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PARKING AT THE AMPHITHEATER: WHAT TO KNOW
See page 3.



FREE BATTERY RECYCLING JULY 18; ID REQUIRED
See page 12.



REGISTER FOR NOCE CLASSES STARTING JULY 25
See page 20.



SB Police takes over animal services

The City of Seal Beach ended its nearly 20-year contract with Long Beach Animal Care Services earlier this month. On July 1, the city implemented an in-house animal control program led by the Seal Beach Police Department.

The City of Seal Beach has contracted with the City of Long Beach to provide animal control services to Seal Beach for the past 19 years, from 2004 to 2023.

City officials began seriously considering the transition after operating cost increases prompted a review of the Long Beach animal control contract.

City staff conducted a comprehensive assessment of animal control services in general, as well as an exploration of alternative options for the City of Seal Beach.

In May of this year, several options were presented to the city council, and it was by the council's direction that animal control services were brought back within the city's oversight.

As of July 1, the Seal Beach Police Department has begun handling all

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CONSTRUCTION NOTICE

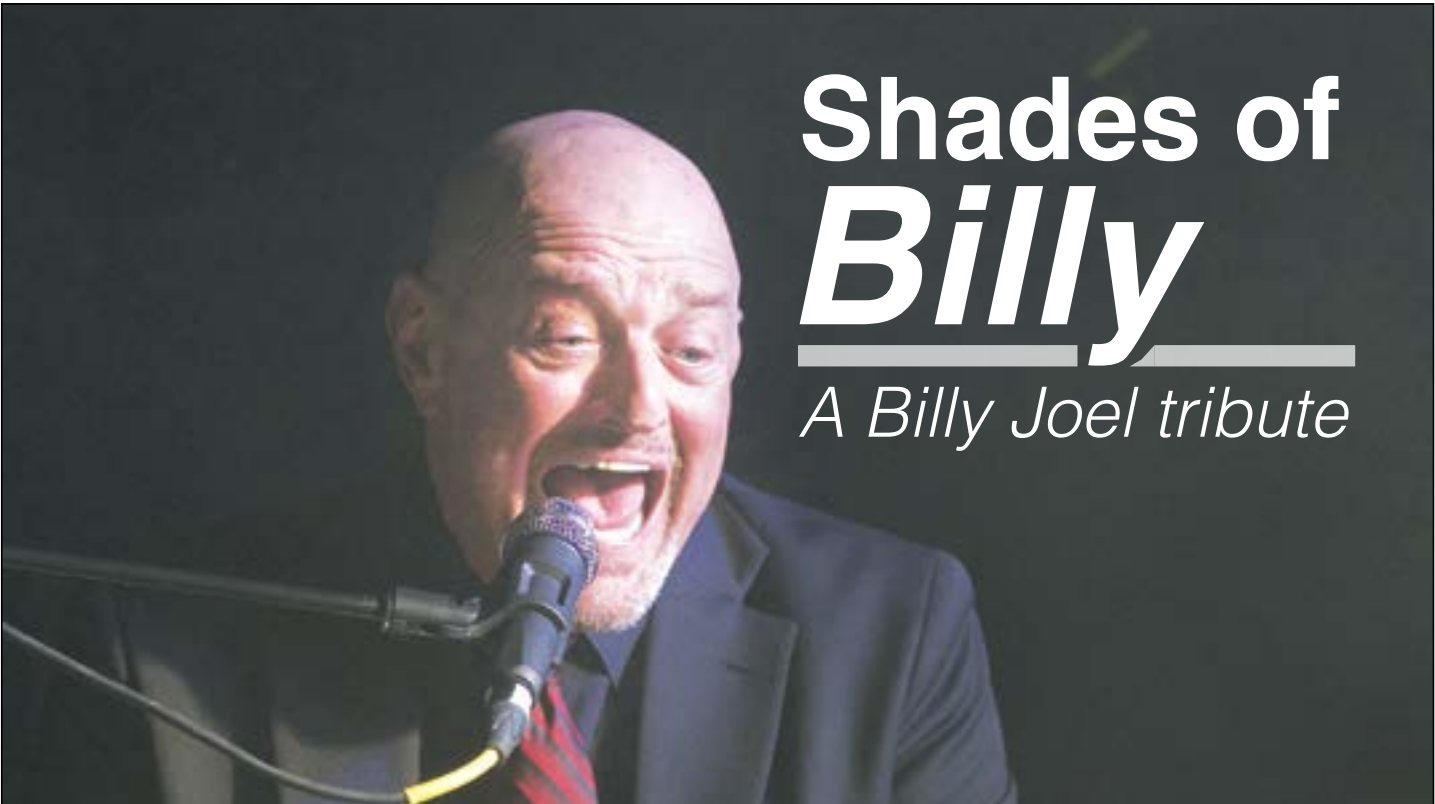
The sidewalk adjacent to the Verizon building on Northwood Road will be closed for several days. Pedestrians should exercise caution in the construction zone.

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This project is funded in part through a grant from the California Department of Aging, as allocated by the Orange County Board of Supervisors and administered by the Office on Aging. The conclusions and opinions expressed may not be those of the California Department of Aging and the publication may not be based upon or inclusive of all raw data.



Shades of Billy
A Billy Joel tribute

Steve Feller will perform Top 40 hits from Billy Joel, with guaranteed renditions of "Uptown Girl," "Piano Man" and "The Longest Time."

Billy Joel Tribute: Shades of Billy
Thursday, July 13 | 7:30 p.m.
Amphitheater Stage

Sponsor: MemorialCare

Shades of Billy is comprised of lead singer Steve Feller, who looks and sounds like Billy Joel, backed by a band of veteran players who bring the sounds of excellent horns, vocals, piano, guitars and bass to accompany Feller at the grand piano.

Feller has been performing Billy Joel's Top 40 hits for decades. With the finesse of his band, he brings an authentic re-creation of the best of the iconic singer. The concert includes such hits at "Uptown Girl," "Piano Man" and "The Longest Time."

Feller was born in Newark, New Jersey, in 1955 where he began singing and playing the piano at the age of 5. Always the show man, he entertained his parents guests at dinner parties with his strong vocals and later went on to perform and win on the Ted Mack Amateur Hour three times.

Before Feller was of legal age, he was performing in bars and clubs in New Jersey and New York and would have to

wait outside on his breaks. But this did not deter him from his calling as a piano-playing singing entertainer. When Feller was 17 his family moved to Los Angeles, California where he immediately fell into the musical world on the west coast. In high school in the 1950s, Feller joined a band that originated from a talent show. It ended up playing at all the local high schools and became very well known in the Southern California area. After high school, Feller joined several Top 40 bands and played all the songs as they hit the charts in the '70s and early '80s.

While performing a single piano act in Burbank, California his former band mates from high school started sitting in and in record time the band was reunited. They hit the road to become a sought-after vintage rock and roll band. During the next 30 years, the band opened for and performed with the likes of Chuck Berry, The Righteous Brothers, Three Dog Night, The Four Tops, The Temptations and many more.

Throughout all phases of his musical career, Feller has steadily performed Billy Joel songs as they hit the charts and is now showing tribute to his most revered iconic entertainer, Billy Joel, in his performance of "Shades of Billy."

See page 21 for the full season schedule and for a full list of amphitheater rules.

TRANSITION TO CINC PAYMENTS

ACH users: GRF will phase out Clickpay

The GRF is now 60 days into the CINC transition and will be discontinuing the old ClickPay payment processor on July 20. Additionally, monthly statements will be provided to shareholders in lieu of coupon books.

On May 1, the GRF began transitioning to the CINC software system, which includes a new payment processing tool for residents. Welcome letters with important registration information were sent to every household in May.

Shareholders on ACH (direct debit) through GRF are not impacted and won't need to do anything during this transition. Shareholders not on ACH (direct debit)

need to send payments to the lockbox, drop off payments with the cashier or they can log in to their online portal to make a payment.

The portal address is <https://lwsb.cincwebaxis.com>.

As a reminder:

- There is no charge to register for the portal. (Additional charges on shareholder accounts are most likely for residential repairs; bills for those services will be coming in the mail shortly.)
- To register for CINC, member information must match CINC's account information, so use the information

CINC, page 3

HEALTH RESOURCES

On-site health coalition celebrates first year in LW

On June 20, 2022, a collaboration of Orange County health agencies—including the Council on Aging, Alzheimer's OC, Adult Protective Services, Pathways and Meals on Wheels Long Beach—gathered together to announce their new roles as on-site providers for Leisure World residents.

Now, a year later, that collaboration's impact has made broad impacts on the LW community.

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COALITION
from page 1

The Council on Aging
The Council on Aging Southern California is a nonprofit organization that provides information, programs and services that promote the independence, health and dignity of older adults.

In Leisure World, the Council on Aging has served 97 participants so far through its ReConnect program and case management services. The ReConnect program offers screenings, support services and counseling to those experiencing emotional challenges, loneliness and/or health barriers.

Alzheimer's Orange County (AlzOC)

AlzOC is a nonprofit that offers help with a variety of programs at no cost. With 40 years of experience helping people affected by Alzheimer's disease and other dementias, its services and programs are designed for people struggling with memory loss. Beyond that, it also provides supportive programs for caregivers, families and friends



Representatives from the coalition of agencies pose in front of their then-brand-new signage. The on-site coalition just celebrated its one-year anniversary in Leisure World.

who face challenges caring and interacting with those who suffer from Alzheimer's and dementia.

In the past year, AlzOC and their partners have worked tirelessly to help AlzOC implement a Memory Support Team (MST) here in Leisure World, which is set to begin its first series of educational classes later this month.

The established Memory Support Team will provide home visits, memory screenings, home safety checks, medication reconciliation, and care planning to residents—all services that, at this time last year, could only be utilized through outside care providers.

The organization has also

hired two Care Team navigators and two Korean-speaking volunteers from SoMang, who are currently undergoing training.

In just a year, the team has completed 39 memory screenings, 55 individual consultations, and reached 265 residents through workshops on brain health and more.

Adult Protective Services

Adult Protective Services (APS) serves senior adults, protecting them from abuse, neglect or exploitation. It also advocates for seniors who have been harmed or are at risk of harm and can provide crisis intervention.

APS worked investigates and focuses on remedying cases of abuse, neglect or exploitation of adults 60 or older. They work closely with a wide range of allied professionals such as physicians, nurses, paramedics, firefighters and law enforcement officers.

APS also has a vast list of community resources and can assist the elderly and their family members in developing

individualized care plans.

In Leisure World, social workers continue to work diligently to help those in need, and are particularly focused on preventing and remedying neglect, abuse and exploitation.

Pathways

Through its care navigation program, Pathways focuses on empowering residents to find solutions that will help them remain safe and independent in their homes for as long as possible, while ensuring they have a care team to help them along the way. This team includes social workers, nursing students and volunteers.

