

## 40th Anniversary Fact Sheet

Since 1982, Alzheimer's Orange County (AlzOC) has been Orange County's center for Alzheimer's resources. We are a tax-exempt, 501c3 nonprofit organization dedicated to providing quality care and support services to the thousands of residents of Orange County who are affected by memory loss disorders, and frail older adults living in our community.

**Our mission:** To serve Orange County individuals with memory loss, frail seniors, and those that support them.

**Our locations:** Alzheimer's Orange County is headquartered in Irvine, but serves all of Orange County. Our two Adult Day Health Centers –Healthy Aging Center: Acacia and Healthy Aging Center: Laguna Woods – are located in Garden Grove and Laguna Woods. AlzOC's residential memory care program, The Cottages has locations in Mission Viejo, Irvine, Newport Beach and Costa Mesa.

**Our services:** AlzOC's services provide a continuum of care for Orange County's aging population, many of them free of cost. These services range across all stages of care, from prevention, through the stages of Alzheimer's, and full-time care for frail older adults and those living with advanced-stage Alzheimer's and other memory disorders.

- Free Helpline and Care Consultations
- Free educational classes and workshops for families, professionals and the community
- Support Groups
- Early, mid and late-stage support services
- Cultural and social programs (including Memories in the Making® art program)
- Programs and education in other languages (includes Spanish, Chinese, Korean and Vietnamese)
- Adult Day Health Services (Healthy Aging Center: Acacia & Healthy Aging Center: Laguna Woods)
- MindFit OC - a healthy aging and brain health program
- Community and clinical outreach
- Annual research conference held in partnership with UCI MIND
- Residential memory care program (The Cottages)

### Where your donation goes:

- AlzOC has a 10% overhead. That means for every dollar donated to Alzheimer's Orange County, ninety cents goes towards supporting our life-changing programs and services.
- **100% of donations** made to AlzOC stays in Orange County transforming the lives of dementia caregivers and their loved ones – right here in our community

### FAQS

### What is Alzheimer's disease?

Alzheimer's disease is an irreversible, progressive brain disorder that slowly destroys memory and thinking skills, and eventually the ability to carry out the simplest tasks. In most people with Alzheimer's, symptoms first appear in their mid-60s. It's the most common form of dementia.

### What is dementia?

Dementia is an umbrella term for a set of symptoms including impaired thinking and memory. It's a term that is often associated with the cognitive decline of aging. However, issues other than Alzheimer's can cause dementia. Other common causes of dementia are Huntington's Disease, Parkinson's Disease and Creutzfeldt-Jakob disease.

### Is Alzheimer's Orange County part of the Alzheimer's Association?

Alzheimer's Orange County is not affiliated with the Alzheimer's Association. It is an independent nonprofit organization.

### Correct ways to refer to Alzheimer's Orange County

- Alzheimer's Orange County
- Alzheimer's OC
- AlzOC

### FACTS & STATS

- Over 84,000 Orange County residents are living with Alzheimer's, the most common form of dementia
- Over 34,000 people in Orange County provide unpaid care for their loved ones in Orange County
- Alzheimer's disease is the 6th leading cause of death for older adults in the nation, but is the 3rd leading cause of death in older adults in Orange County. It is the only leading cause of death in Orange County that has been increasing. ([Orange County Strategic Plan for Aging, Orange County Report on Older Adults](#))
- Nearly 12% of older adults aged 65 and over have a diagnosis of Alzheimer's disease or dementia; this proportion is higher than the state (10.5%) and national (11.3%) averages ([Orange County Strategic Plan for Aging, Orange County Report on Older Adults](#))
- Over 450,000 older adults (aged 65 and older) account for 14.3% of Orange County's population. ([Orange County Strategic Plan for Aging, Orange County Report on Older Adults](#))
- By 2045, this number is projected to increase to 17.3% ([Orange County Strategic Plan for Aging, Orange County Report on Older Adults](#))

For more Alzheimer's facts and stats visit: [alzoc.org](http://alzoc.org)