Must be able to push wheelchair participants up to 250 lbs.
- Must be able to assist clients up to 200 lbs in ambulation
- Specific vision abilities required by this job include close vision, distance vision, peripheral vision and depth perception and ability to adjust focus

Work Environment:

The work environment characteristics described here is representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Work indoors in an open environment
- Have daily contact with a large group of participants
- Work outdoors as scheduled
- Lots of flexibility and spontaneity required

The job profile in no way states or implies that these are the only duties to be performed by the jobholder. The employee will be required to follow instructions and perform other duties as requested by his/her supervisor or manager. This is not meant to be an exhaustive list of job duties. Essential elements may change when necessary.

Alzheimer's Orange County is an equal employment opportunity employer and strives to comply with all applicable laws prohibiting discrimination based on race, color, creed, sex, age, national origin or ancestry, physical or mental disability, veteran status, marital status, medical condition, sexual orientation (gender identification), as well as any other category protected by federal, state, or local laws.

The employee or the Organization may terminate employment at the Organization for any reason, with or without cause or notice, at any time. Nothing in any oral or written

statement shall limit the right to terminate employment at will. No Supervisor or employee of the Organization shall have any authority to enter into an employment agreement – express or implied – with any employee providing for employment other than at will.

To apply: all applicants MUST submit a cover letter and resume to be considered for this position. Please send all documents to SoCalSeniors.HR@gmail.com.