In just one year, Pathways has made a hefty impact. The organization has served 170 shareholders, completed 124 individual cases with navigation and case management, completed 10 individual cases with finding hospice or an advocate, and helped 32 individuals with bereavement.

Pathways also started a friendly visitor program in LW, with 26 friendly visitor volunteers, all of whom are Leisure World residents. These trained volunteers can visit or call isolated older and disabled adults on a weekly basis.

Pathways case managers and social workers continue to work with LW residents to provide full in-home assessment and client care programs, as well as linking residents to additional services.

Meals on Wheels Long Beach

Meals on Wheels Long Beach, which provides healthy food to seniors in need, has helped 12 low-income shareholders and eight others with meal service. The Meals on Wheels Long Beach team currently serves 100 shareholders.

Golden Age Foundation

The Golden Age Foundation offers a constellation of support throughout Leisure World. The nonprofit volunteer group has been serving the community for 50 years with a variety of programs designed to enhance LW living.

Golden Rain Foundation

None of this would be possible without the GRF, which provided space, equipment and budget resources to get the on-site collaboration started.

In the past year, the collaborators have been laser focused on their goal: to help each resident thrive safely and successfully in the comfort of their own homes.

For Assistance

To set up an appointment with a social worker, call Robann Arshat at 562-431-6586, ext. 317.

For immediate help, contact:

- Council on Aging: 714-479-0107, www.coasc.org
- Alzheimer's OC: 949-955-9000, www.alzoc.org/services
- Adult Protective Services: 800-451-5155 (24 hours)
- Golden Age Foundation: 562-431-9589, www.goldenagedn.org
- Meals on Wheels Long Beach: 562-439-5000, ext. 1
- Pathways: 562-531-3031, www.pathwayshospice.org

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CONTRACT

from page 1

animal control services for the community.

“It is extremely gratifying to see Seal Beach take a leadership role in its city by deciding to operate its own animal services program,” said Long Beach Animal Care Services Acting Bureau Manager Melanie Wagner. “No doubt this will bring greater connectedness between the community and their newly established Animal Welfare Department.”

The essential role of Animal Control is to enforce state and local laws pertaining to animals and animal ownership. Animal Control Officers issue citations, investigation violations of animal care and welfare, and investigate violations of the municipal code.

They also provide education on the humane and required treatment of animals, as well as share information on how best to follow animal-related laws. Lastly, officers will respond to calls for service and provide care or impound for healthy, injured, sick, dangerous or deceased animals.

All SBPD Senior Community Services officers and police aids assigned to field duties have attended a course designed to provide animal control officers with the knowledge and skills necessary to respond to animal-related incidents.

Following a request for proposals, the nonprofit Westminster Adoption Group and Services (WAGS) was selected as the designated animal shelter for the City of Seal Beach.

For more information about WAGS, visit 6621 Westminster Blvd., call 714-887-6156, or visit <https://wagspetadoption.org>. They cannot take in wildlife; people who have concerns related to wildlife can contact the Wetlands and Wildlife Care Center at 714-374-5587.

Dog licenses that were previously tracked by the City of Long Beach will expire at the end of the year. The City of Seal Beach will provide more information on re-licensing animals in the coming months.

To report an animal control-related incident, contact the SBPD non-emergency line at 562-594-7232. For life-or-death emergencies, call 911. For more information about the Animal Control program, email animal-control@sealbeachca.gov.

CINC

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provided in the welcome letter referenced above. If member and account information don't correspond to that in the system, the shareholder will need to have GRF staff validate and approve the registration before access can be granted.

All checks sent to the lockbox or delivered to Finance should be addressed to the shareholder's Mutual and include the person's five digit, individual account number. Shareholders who need their account numbers should contact Finance at 562-431-6586, ext. 344.

AMPHITHEATER SHOWS

Watch signage when parking at Amphitheater shows



Security Services Manager Larry Norlander is keeping residents and first responders safe with his electronic ticketing device.

by Victor Rocha
Security Services Director

It is important to note that all parking rules and regulations are enforced in the Amphitheater parking lot during the summer concert series.

Vehicles have been observed parking in “No Parking” zones and in areas not designated for parking.

Vehicles have also blocked clear routes to entrances, exits, and corners inside the parking lot. Most importantly, illegally parked vehicles can slow the response for police and paramedic units to respond in an emergency.

Any violations of the parking regulations (including non-handicapped vehicles parking in a handicapped space) will be subject to citation.

In addition, any vehicle blocking access for emergency



Tickets are created using phone software that allows officers to input information about the offender.

vehicles to enter, drive through, or exit is subject to immediate tow.

We appreciate everybody's assistance in keeping the Amphitheater lot clear and safe.

OrthopedicCare.

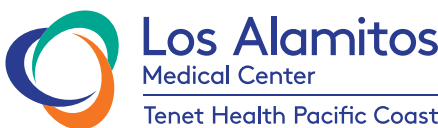
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PERSPECTIVES

Letters to the Editor

Editor:
I will chime in on the issue of the current lack of a pharmacy on the LW campus.
I found the convenience of the pharmacy to be wonderful, but I did not find it necessary. However, it closed right before I had knee replacement surgery. Therefore, I had to go to the overcrowded CVS with overworked staff, inundated with a bunch of angry, impatient, displaced seniors from you-know-where. I had to get my pre- and post-operative medicines and refills there. It was no fun.
I joked that the pharmacy would reopen after I didn't need the convenient service anymore. OK, I am all healed now, it is time for the pharmacy to reopen. It has been long enough by far. Oh, and by the way, I too am outraged.
Margo Wheeler
Mutual 6

Editor:
I work for a utility company, and I noticed that one of the palm trees in the Aquatic Center was planted directly underneath overhead power lines. The fronds are constantly rubbing the wire near the intersection of Golden Rain Road and St. Andrews Drive. No amount of trimming will alleviate this situation. The tree should be relocated elsewhere in LW.
Trees should *never* come in contact with power lines.
I am also a musician and wince when listening to music coming out of only one channel by the pool.
Can we relocate the other

speaker from the spa until the final system is installed so that we can hear both sides of stereo as the recording artists intended?
David Rettich
Mutual 4
Editor:
Good news! The Primrose Restaurant is open again. It's in Seal Beach Village, adjacent to the location of the farmers market every week. The kitchen is open every day from 7 a.m.-4 p.m., and the bar remains open till around 8 p.m.
Once it is able to get more staff, the kitchen will be open until 8 p.m., according to the owner.
We had a great breakfast on July 5 and very good service. Please come out and support the restaurant, which is within walking distance, to help it stay open.
The Leisure World bus stops at the center as well. Forks up.
Robin Abbott
Mutual 12

Editor:
Now that parking tickets will be issued for parking over 72 hours on GRF Trust streets, people need to know what streets are included, as it is my understanding that Mutual streets are excluded from this. Possibly signs should be posted.
Barry Allen
Mutual 10
Editor's Note: Trust streets include all named streets in Leisure World and are subject to GRF parking enforcement rules. Carport streets and other Mutual access roads are not subject to GRF parking enforcement.

Editor:
The Seal Beach Market closed in 2008.
It carried a full inventory, similar to what one would find in any other market. A majority of residents voiced complaints at that time.
After the Seal Beach Market closed, an "agreement" was reached by management with the HCC pharmacy. We have the Downtown Cafe, which might have accommodated items such as milk, butter and bread, but this concept never really got off the ground.
Now, we have to take the Seal Beach bus to grocery shop. Recently, I needed milk and had to use the bus for the first time. The bus operates on a fixed schedule.
I was accustomed to taking the car and completing my errand in minutes.
Since I lost my driving privileges due to my health, I found out how much I count on the pharmacy.
I am sure I speak for the majority of residents who came to Leisure World after they had retired from a lifetime of working, raising children and such. We came here to wind down our lives.
The idea of a store has been discussed and tossed out.
We can have groceries delivered, but it is an added expense we didn't have to consider.
There are some who wanted to make this a more active community, but I think we should take a step back instead.
Margie Meigs
Mutual 2

Perspectives Policy

Submissions in each of the following categories may be published at the discretion of the Communications Director.
Letters to the Editor: Letters, maximum 200 words, should be typed and delivered to LW Weekly by email (preferred), regular mail or hand-delivered. Letters must be of general interest to the community and may contain opinions, suggestions, compliments, and complaints without being scurrilous, libelous, defamatory, repetitive or otherwise inappropriate. The names of individual employees, titles and/or departments will not be permitted in letters that could adversely impact any Golden Rain Foundation employee directly or indirectly.
Member Column: At a maximum 500 words, columns may present an argument, opinion or information about pending issues of concern to the community. Priority is given to first-time or less frequent writers. Some names will be left out to protect privacy.
Contributor: Restaurant reviews, theater reviews or travel journal submissions are welcome subject to terms and conditions in the policy unless otherwise noted.

Copy & Supply Update

The Copy and Supply Center in Building 5 is open from Monday-Friday from 9 a.m.-4 p.m. (closed for lunch from 12-12:30 p.m.). The center offers a variety of items for sale, including File of Life sleeves for 91 cents plus 10 cents for the medical information sheet that fits inside; compost bags for the food scrap collection program; copy, notary and passport services; household light bulb disposal and the sale of emergency preparedness kits and replacement parts (stove top drip pan, light bulbs, etc.).

Setting It Straight

U.S. Rep. Katie Porter, (D), CA District 47, was inadvertently omitted from a "How to Contact Your Government" listing in the July 6 LW Weekly. Also omitted were California Sen. Janet Nguyen, (R), District 36; and Andrew Do, Orange County supervisor, District 1. The corrected listing is on page 5 of this issue of the paper.

OF MUTUAL INTEREST

Mutual 17 to begin enforcing parking rules on Aug. 1

by Tom McCabe
LW contributor

Mutual 17 has significant differences from the other 15 Mutuals in Leisure World.
The primary difference is that Mutual 17 is not a cooperative organization but a condominium organization.
The property is fully deeded and individual units are owned by the recorded owners. The common areas, grounds and infrastructure are under the authority of the Mutual 17 Association.
The costs related to the condominium unit are the sole responsibility of the unit's owner.
Costs incurred beyond the individual units are the collective responsibility of all the owners under the administration of the Mutual 17 Association.
Residents of Mutual 17 pay for all expenses with no financial support from the Golden Rain Foundation (GRF).
As Mutual 17 residents pay fees, they are entitled to the use of the trust properties administered by GRF.
As the land comprising Mutual 17 is all private property, it

is not part of any trust property and use of privately held acreage is governed by easement right agreements.
Easement rights have been granted for use by GRF and the other residents of Leisure World.
These are for the use of the roadway known as Del Monte Drive south of Golden Rain Road and extending to Burning Tree Lane in Mutual 1.
There are also emergency easements that wrap around the back sides of the three buildings that comprise Mutual 17.
No parking easements have ever been granted. All parking spaces on the grounds of Mutual 17 are private.
Like all other Mutuals, Mutual 17 parking is restricted to residents and their guests only.
People often mistakenly think that the parking area adjacent to Clubhouse 1 is for the community at large, but it is not. Those parking spaces are strictly reserved for the use of Mutual 17 residents.
Parking along Del Monte Drive south of Golden Rain Drive ending at Burning Tree Road is all privately held.

