If you are a family caregiver or a friend of a person with dementia, this informal discussion offers resources for problem solving, educational information, as well as emotional support.

It is a place to share experiences and feelings and hear from others in similar situations.

You are not alone on this journey. Come as you are and meet other caregivers with related concerns.

Location:
Belmont Village Aliso Viejo
300 Freedom Lane
Aliso Viejo, CA 92656
Proof of vaccination required and will be checked prior to entry

Day & Time:
Starting August 25th!
4th Thursday of the Month
11:00 AM

Contact:
supportgroups@alzoc.org