

# Care Partner Support Group

## Mission Viejo



If you are a family caregiver or a friend of a person with dementia, this informal discussion offers resources for problem solving, educational information, as well as emotional support.

It is a place to share experiences and feelings and hear from others in similar situations.

You are not alone on this journey. Come as you are and meet other caregivers with related concerns.



### Location:

**Norman P. Murray  
Community & Senior Center**

**24932 Veterans Way  
Mission Viejo, CA 92692**

### Day & Time:

Starting Sept 21st!  
**3rd Wednesday of the Month  
2:00 PM**

### Contact:

[supportgroups@alzoc.org](mailto:supportgroups@alzoc.org)