It is owned by the Mutual 17 Association and is not part of the Leisure World Trust property.
The parking spaces along this section of road are private and intended for the Mutual 17 residents and their visiting guests.
It is not for use by individuals visiting, using or attending events at Clubhouse 1, the Clubhouse 1 picnic area, the GRF Security Office, the On-Site Home Sales real estate office, the pool room, the shuffleboard courts and or the woodshop.
The easement agreement Mutual 17 has with Leisure World and the Golden Rain Foundation grants rights for the use of the roadway only, not for parking.
This section of Del Monte Drive is completely maintained by the Mutual 17 Association with no funds coming from GRF.
The Mutual 17 Association is putting the other residents and guests of Leisure World Seal Beach on notice that as of Aug. 1, vehicles not connected with the residents of the mutual will be subject to towing at the vehicle owner's expense.



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Presidents' Council Meeting Recap

THE PRESIDENTS' COUNCIL Clubhouse 4 and Zoom Tele-Video Conference

The regular monthly meeting of the Presidents' Council of Leisure World Seal Beach was convened at 9:03 a.m. by President Jeri Dolch on July 6 in Clubhouse 4 and via Zoom tele-video conference.

The following is a recap:

- Presidents' Council meeting minutes of May 4, 2023, were approved as written.

- John Hunter & Associates Representative Jillian Brickley and the Management Analyst from City of Seal Beach Sean Cabo provided an update on Seal Beach water restrictions adding that watering is restricted from 9 a.m.-5 p.m.

- The Security Services Director Victor Rocha provided an update on the Town Hall and the Access Gate installation.

- The Physical Property Manager Kevin Black provided updates on general projects in the community.

- Sr. Portfolio Specialist Ripa Barua presented the Mutual Administration and Stock Transfer monthly reports.

- The 2023 election results were also presented. Mutual 14 received 68%, which was the highest percentage of member participation during the 2023-2024 election and received the trophy.

- President Dolch appointed Cathy Gassman, Linda DeRungs and Ruthann Arlart to the nominating committee.

- The council members discussed moving the Presidents' Council meeting and amending the bylaws. There was a general consensus to move Presidents' Council meeting to first Wednesday at 1:30 p.m. in Clubhouse 4.

- RESOLVED to amend Presidents' Council bylaws by amending Article V – Meetings by changing the regular meeting of the council from the first Thursday of the month at 9 a.m. in Clubhouse 4, Section B to the first Wednesday at 1:30 p.m. in Clubhouse 4, Section B.

- The next meeting is on Wednesday, Aug. 2, at 1 p.m. in Clubhouse 4. It will be streamed via Zoom tele-video conference and on YouTube LIVE.

GRF Meetings

Golden Rain Foundation committee and board meetings are open to Leisure World residents. The following is a tentative schedule.

Thurs., July 13	GRF Administration Committee Conference Room A/virtual 10 a.m.
Tues., July 25	GRF Board Meeting Clubhouse 4/virtual 10 a.m.
Tues., July 27	GRF Board Executive Session Conference Room A 1 p.m.

A quorum or more of the directors may be present, only to listen and observe, and no formal board action will be taken at committee meetings. Attendees will be provided an opportunity to address the committee.

Mutual Meeting Schedule

Mutual residents are invited to attend the open meetings of their Mutual boards. The following is a tentative schedule.

Thurs., July 13	Mutual 12 Conference Room B/Zoom..... 9 a.m.
Fri., July 14	Mutual 3 Conference Room B/Zoom..... 9 a.m.
Mon., July 17	Mutual 15 Conference Room B/Zoom..... 1 p.m.
Tues., July 18	Mutual 14 Conference Room B/Zoom..... 1 p.m.
Wed., July 19	Mutual 5 Conference Room B/Zoom..... 9 a.m.
Wed., July 19	Mutual 7 Conference Room B/Zoom..... 1 p.m.
Thurs., July 20	Mutual 2 Conference Room B/Zoom..... 9 a.m.
Thurs., July 20	Mutual 11 Conference Room B/Zoom..... 1:30 p.m.
Mon., July 24	Mutual 8 Conference Room B/Zoom..... 9 a.m.
Wed., July 26	Mutual 10 Conference Room B/Zoom..... 9 a.m.
Thurs., July 27	Mutual 1 Conference Room B/Zoom..... 9 a.m.
Thurs., July 27	Mutual 6 Conference Room B/Zoom..... 10 a.m.

Family Radio Service Users

The Radio Club provides an opportunity for a Family Radio Service (FRS) practice drill every Wednesday. The call-in time is from 9:30-9:45 a.m. on Channel 13/0. Wait until the radio is clear, then press the side button before stating your first name, last name initial and Mutual number. Release when finished.

For more information contact Leisure World Radio Club President Rich Erickson at rjexn@yahoo.com or call 562-431-6586, ext. 409, to leave a message.

Expanded Hours at the Gates

Hours of operation were extended at the St. Andrews and North Gates starting last month.

The gates now open at 5:45 a.m. and close at 10:45 p.m. The extra 15 minutes in the morning is especially appreciated by early birds leaving for work or the gym, and the extra 45 minutes at night allow residents to quickly access the community while easing traffic at the front gate.

SIMPLY DELICIOUS

SENIOR MEAL DELIVERY SERVICE

07/17/2023 to 07/21/2023

Find more menu details at our website

A. 2 meals a day 3 days a week (Delivery: Mon, Wed, & Fri) \$99 per week
B. 2 meals a day 5 days a week (Delivery: Mon, Wed, & Fri) \$165 per week

Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH				
Turkey & Avocado Sandwich Potato Salad	Beef Tacos Coleslaw	Chicken Enchiladas Spanish Rice	Quiche Lorraine w/Leek & Bacon	Avocado & Bacon Cheeseburger
Seasonal Fruit	Mixed Berries	Seasonal Fruit	Mixed Berries	Fruit Salad
DINNER				
Chicken Tarragon Cream w/Pasta	Cajun Basa Grilled Zucchini	Salisbury Steak Mashed Potatoes	Shrimp Fajitas Flour Tortillas	Seafood Cioppino Pasta
Pastry	Seasonal Fruit	Pastry	Seasonal Fruit	Pastry



Salim Khoury
(562) 754-8487
www.simplydelicious.app

To ensure high quality, some items may be substituted.



Puzzles & Comics

Answers on page 26

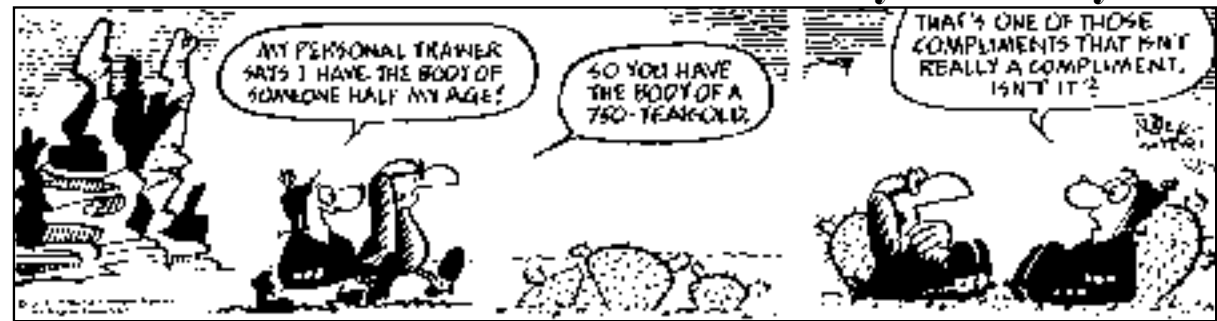
Gasoline Alley

By Jim Scancarelli



Broom-Hilda

By Russell Myers



Middletons

By Ralph Dunagin & Dana Summers



Los Angeles Times Crossword Puzzle

Edited by Rich Norris and Joyce Nichols Lewis

"THE FINAL FRONTIER" BY GARY LARSON AND AMY ENSZ

ACROSS

- 1 Country that's about 24 times larger than its average width
- 6 Vendor's wagon
- 14 Dental accessories
- 18 Nixon's under-slaughter
- 19 Illegitimate Unigrip
- 20 PDD, in the ER
- 21 Sensitized with one's work in the transporter room?
- 23 Miles'
- 24 "Sedgwick" love interest
- 25 NFL official
- 26 Foreigners' concerns
- 28 Dumbly stated
- 29 Informer
- 30 Setting for suburban
- 31 Black
- 34 Big mess
- 36 Title book in a classic board game
- 37 Heirloom of the USSR
- 40 One who gets in
- 42 Delam' Dr McCoy?
- 47 Series, in a way
- 48 Cover letters?
- 51 One may be parked
- 52 Fancy mapping
- 54 Money, mint
- 55 Apple product
- 56 Opening tempo of Dvorak's New World Symphony
- 58 "pulsar" calls MCM music
- 61 End of a waiting
- 63 Wigwag
- 66 Be silent, in music
- 68 Arch type
- 69 Phases singly?
- 70 Tiny
- 74 Kathleen's hymn "The Hunger Games"
- 76 Sun-dresses
- 77 Forward pass
- 79 Not with two wishes
- 80 Ski weekend destination
- 82 Paces
- 85 Flaminio should
- 86 Hankook brand named for a Mexican city
- 87 Recurring
- 90 Actor DeWitt

