

2022 Impact Report

Alzheimer's Disease (AD) in Orange County

84,000
people in Orange County are living with Alzheimer's

127%
increase projected in the number of people with AD between 2019 - 2040 in Orange County and other CA counties.

Nearly 12%
of older adults aged 65 and over have a diagnosis of Alzheimer's disease or dementia in Orange County (higher than the state average)

Although the need is projected to increase, our services are already making an impact. In 2022 we made a difference in the lives of **34,778** people.

1 Helpline

We connected over **6,461** people with one of our dementia experts to answer their questions, provide advice and information and match them to the right resources. **Nearly a third** of those we helped were new callers.



2 Care Consultations

We met with over **1,648** families in person, over the phone, and online to create a personalized care plan and offer in-depth guidance, problem-solving and additional support.



3 Early Memory Loss Programs

603 people participated in our Early Memory Loss classes and events to become better prepared and equipped to make the journey ahead smoother.



4 Connect2Culture

417 people benefitted from specialized art and music programs aimed at reducing stress, enhancing communication, and creating a social network for those living with memory loss and those that care for them.



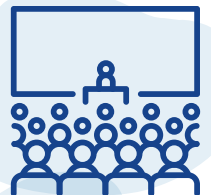
5 Support Groups

We helped **2,164** caregivers find emotional support, meet others like them and exchange experiences and solutions in a safe and compassionate environment in person and online at **30+** support group locations.



6 Community Education

10,893 attendees participated in our free education classes where they gained a better understanding of Alzheimer's and dementia. **2,632** attendees went to one of our classes taught in another language.



7 Webinars

3,108 professionals and families watched one of our free monthly webinars and our webinar library received **9,644** views.



Did you know?

Alzheimer's is the most common type of dementia but it is not the only type of cognitive impairment or memory loss disorder. Alzheimer's Orange County (AlzOC) provides local support for all stages of memory loss.

8 Brain Health and Memory Training

1,642 people attended one of our MindFit OC classes to learn how to maximize their cognitive health, live a healthy-brain lifestyle, and steps they can take to reduce their risk of cognitive impairment.



Did you know?

According to a 2022 Archstone report, caregivers reported an over 40% decrease in caregiver stress at both of our ADS centers.

9 Community Outreach & Advocacy

We engaged with **5,874** members of the community including elected officials, local representatives, and others at over **130** events to raise awareness about the impact of dementia and the resources available to provide support to more people in need.



Other highlights from the year

In collaboration with MemorialCare Saddleback Medical Center, we trained clinical staff about best practices for caring for hospital patients with dementia and provided education on dementia care interventions and techniques.

Working together with UCI Geriatrics, AlzOC began participating in Dementia Care Aware (DCA), a state-wide program aimed at providing physicians the tools and information necessary to administer cognitive health assessments and determine the next steps for their patients.

With support from the Archstone Foundation and Hoag Community Benefit, we developed the "Cuidando a la Cuidadora" program to offer dementia assessments, care planning, and other supportive services in Spanish to serve our local Latino caregiver community.

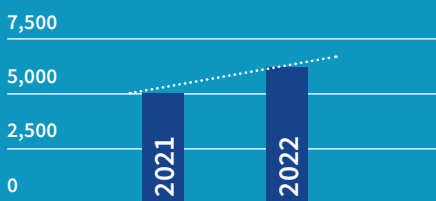
10 Adult Day Services (ADS)

Our ADS centers (Healthy Aging Center: Acacia and Healthy Aging Center: Laguna Woods) provided daytime assistance to **308** participants and their families in a safe and enriching environment and served **48,342** meals between the two centers.



Increasing our impact: 2021 vs 2022

SCAN TO
DOWNLOAD



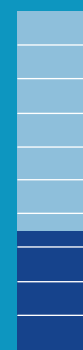
Helpline Calls

UP 30%



Support Group
Attendance

**UP
19%**



35%

More Connect2
Culture
Sessions Held



52%

Higher Attendance in
Care Partner Classes



9%

Increase in Early
Memory Loss
Attendance

57%

Increase in Webinar
YouTube Views

