



# Complimentary Continuing Education Webinar!

Join us for a FREE webinar that offers one (1) hour of continuing education credit \* for the following California professionals: RCFE & NHAP Administrators, licensed RNs & LVNs, LMFTs, LCSWs, LEPs & LPCCs, and CLPFs. Professionals can earn CE credit conveniently – however, anyone is welcome to attend !

\* **Requirements for CE credit:** Participants must attend for a minimum of 60 minutes, have access to both audio and visual elements, respond to poll questions during the webinar and return the completed course evaluation.

**Webinar Date: Tuesday, February 14, 2023 at 11:30am PST**

## Sundowning Syndrome in Dementia

Sundowning syndrome refers to a set of behaviors seen in some individuals with Alzheimer's disease or another form of dementia when they become confused, agitated or nervous later in the afternoon and into the night. Learn about the behaviors associated with this syndrome, along with the risk factors, triggers and treatment options. Strategies for minimizing and preventing behaviors associated with this syndrome will be presented.

**At the completion of the course, participants will be able to:**

1. Recognize the symptoms associated with sundowning syndrome.
2. Identify triggers that can aggravate sundowning behaviors.
3. Describe treatment options for minimizing sundowning behaviors.
4. Identify tips for preventing some behaviors associated with sundowning syndrome.



**Presenter: Erin Light, M.A.** is the Senior Administrator at Silverado Senior Living in San Juan Capistrano. She is a Gerontologist with over ten years of experience specializing in dementia care and supporting the needs of older individuals. Erin has a Bachelor's degree in Cognitive Science from UC San Diego, a Master's degree in Gerontology from USC, and holds certifications as a Residential Care for the Elderly Administrator and a Dementia Care Specialist.

**TO REGISTER - CLICK HERE, OR GO TO: <https://bit.ly/3Tn4mjT>**

This webinar is brought to you by the following organizations:



For additional information about Alzheimer's Orange County's continuing education policies, including accommodations for a disability, reporting a grievance and certificates of completion, go to: [www.alzoc.org/WebinarCEpolicies](http://www.alzoc.org/WebinarCEpolicies)

**CAMFT (BBS):** Alzheimer's Orange County (AlzOC) is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. AlzOC maintains responsibility for this program/course and its content. This course meets the qualifications for 1 hour of continuing education credit as required by the California Board of Behavioral Sciences. AlzOC CAMFT CE Provider #134760.

**BRN:** Provider approved by the California Board of Registered Nursing (BRN), Alzheimer's Orange County, Provider #CEP 14757, for 1 contact hour. This document must be retained by the licensee for a period of four years after the course concludes.

**NHAP:** Course approval pending by the Nursing Home Administrator Program (NHAP) for 1 hour of webinar continuing education credit – AlzOC Vendor #CEP 1776.

**RCFE:** Course approval pending by the California Department of Social Services (CDSS) for 1 hour of webinar continuing education credit for RCFE administrator recertification. Alzheimer's Orange County, RCFE Vendor #2000147-740-2. Core of Knowledge: Managing Alzheimer's Disease and Related Dementias.