91 Warm-up of DNA sample liner k's a chief engineering officer?

DOWN

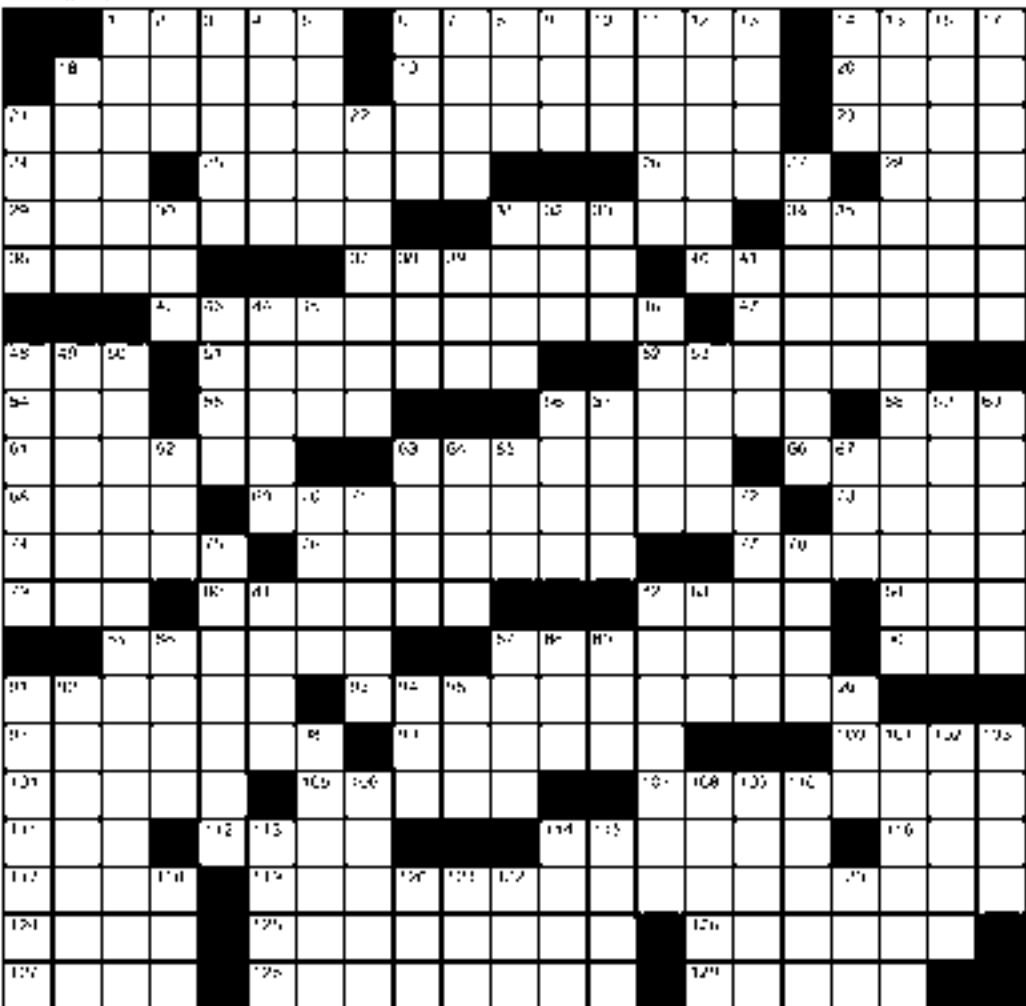
- 1 Means with self
- 2 Gender-specific pronoun
- 3 Less cordial
- 4 Easy talker
- 5 High master
- 6 "Easy to Be Hard" mascot
- 7 Song and dance
- 8 Unlabeled
- 9 Guilty party staple
- 10 "Bad Moon Rising" band
- 11 Adjust in a garage
- 12 Fight by night
- 13 Connected
- 14 School of thought
- 15 A lot of boldly going where no man has gone before?
- 16 Beverly Hills dog
- 17 Dark, street, way, with horn
- 18 18-holed
- 19 Frontier home
- 20 Homer Zerkow
- 21 Chrome "fleece"
- 22 Duke's cake
- 23 Bobby of the Bruins
- 24 Unlabeled or some banks
- 25 Gloomy
- 26 Wedding promise
- 27 Neome, e.g.
- 28 Massage
- 29 Injured in motorcycle
- 30 Techniques from Spanish horse park?
- 31 Fabled lock
- 32 Observing form in the wild, maybe
- 33 Skip up

167 Do Mollie of "The Sopranos"- 128 Luscious for Candy merit
- 129 Candy merit
- 130

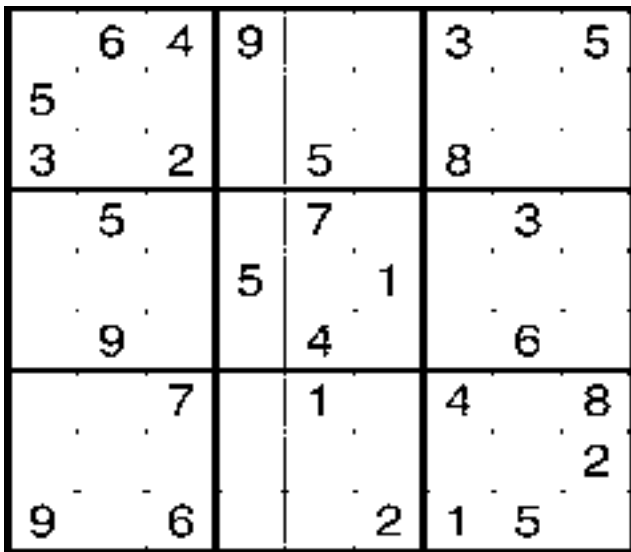
16 Pony up the service charge- 17 Museum pieces
- 18 Who
- 19 Our part
- 20 Hayou perhaps
- 21 Pair who used the name Ole Possum
- 22 Arab often after a comma
- 23 Carbox
- 24 Compound
- 25 Storage spot
- 26 Notation work
- 27 Sports tag name since 1910
- 28 Historic time
- 29 It's a wheel
- 30 Big name in cars
- 31 Elevator name
- 32 Duns, costly
- 33 Gearing area
- 34 Barely enough
- 35 News columns
- 36 Cakes of steel, as a PC
- 37 Hazy Mob
- 38 By replica of Captain Kirk's ship?

132 A Queen in the "Family" author- 133 Wondersnuck
- 134 Buenos
- 135 First marked
- 136 The same work
- 137 A low
- 138 Latin, Leland
- 139 Beyerle
- 140 deplorable brand
- 141 First word of all out one
- 142 Seinfeld
- 143 Cause of
- 144 Moon
- 145 Evenly
- 146 deposit
- 147 Wheel
- 148 connectors
- 149 Play devices
- 150 Game in pool
- 151 Start of a classic occupation
- 152 Fakes, more
- 153 Hapjack checker
- 154 Down overcoats, for short
- 155 How daughter in Howard's
- 156 Fine
- 157 Tabled course

158 Sign off letters online!- 159 Neon season
- 160 Blow away
- 161 Animation
- 162 "Heads on heads of..."
- 163 Julius Caesar
- 164 ENTsk
- 165 Is found in
- 166 Tantalus
- 167 Tighten the straps of, maybe
- 168 Sale to have
- 169 Examine
- 170 Composer
- 171 Shaky
- 172 Bogus
- 173 Chivalric
- 174 Nemo's creator
- 175 Hapjack
- 176 Makeup line
- 177 Calibrated at
- 178 Accent move
- 179 Screenshot
- 180 Nice
- 181 C.O. partner
- 182 Ju-ken detail
- 183 NYU seal



Sudoku 1



9 To 5 By Harley Schwadron



SCRABBLE G R A M S

PAR SCORE 270-280
BEST SCORE 323

FIVE RACK TOTAL
TIME LIMIT: 25 MIN

JUMBLE

Unscramble these four words and enter the letters in each square to form four ordinary words.

SELYT

VUREC

LATBOL

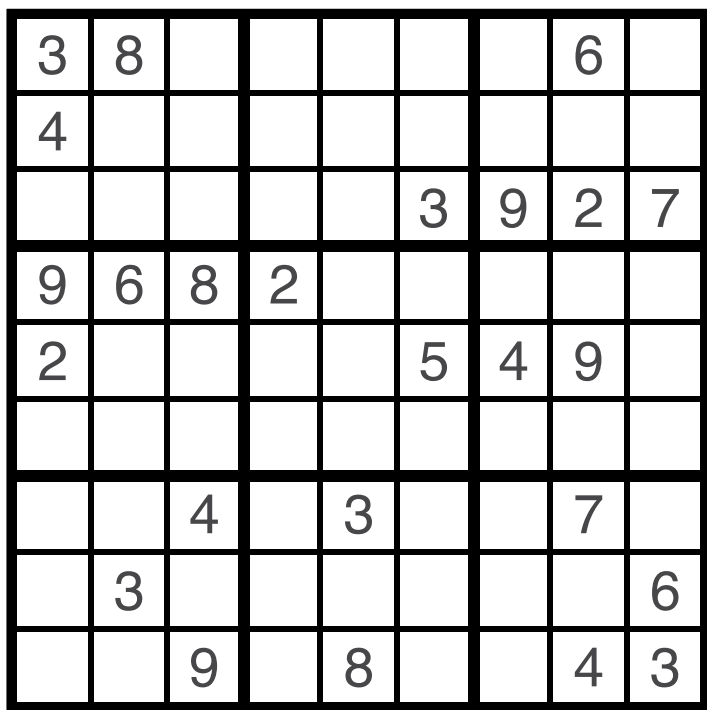
RUOOPT

THE

Guess Who?


I am a musician born in Scotland on March 31, 1955. I moved to Australia at age 13 and left school two years later. While my first instrument was the banjo, I'm known as a guitarist, co-founding a popular hard rock band of the 1970s and 80s.

Sudoku #2



Puzzles & Comics

Answers on page 26



Determine the code to reveal the answer!



Boggle
BrainBusters!

B	U	P	H
W	O	I	S
G	K	L	E
A	C	M	

By David L. Hoyt and Jeff Knurek

A	S	O	V	T
E	O	P	C	E
G	K	O	L	A
A	B	A	N	Y
E	L	Y	D	I

BOGGLE POINT SCALE

- (1 letters = 1 point)
- (2 letters = 2 points)
- (3 letters = 3 points)
- (4 letters = 4 points)
- (5 letters = 5 points)
- (6 letters = 6 points)
- (7 letters = 7 points)
- (8 letters = 8 points)
- (9 letters = 9 points)
- (10 letters = 10 points)
- (11 letters = 11 points)
- (12 letters = 12 points)
- (13 letters = 13 points)
- (14 letters = 14 points)
- (15 letters = 15 points)

YOUR BOGGLE RATING

151+ = Champ
101-150 = Expert
61-100 = Pro
31-60 = Garner
21-30 = Rookie
11-20 = Armchair
0-10 = Try again

Boggle BrainBusters Bonus

We put special brain-buster words into the puzzle grid. Can you find them?

Find AT LEAST FIVE EIGHT LETTERS OF WATER in the grid of letters.

AGRICULTURE WORD SEARCH

U	I	N	L	F	R	U	I	T	K	B	F	W	U	O	W	A	N	O	E
K	L	V	O	W	N	E	Z	I	A	M	B	I	B	I	D	R	P	R	S
S	P	S	U	I	U	G	N	S	B	N	T	I	E	A	O	I	R	W	U
D	U	R	H	P	T	B	P	R	A	T	K	I	U	H	M	I	A	M	O
M	D	O	E	I	F	A	V	E	G	E	T	S	B	L	E	I	P	W	H
H	I	Z	E	S	A	W	I	L	C	M	L	A	B	C	R	Y	C	N	E
B	V	S	P	C	E	R	C	N	G	E	K	F	B	L	E	I	P	T	E
I	I	F	H	G	A	B	V	U	E	Y	K	B	U	L	R	R	C	B	E
S	Z	E	Y	M	D	W	R	Z	U	M	Z	G	Z	U	O	S	S	B	E
W	D	R	N	B	V	M	L	A	Y	W	R	I	P	D	L	I	T	D	R
Y	S	L	O	N	I	U	R	E	T	F	I	O	F	F	I	F	E	I	G
R	I	O	L	O	T	A	M	W	H	I	O	A	Y	N	P	M	F	L	S
E	M	H	N	G	S	S	L	I	P	O	T	N	H	B	O	P	A	P	W
S	H	S	M	Y	F	Z	E	R	B	W	D	N	U	C	P	E	I	D	V
R	A	V	B	N	C	F	H	N	T	E	R	U	C	A	S	L	D	L	E
U	B	A	I	E	R	M	I	N	A	Y	E	A	W	F	U	U	M	D	P
N	R	E	G	B	K	Y	U	T	R	T	B	L	C	R	O	G	V	A	U
B	L	H	M	Z	E	D	I	L	E	S	U	V	V	T	W	G	A	U	

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ANNUAL
AWN
BIENNIAL
BULB
CAPSULE
DIPLOID
DOMINANCE
FERMENTATION
FERTILIZER
FRUIT
GERMINATE
GRAINS
GREENHOUSE
HERBACEOUS
HUSK
LEAFLETS
MAIZE
NURSERY
PRESERVATION
RIPE
ROOTS
TUBER
VEGETABLE
WOODY



HEALTH & FITNESS



Marianne Barlow

Wa-Rite

Wa-Rite's member Marianne Barlow has recently met her first weight loss goal and lost an additional 3 pounds the week ending June 30. The club lost a total of 19.5 pounds.

On June 30, the club's last meeting of the month was dedicated to sharing. Judy Chambers shared her experience with battling and balancing frugality and leftover pie (her freezer was the solution). A vivacious visitor shared her motivation for coming to the club due to loss of strict control over temptations in her kitchen.

Club members also had a discussion on interactions between medications and supplements and the importance of discussing it with a primary doctor. For example, many popular supplements contain anti-inflammatory herbs which might cause significant problems for those taking medication for cardiovascular issues.

Club members also talked about milk alternatives, lower cost collagen, and examples of specialty products for individuals with specific dietary restrictions. People also had an opportunity to taste some healthier alternative craving crushers.

Wa-Rite provides a supportive environment with shared information, experiences, accountability and whimsy. Club members work toward their shared goal of making the most of their golden years by being healthy and fit.

Those interested in better health and more energy are welcome. People can stop by and check out the meetings for free for up to three times.

The club meets every Friday in Clubhouse 3, Room 1. Weigh-ins are from 8:15-8:45 a.m. The meetings are from 9-10 a.m. Annual membership is \$10. Weekly dues are ten cents.

—Denise Stabile

Red Cross Blood Drive

Everyone who is eligible to donate blood is welcome to participate in a Red Cross Blood Drive event on Friday, July 14, at the Optum HealthCare Center from 9 a.m.-2 p.m.



Everyone is welcome to join the Walk/Hike Club in Leisure World. The club meets promptly on Mondays at 5 p.m. at the local sites. The walks/hikes are about three miles long and last one hour on average. More information will be posted

on Facebook—"Leisure World Community" on Friday for the following week's meeting. Dogs are welcome on leash and cleaning up after the dog is required. Carpooling is encouraged. For more information, call Mary Romero at 562-810-4266.



LW Bike Club members took a break in Long Beach after riding from Leisure World on Friday. Join the group at 9 a.m. at the North Gate on Sunday with breakfast, Monday, Wednesday and Friday. Group B departs from the

North Gate at 8:45 a.m. Bicycle helmets and safe shoes are required. Everyone is welcome. For more information on group A, contact Mary Romero at 562-810-4266; on group B, contact Lucy Cyza at 818-209-3075.

Introducing the LWSB Memory Support Team to LW residents

Alzheimer's Orange County, with the support of numerous community partners, is pleased to introduce the Leisure World Seal Beach Memory Support Team (MST).

The MST will provide a variety of memory support programs and services to LWSB residents concerned about memory loss and/or cognitive decline. MST is comprised of dementia care specialists and care team navigators who will team with residents to support their efforts to live productively and independently.

The development of the MST was influenced by the thoughtful and persistent advocacy of the Golden Age Foundation. Support for this program has also come from the Golden Rain Foundation, SoMang Society, Pathways Volunteer Hospice, CSULB Center for Successful Aging, LWSB Community Church, Meals on Wheels Long Beach and Orange County, LWSB Optum HealthCare Center and Alzheimer's Orange County.

MST programs and services include:

- Brain health classes
- Memory and cognitive screenings and memory training programs
- Early memory loss workshops
- Individual and family dementia care consultation and care options counseling
- Medication reviews and reconciliations
- Home safety evaluations and dementia related safety screenings
- Dementia education, interventions and resource linkages
- Advance care planning
- Caregiver well-being
- Behavioral management support
- Respite care programming
- Personalized dementia care management services
- Memory support outreach and engagement

Many of the above services will be accessible via phone or Zoom at the LW Social Services Office, at Clubhouses' events, and in the homes of individuals and families living with memory loss. Enrollment for in-home services will require a no-fee clinical assessment

MEMORY, page 9



Fitness Fusion Club members Kathy Giangorgi (l) and Anina Young practice meditation, which is how every Fitness Fusion Club meeting starts. People take deep breaths and focus on positive energy. The club meets on Tuesdays at 10:30 a.m. in Clubhouse 6 and Thursdays and Saturdays at 10:30 a.m. in Veterans Plaza. People can bring their own weights to Veterans Plaza for additional resistance. Everyone is welcome.

Meals on Wheels Long Beach

Meals on Wheels of Long Beach, Inc., delivers freshly cooked meals for \$9.75 per day Monday-Friday, between 10:30 a.m.-12:30 p.m.

Deliveries include an 8-ounce carton of 1 percent milk. An alternate dessert is available for those on a diabetic diet.

MEALS LB, page 9



LW residents enjoyed an interactive presentation sponsored by Reneu Health.

Monthly fall prevention series with Reneu Health packed a full house at Optum HealthCare Center

by **Katya Lukina**
LW staff

On Wednesday, July 5, over 30 residents attended the monthly fall prevention series at Optum HCC presented by Christian Valentin and Divina Degarriz from Reneu Health. According to CDC, about 36 million falls are reported annually among those 65 and older. 800,000 seniors are hospitalized annually for head injuries and hip fractures due to falls. In addition, falls are the most common cause of trauma to the brain.

Stress, anxiety and rushing can put anyone at risk for falling. Slowing down and learning how to breathe can provide a foundation as well as finding the alignment in daily movements. For example, looking straight ahead and putting feet inside the walker while using it is a good example of finding the balance and keeping the correct posture. Valentin advises taking the walker along for the ride using sensory inputs—the response in sensory organs such as eyes, ears, nose, tongue and skin when they receive stimuli.

Postural alignment plays a big role in:

- Injury prevention
- Organ function
- Brain health
- Increased energy levels
- Minimal wear and tear
- Better circulation
- Optimal lung capacity
- Chronic pain prevention



Christian Valentin demonstrates the seated external shoulder rotation to the attendees.

“I found this event to be informative, helpful and very well attended, and slow enough to understand. The group was eager for more, and the evaluations are valuable.”

—Christine Bird, Mutual 5

- Maintenance of the muscle function.

All of those variables create a positive cycle that aids in fall prevention. To improve the brain health, the powerhouse of the body, Valentin suggests standing up for a phone call, sitting straight when watching TV, and having a contact with the floor.

The attendees practiced the correct foot and knees placement while seating, and the external shoulder rotation under

Valentin’s guidance. Forward and backward arm circles were also suggested as part of the posture alignment exercise.

Reneu Health offers a free 30-minute consultation to those interested in learning more about alignment and fall prevention with a sign-up sheet available at the end of each presentation that is held every first Wednesday of the month at 11 a.m. in Optum HCC Large Conference Room. The next meeting is on Aug. 2.

MEALS LB from page 8

Contact Client Manager **Caron Adler** at 562-439-5000, ext. 1, or visit www.mowlb.org to complete an online application or cancel a meal for the following day, before 9 a.m. the prior business day.

Thursday, July 13

Turkey chili, cornbread, green beans with pimentos, ham and cheese sandwich with lettuce, tomato and pickle, and a carrot and raisin salad.

Friday, July 14

Garlic butter fish, brown rice, creamed corn, zucchini with tomatoes, watermelon, spinach salad with chicken, mandarin oranges, cranberries, Feta cheese, vinaigrette dressing and crackers.

Monday, July 17

Stuffed cabbage casserole, whole grain roll, seasoned carrots, banana, tuna salad sandwich with spinach and tomato, and homemade macaroni salad.

Tuesday, July 18

Roast beef with mushroom gravy, au-gratin potatoes, chocolate pudding, Chinese chicken salad with mandarin oranges, cabbage, carrots, onion, Asian dressing and crackers.

Wednesday, July 19

Polish sausage with onions and red bell peppers, baked beans, lemon pepper broccoli, cantaloupe, ham and cheese sandwich with lettuce, tomato and pickle, and a tricolor pasta salad.

MEMORY from page 8

provided by the clinicians of the MST.

All the above services with the exception of Respite Care Programming will be provided at no cost. The LWSB MST is funded in-part by a federal grant (CA 90ADPI0096) from the Administration for Community Living, including additional financial support from the Golden Age Foundation and Alzheimer’s Orange County. MST services will be offered in English as well as Korean.

Individuals interested in participating in the Memory Support Team can call the AlzOC Helpline at 844-373-4400, Monday-Friday, 8:30 a.m. - 4:30 p.m. or email info@alzoc.org.



Katya Lukina

Chung Ja Lewis of Joyful Line Dance leads the group with an easy to follow and gracious routine. The joyful Line Dance summer party is today in Clubhouse 2, from 10 a.m.-1 p.m. with an authentic Korean food for lunch. Those who signed up should come to Clubhouse 2, not Clubhouse 6. It will be a fun day with over 50 attendees. For more information, text 562-301-5339.



Led by instructor Mel Lockett, the Ballet Fitness Club offers full body exercise on Saturdays from 1:30-2:30 p.m. in Clubhouse 6.

Meals on Wheels Orange County

Meals on Wheels Orange County in partnership with the city of Seal Beach is hosting *The Lunch Cafe* at the North Seal Beach Center, 3333 St. Cloud Dr., Seal Beach, Monday-Friday, from 11 a.m.-noon. It is open to anyone 60 or older. Suggested contribution is \$3, but everyone is welcome.

Guests under 60 can enjoy lunch for \$5. Arrive 10 minutes before the start time as meals are served on a first-come, first-served basis.

LW Minibus service is available for a pick up at 10:25 a.m. at the Amphitheater bus stop on St. Andrews Drive, with a drop off at the Community Center. The Minibus returns to the Amphitheater at 11:40 a.m.

Thursday, July 13

Beef stew with vegetables, whole wheat bread with Smart Balance, and a mandarin orange.

Friday, July 14

Diced chicken with orange sauce, brown rice, oriental vegetable blend, and a sugar-free pudding.

Monday, July 17

Mexican corn soup with sugar-free crackers, signature chicken salad, barley mushroom salad, whole wheat dinner roll with Smart Balance, and canned peaches.

Tuesday, July 18

Vegetarian lasagna, Scandinavian vegetable blend, broccoli and cauliflower, whole wheat crackers, and a sugar-free apple crisp.

Wednesday, July 19

Vietnamese chicken strips with pineapple coconut curry sauce, brown rice, spinach, orange juice, and a sugar-free pudding.

LW Yoga Club

The LW Yoga Club has outdoor yoga classes every Tuesday at 10:15 a.m. in Veterans Plaza. The club also offers classes on Wednesdays in Clubhouse 6 at 9 a.m. with Sally Burns and at 10:15 with Travis Otts-Conn, and online classes on Tuesdays and Thursdays with Jenny Ahn. The cost is \$8 per class. New and experienced yogis are welcome.

For more information, contact Connie Adkins at 562-506-5063.

RELIGION

Beit HaLev

Beit HaLev with Rabbi Galit-Shirah conducts online livestream Shabbat services every Friday evening.

To join the Beit HaLev “Zoomagogue” for its interactive service go to <https://us-02web.zoom.us/j/9152434704?pwd=THJGTE1OUXI5VXFDTWtuZHF4K3VxUT09>. The livestream can also be viewed on Facebook at www.facebook.com/galityomtov or on YouTube at <https://www.youtube.com/@beithalevlive8816/streams>.

Shabbat Ma’ariv services are every Friday at 5 p.m. The Torah will be read at services on Friday evenings; Saturday morning services are suspended until further notice.

This week, The Torah reading is a double Parashah: “Matot-Masei” (Tribes-Marches) from Numbers 30:2-31-54. The Israelites are instructed regarding vows and oaths made and vows cancelled. “Masei” lists all the journeys the Israelites had taken since leaving Egypt.

All Beit HaLev services share the new special prayerbooks onscreen, “Lev L’Lev,” which include excerpts from the Reform Siddur, “Mishkan HaT’filah.”

Beit HaLev and Rabbi Galit-Shirah are affiliated with the Union of Jewish Universalist Communities and Clergy and the International Federation of Rabbis. It is progressive in thought and traditional in liturgy. The services are joyous, meaningful and musical. Beit HaLev welcomes everyone who seeks a path to the Divine and don’t believe in labels. It considers all religions holy and valid.

To join Beit HaLev, call Rabbi Galit-Shirah at 562-715-0888 or email duets@icloud.com. Contributions to Beit HaLev are welcome and may be sent to: Beit HaLev, P.O. Box 2279, Seal Beach, CA 90740.



Rabbi Galit-Shirah

First Christian Church

First Christian Church of Leisure World teaches from God’s word, the Holy Bible, verse by verse.

It is a friendly church that welcomes all visitors to join in worship and explore God’s word together, “That we may be mutually encouraged by each other’s faith, both yours and mine” Romans 1:12.

Pastor’s Message

Abram was 99 years old when the Lord appeared to him and said “I am Almighty God; walk before Me and be blameless.” Fourteen years had passed since Abram had rushed of God’s plan and fathered a child with his wife’s maid.

In the passage, God has come once again to remind Abram of the covenant he had made with him to make him the father of numerous descendants, numbering more than the stars. Abram fell on his face and God spoke to him saying “My covenant is with you, and you will be the father of a multitude of nations.”

As God reaffirms this everlasting covenant, he ratifies it by changing Abram’s name.

In Genesis 17:5 God says, “No longer shall your name be called Abram, but your name shall be Abraham; for I have made you a father of many nations.” And indeed, He has done that very thing. Ishmael was born to Hagar, the maid of Sarah, and he is the father of the Arab nations. As First Christian Church proceeds in Genesis, people will see Sarah conceive by Abraham and bear a son, Isaac, who will be the father of the Israelites. Two great nations, one unplanned, one of the promise.

Weekend Services

Sunday services are traditional from 9:30-10:45 a.m. with hymnal music led by Janet Ray and Pat Kogak at the piano. This week, Sherry Parmenter will present the special music for the service.

Saturday services are more contemporary with Gregory Black leading worship with guitar accompaniment. The service is held from 9:30-10:45 a.m.

Midweek Studies

The women’s Bible Study, led by Melli Herrera, will be on summer break until July 24. Pastor Gary Whitlatch leads



Pat Kogak

the Tuesday Bible study group from 9:30-10:30 a.m.

The Thursday Bible study group, led by Pastor Bruce Humes, meets from 10:30-11:30 a.m.

Pastor Humes also leads the prayer and Bible study group on Fridays from 6-7 p.m.

All Leisure World residents are welcome to attend the above services and Bible studies.

Scripture of the Week

“The Lord’s mercies never cease, for his compassions never
FCC, page 11

Community Church

Life is a series of choices. In his letter to the Romans, Paul writes about choices; specifically of the choice between law and life. He encourages readers to choose the Spirit of Life.

Community Church will look at how to choose the Spirit of Life this week.

What does it mean for believers to choose the Spirit of Life today? A person may have made good choices to end up where they are, but the truth is there are still many choices to be made. How should believers make decisions on what they are presented with today?

Community Church’s worship service is at 9:50 a.m. each Sunday and is followed by a time of food and fellowship.

A celebration of life for Thelma Kieffer will be held on July 14 at 11 a.m. in the church sanctuary. Thelma’s life of spunk and deep care for others impacted so many in lives in this church, the Leisure World community and beyond. People are welcome to join and celebrate her life that was so well lived and enjoy a meal together.

Community Church services are also available on livestream via Zoom and Facebook at [@CommunityChurchLeisureWorld](https://www.facebook.com/CommunityChurchLeisureWorld). People can contact the church office for the Zoom link.

Those who are in need without another way to address that need may call the church office to leave a message 562-431-2503.



Thelma Kieffer

Assembly of God

Service/Gathering Times: Sunday morning at 10:30 in Clubhouse 3, Room 2. The Wednesday Bible study is at 10 a.m. in Clubhouse 3, Room 2. The Hymn Sing is held on the fourth Sunday of the month at 6 p.m. in the Clubhouse 3 Lobby.

This week’s sermon: “Reason for Hope,” from 2 Corinthians 4:16, is the message Pastor Dan Wilderman will share this Sunday. People will be encouraged and uplifted by this positive message, a beacon of light in a world inundated with negativity. For the believer, there is always hope.

Bible Study: The next installment of the Bible study “Job” by Francis Chan will be held on Wednesday, July 19, at 10 a.m. in Clubhouse 3, Room 2. A brief, compelling video teaching is followed by interactive, moderated Bible study. Students gain new insight into this familiar portion of the Bible



Pastors Chuck and Sheryl Franco

as they dive deeply into the scripture and share insight. This study is gaining new students each week.

Contact: More information about the church can be found at www.lwassemblyofgod.com.

Those who would like prayer or a DVD of the sermon can contact head pastors Chuck and Sheryl Franco by emailing

pastorchuck@lwassemblyofgod.com, or calling 562-357-4360. Carolyn van Aalst is also available to submit prayer requests for the prayer chain at 562-343-8424.

Pastor Chuck’s sermons are on the Faithlife app under “Leisure World Assembly of God,” where people can also give online.

Church of Jesus Christ of Latter-day Saints

Meetings for the Atherton Ward are held at 6500 E. Atherton St., in Long Beach.

The sacrament service is held every Sunday at 10:30 a.m., followed in the second hour by Sunday School on the first and third Sundays, Relief Society and Elders Quorum on the second and fourth Sundays. Primary classes for children are held every Sunday during the second hour. Members who are unable to attend Sacrament

services in person can request a link from Bishop Mike Gravley at 562-212-8641.

The reading source for this year is the New Testament. The reading assignment for the week of July 17-23 is Acts 10-15.

The devotional “Come, Follow Me” says “During his mortal ministry, Jesus Christ often challenged people’s long-held traditions and beliefs. This didn’t stop after he ascended into heaven, as he continued to guide

his church by revelation. “For example, during Jesus’s life his disciples preached the gospel only to fellow Jews. But soon after the savior died and Peter became the leader of the church on earth, Jesus Christ revealed to Peter that the time was right for the Gospel to be preached to non-Jews. The idea of sharing the Gospel with gentiles doesn’t seem surprising today, so what’s the lesson in this account for us?”

Buddha Circle

Buddha Circle will meet on Saturday, Aug. 5, in Clubhouse 3, Room 1, with Ven. Kusala from 9:30-11 a.m.

Ven. Kusala is well known in the Buddhist community. He presents Buddhism in simple ways and teaches people how to suffer less and become happier.

Buddha Circle is an interaction-based group, and those who attend are encouraged to ask questions. Donations are welcome and will support Ven. Kusala in his teachings.

For more information, call 714-468-6887.



Pastor Sheri Leming

Faith Christian Assembly

2 Timothy 3:1 warns, “But know this, that in the last days perilous times will come.” The Apostle Paul assures Timothy that persecutions and trials were to be expected by all who aimed to lead holy lives and that it was certainly to be expected that evil men would become worse and worse.

Jesus said in John 16:33, “In me, you may have peace. In the world, you will have tribulation; but be of good cheer, I have overcome the world.” Times like these can have a tendency to make people feel anything but “good cheer.”

When Goliath was taunting Israel, 1 Samuel 17:24 says that the men of Israel were “dreadfully afraid.” But it also says that the young David “ran to the battle” (17:48) to meet Goliath. What made him do that? Earlier in the passage, David experienced victory in battles with a lion, and a bear. He was confident that Goliath would meet the same end as they did.

1 Samuel 17:37, David said, “The Lord, who delivered me from the paw of the lion and from the paw of the bear, He will deliver me from the hand of this Philistine.” David’s confidence was in the Lord, even though his brothers and others criticized him for his boldness in facing this challenge. They evidently were convinced that facing a bear or a lion was completely different from facing Goliath. But David knew he trusted God to be the same deliverer.

Even when believers find themselves in the middle of “interesting times,” they can make a decision to set their minds on those lions and bears that the Lord delivered them from in the past.

Sunday service times are at 10:30 a.m. and 5:30 p.m., with pre-service prayer offered at 5. Those who are interested in growing through community are welcome to join the men’s or women’s ministries. The groups meet the third Thursdays of each month at 1 p.m.

To receive more information about the church or to receive the free monthly newsletter, call the office at 562-598-9010, email contact@fcachurch.net or visit www.FCAchurch.net.

HOLY FAMILY CHURCH



Father Joseph Nguyen (r), pastor at Holy Family Church, and Father Jim Hartnett (l), pastor emeritus, celebrated their priesthood anniversary two weeks ago. The parish held a reception with a delicious cake and refreshments. Holy Family Church is located at 13900 Church Place, next to St. Andrews Gate. For more information, visit www.holyfamilylsb.com.

Religion Directory

The religion directory provides the latest information about church services. To submit updates, email laurieb@lwsb.com.

Assembly of God

Sunday service, 10:30 a.m.
Clubhouse 3, Room 2
562-357-4360

LW Baptist Church

Sunday service, 10 a.m.
Clubhouse 4
562-430-2920

Beit HaLev

Friday, 5 p.m.
Livestream on Zoom, YouTube and Facebook

Buddha Circle

First Saturday of the month
Clubhouse 3, Room 1
9:30 a.m.
714-468-6887

LW Community Church

Sunday worship, 9:50 a.m.
Livestream available on Facebook
14000 Church Place
562-431-2503

Congregation Sholom

Friday service, 6:30 p.m.
Saturday service, 10 a.m.
Clubhouse 3, Room 9, and Livestream via Zoom

Faith Christian Assembly

Sunday service, 10:30 a.m., 5:30 p.m.
Pre-service prayer on Sundays at 5 p.m.
Midweek Bible Study, Wednesday, 11 a.m.
13820 Seal Beach Blvd., 562-598-9010

First Christian Church

Friday Prayer Meeting, 6 p.m.
Saturday Service, 9:30 a.m.
Sunday Service, 9:30 a.m.
Chapel on Northwood Road, 562-431-8810

Holy Family Catholic Church

Mass, Mon.-Sat., 8:30 a.m.
Saturday, 5 p.m.
Sunday, 8 a.m., 10 a.m., noon
13900 Church Place, 562-430-8170

Church of Jesus Christ of Latter-day Saints

Sacrament Mtg., Sunday, 9 a.m.
Sunday School, 1st and 3rd Sundays, 10 a.m.
Elders & Relief Society, 2nd and 4th Sundays, 10 a.m.
6500 E. Atherton St., Long Beach

LW Korean Community Church

Sundays at 11:50 a.m.
Prayer meetings on Tuesday-Saturdays at 6 a.m.
14000 Church Place
714-323-0897

Redeemer Lutheran

Sundays at 10:30 a.m.
Sanctuary service, Sunday, 10:30 a.m.
13564 St. Andrews Drive, 562-430-8619

St. Theodore's Episcopal

Sundays at 10:30 a.m.
13564 St. Andrews Drive
562-430-8619

Congregation Sholom

Congregation Sholom will host an oneg following services on Friday, July 14, in Clubhouse 3, Room 9 at 6:30 p.m. Services will be conducted by Rabbi Eric Dangott. The service will also be available on Zoom.

Rabbi Dangott will also lead the hybrid services on Saturday, July 15, in Clubhouse 3, Room 9, and via Zoom at 10 a.m.

To receive a Zoom invitation call or text Jeff Sacks at 714-642-0122.

This week’s Torah portion is Matot-Masei from the Book of Numbers. Matot (Tribes) opens with laws about vows, and continues to describe the Israelites’ war against the Midianites and the allocation of spoils. The tribes of Reuben and Gad request to dwell outside of the Land of Israel, and Moses acquiesces on the condition that they help conquer it. Masei (Travels), the final Torah portion in the Book of Numbers, opens with a list of places that the Israelites traveled in the desert. God commands the Israelites to destroy idolatry in the Land of Israel, outlines Israel’s boundaries, and details the laws of cities of refuge for accidental killers.

Those who want to become a member of Congregation Sholom should call Howard Brass at 714-396-0121 for a membership packet.

LW Baptist Church

Christians share the same faith. Peter wrote to Christians all over the Mediterranean world, saying “To those who have obtained a like precious faith with us through the righteousness of our God and Savior Jesus Christ,” 2 Peter 1:1.

New life in Christ produced this likemindedness. It is the result of being part of the family of God and having heaven as a believer’s home.

LW Baptist Church meets for Sunday worship at 10 a.m. in Clubhouse 4.

For more information about the church, call 562-430-8598.



Pastor Rolland Coburn

Redeemer Lutheran Church

“Bloom Where God Plants You” is the theme for Redeemer Lutheran Church’s worship service on Sunday, July 16, at 10:30 a.m.

LWers are invited to join the community and share the word and Communion in the sanctuary at 13564 St. Andrews Drive, across from the administration building where ample parking is provided.

Dee Sessa and Teresa Smith are this week’s greeters. Susan Sinner will sing a solo titled “What Wondrous Love is This” for the meditation time and Sharon Heck will play the organ.

Redeemer Lutheran thanks those who have contributed generously to its continuous food drive. People can bring non-perishable food to the church any time to be distributed to those in need in the broader community.

The church is blessed to have an outdoor chapel that reflects God’s light on sunny days, and is available 24/7 for prayer and contemplation. People are welcome to come to the side of the church (on the north side, near the golf course) to pause, sit on the bench, rest and pray.

For more information about the church or its outreach service within the community, call 562-598-8697.

Women's Bible Study and Fellowship Group

The Christian Women’s Bible Study and Fellowship Group will meet on Monday, July 24, in Clubhouse 3, Room 6, at 10 a.m.

The group will discuss chapters 10 and 11 in the book “A Woman’s walk with God.” All are welcome to attend.

For more information, contact Marge Singleton at 562-594 or Jean Davidson at 562-431-0597.

FCC

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fail. They are new every morning; ‘Great is Your Faithfulness.’

“The Lord is good to those who wait for Him” Lamentations 3:22-23,25.

Contact

First Christian Church is located on Northwood Road behind Carport 125. Those who have a need or want more information can call the church message line at 562-431-8810. The call will be returned at the earliest opportunity.

COMMUNITY



GAF volunteers will be on site to help with recycling. Battery recycling program returns July 18

The Golden Age Foundation will host a battery recycling service on Tuesday, July 18, in the Clubhouse 2 parking lot from 10 a.m.-noon. GRF ID is required.

GAF will collect approved batteries such as alkaline, carbon zinc, nickel cadmium (NiCd), nickel metal-hydride (NiMH), lithium ion (Li-Ion), lithium metal, silver oxide, button cell batteries and all other dry cell batteries.

This includes all household batteries, cell phone and laptop batteries and small, button-type batteries. Place each lithium battery in a separate bag to comply with recycling requirements.

It is very important for LWrers to recycle batteries instead of throwing them in the trash to keep waste fees low and the planet clean. Note that this service is for residents household batteries only; no business batteries.

For more information, call Carl Kennedy at 661-810-9410.

GAF & RALPHS REWARDS



Judie Ebert (front, left), from Mutual 9, visited the Golden Age Foundation's booth in Clubhouse 6 to sign up for the Ralphs Community Reward program. Each Wednesday, GAF Board members are in Clubhouse 6 from 9-11 a.m. to assist residents in signing up for the free program. To sign up, the GAF will ask for a resident's full name, email and the phone number connected to their Ralphs Rewards membership to complete the transactions. The information will be shredded after signing up. For more information, text 562-301-5339.

Korean Veterans Association



The Korean Veterans Association honored all Korean veterans with a dinner on June 25 in Clubhouse 4 at 5 p.m. Over 250 veterans and their families attended.



The Hui O Hula Club performed at the Korean Veterans Association's dinner to honor the veterans who attended.

FALW announces RSVPS are open for annual luau

After the success of the Filipino Association of Leisure World's (FALW) veterans picnic on July 2, the club is now preparing for its annual luau-dinner dance that will be held on Saturday, Sept. 2, in Clubhouse 2.

This special event is not one that LWrers want to miss. Residents will be wowed by the special performances from the Mahana Dance Group that sway hearts and transports people to an island with a refreshing ocean breeze. These talented young men and women will perform



The Mahana Dance Troupe will dance at the FALW luau.

dances from Hawaii, Tahiti, New Zealand and other Marquesas Islands. David Noferi and his Second

Winds Band will provide the music for dancing at the event.

Pacific Island cuisine will be served to satisfy taste buds. The main dish will be a whole roasted pig cooked to perfection.

There are a limited number of tickets available for sale for \$40 per person. A table of eight will cost \$280.

For more information or to RSVP, call: Ric Dizon at 714-225-3597, Ed Bolos at 551-998-4223, Harry Varnas at 323-791-1141 or Ren Villanueva at 323-854-6209.

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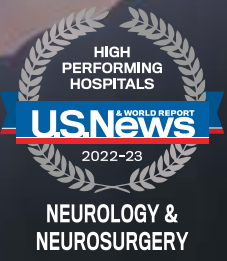
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Martin James Flores is a Registered Representative with securities and advisory services offered through LPL Financial, a Registered Investment Advisor, member FINRA/SIPC, CA Insurance Lic. #0C87640

News copy deadline is 4 p.m., Thursday, one week prior to the desired publication date.



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LW ANNIVERSARY



Harold and Marion Weinger of Mutual 14 will celebrate their 69th wedding anniversary on Friday, July 14. Harold and Marion moved to Leisure World from Detroit, Michigan, in 2000. Harold married Marion in 1954, and they have two children (their son Steve lives in Utica, Michigan, and their daughter Marsha lives in Rossmoor, California), five grandchildren and great great-grandchildren. Harold spent several years in the Army serving the military and earned the exclusive privilege to protect President Truman. Harold managed many grocery stores and bakeries and was also a food broker throughout his career. Harold and Marion enjoyed raising their children and helped to raise some of their grandchildren as well. Harold and Marion enjoy visiting with friends and family as well playing with their golden doodle and golden retriever grand-dogs. They are excited since their son and his family (six people total) will be visiting them from Michigan in a few weeks. Their family wishes them a happy 69th wedding anniversary!

Celebrating a birthday, anniversary or retirement?

Let the LW Weekly celebrate with you. Email submissions and high resolution jpgs to: laurieb@lwsb.com
The deadline is the Thursday before the desired publication date.

RELATIVELY SPEAKING



Mutual 5 shareholder Anna Derby (front, left) and Yeu Hee (front, right) and Young Hwan Lee (r) didn't know their grandchildren attended the same high school until they ran into each other at the Santa Monica High School graduation night. They learned Rebekah Raphling, Derby's granddaughter, and Lucas Yun are friends, among the 650 2023 graduates. The two were so surprised and happy to run into each other. Now their grandchildren know their grandparents live in the same place, Leisure World.

SUNSHINE CLUB

Learn what the City of Seal Beach has to offer

Management Analyst Lauren Barich and Recreation Specialist Erika Halberg from the City of Seal Beach will speak at the Sunshine Club on Friday, July 14, in Clubhouse 3, Room 2, at 10 a.m.

The city is eager to share updates and resources with Leisure World residents.

The city also hopes to receive feedback from residents and learn what opportunities seniors want to see more of in the city of Seal Beach.

Topics of discussion will include transportation programs, recreation classes and other ways to get involved in the city.

All residents are welcome to join the meeting. The Sunshine Club requires no membership fees, but donations are welcome. Refreshments will be served at



Lauren Barich



Erika Halberg

the meeting.

The club asks members to arrive promptly so as not to disturb the speaker's presentation. Those who arrive late are asked to use the back door quietly.

The Sunshine Club began on Jan. 12, 2012, with the mis-

sion of "Building Bridges for a Brighter Leisure World," and to help all people to get along in the community and get the best out of living in Leisure World.

For more information about the meeting or club, contact Anna Derby at 562-301-5339.

LW PEO Chapter KJ

After an almost four year hiatus, LW's Philanthropic Educational Organization. (PEO) chapter will meet for its annual fundraiser on Saturday, July 29, at 10 a.m., in Clubhouse 4. People are welcome to join the fun with cards, Bunco and lunch. There will be beautiful baskets auctioned off during the luncheon.

To buy tickets call either Nancy Bodziak at 562-607-2304 or Nancy Gee at 562-420-1953.



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SBTV-3 Listings

SBTV-3 airs on TWC-Spectrum Channel 3, Frontier Fios Channel 37 and online streaming at sbtv3.org/schedule. Have Roku? Go to <http://roku.streamsource.tv/add/sbtv>. The playback schedule is available at www.SBTV3.org.

Thursday, July 13

- 4 pm McGaugh 4th Grade Concert
 - 5 pm Cool Blue Jazz
 - 5:30 pm Bearizona 2023
 - 6 pm Studio Cafe
 - 6:30 pm Seal Beach Car Show
 - 7 pm All the Rest of the Songs
 - 8:30 pm Police Safety Awards
 - 10 pm Velvetones
 - 11 pm Abilene Band
 - 11:30 pm Patriotic Songs by Rob Roy
- Friday, July 14**
- 4 pm Safety Flags Installation
 - 4:30 pm GAF 50th Anniversary
 - 5:30 pm Studio Cafe
 - 6 pm Seal Beach Car Show
 - 7 pm Police Safety Awards
 - 8:30 pm Rough Seas Ahead

- 9 pm Velvetones
 - 10 pm Good News Singers: Precious Memories
 - 11 pm Bearizona 2023
 - 11:30 pm Road Trip
- Saturday, July 15**
- 4 pm Police Safety Awards
 - 5:30 pm GAF 50th Anniversary
 - 6:30 pm Studio Cafe
 - 7 pm LAUSD Meeting
 - 8 pm Seal Beach Car Show
 - 8:30 pm All the Rest of the Songs
 - 10 pm McGaugh Second Grade Concert
 - 11 pm Safety Flags Installation
 - 11:30 pm Cool Blue Jazz
- Sunday, July 16**
- 4 pm Studio Cafe
 - 4:30 pm Abilene Band
 - 5 pm Cool Blue Jazz
 - 5:30 pm Velvetones
 - 6:30 pm GAF 50th Anniversary
 - 7:30 pm Memorial Day Special
 - 8:30 pm Seal Beach Car Show

FALW VETERANS PICNIC



Anna Derby

The Hui O Hula Club performed for the Filipino Association of Leisure World’s veterans picnic on July 2.

GAF AT THE LIFE OPTIONS EXPO



The Golden Age Foundation (GAF) was one of the organizations that joined the GRF Life Options Expo on June 30 with 83 vendors offering information for LW residents. Many vendors were kind enough to donate baskets and gift cards to raffle off for residents. The GAF donated 10 of \$250 gift cards from Ralphs grocery store, plus two \$50 giftcards from Ralphs and Sprouts. GAF President Anna Derby (center, in red vest) and Expo Coordinator Roberta Ashart (r) presented giftcards to the winners of the raffle.

Democratic Club

by Mary Larson
LW contributor

Leisure World Democrats are encouraged to register in advance for the first meeting of the club’s newly reinstated Voter Awareness Program. The first gathering will be on Wednesday, July 19, at 1 p.m. in Clubhouse 3, Room 3.

This session is specifically designed to help current and

potential members better understand how the club functions as a component of the Democratic Party. Libby Frolichman, vice chair of the Democratic Party of OC, will also cover the role California Democrats have in decision making authority at all levels in the state. To register, call 562-296-8521 or email beverlybender@gmail.com.

Joanna Weiss will be the

featured speaker at the Democratic Club’s next meeting on July 26. She is one of several candidates running to succeed Katie Porter in the House of Representatives. Weiss founded the grassroots organization, Women for American Values and Ethics (WAVE). She is also an award-winning litigator and community organizer.

Weiss has received the backing of community leaders such

as the OC Board of Supervisors Katrina Foley, Congresswoman Linda Sanchez and former Rep. Harley Rouda. She also has the backing of EMILY’s List, a national organization dedicated to electing pro-choice women to office.

Porter, who is running to replace Dianne Feinstein in the Senate, has been invited to speak



DEMOCRAT, page 17 Libby Frolichman



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June Security Incident Report

The following is the Security Incident Report for June. It has been edited for clarity and brevity.

COYOTE SIGHTINGS:

- June 2, 3:07 p.m., Mutual 12
- June 3, 1:45 p.m., Mutual 12, near 35L
- June 3, 6:55 p.m., Mutual 12
- June 6, 5:30 p.m., Mutual 4, near 33H
- June 9, 9:40 a.m., Mutual 15, near Building 1
- June 16, 10 a.m., Mutual 10
- June 16, 10:30 a.m., Mutual 15

THEFT: 9

- June 7, 12:46 p.m., Mutual 11
An unknown person removed a resident's clothes from the laundry room.
- June 7, 5:37 p.m., Mutual 11
An unknown person removed an exhaust manifold from a resident's vehicle.
- June 16, 8:47 p.m., Mutual 15
An unknown person removed a resident's water heater.
- June 19, 9:40 a.m., Mutual 15
An unknown person removed a power chair from the carport.
- June 22, 9:01 a.m., Service Maintenance
An GRF employee reported items missing from his unlocked vehicle.
- June 23, 12:03 p.m., Mutual 14
An unknown person removed a hand truck and bicycle from the carport area.
- June 26, 1:19 p.m., Mutual 15
An unknown person removed a shopping cart and a ladder from the carport.
- June 28, 3:16 p.m., Mutual 5
An unknown person removed furniture from a patio.
- June 29, 9:49 a.m., Mutual 8
An unknown person removed a resident's cell phone.

VANDALISM: 2

- June 11, 4:15 p.m., Main Gate
An unknown person damaged the men's bathroom mirror.
- June 20, 11 a.m., Mutual 11
An unknown person cut electrical cords and cables from a scooter.

PET COMPLAINTS: 4

- June 14, 2:10 p.m., Mutual 7
Security responded to a barking dog complaint. Resident's dogs were heard barking upon arrival. Security advised

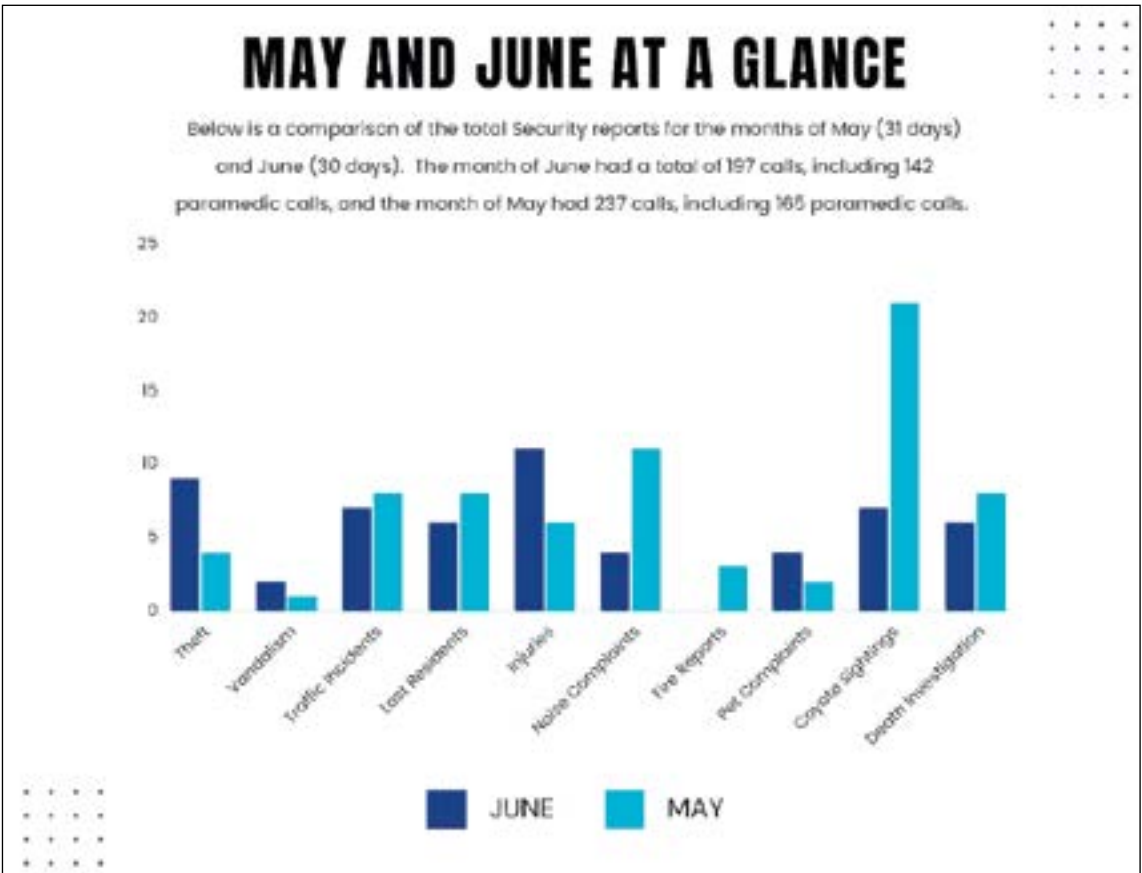
- resident.
- June 20, 8:22 a.m., Mutual 1
Security responded to a barking dog complaint. Resident's dogs were heard barking upon arrival. The resident was not at home. Security left a pet citation.
- June 24, 5:37 p.m., Mutual 1
Ongoing resident issue regarding neighbor's cat.
- June 29, 10 p.m., Mutual 10
A dog was found barking; Security left a pet citation.

TRAFFIC INCIDENTS: 7

- June 1, 3:35 p.m., 13421 Del Monte Drive
A resident stuck another moving vehicle while exiting the carport.
- June 3, 9:20 p.m., Mutual 4
A resident stated an unknown person damaged her vehicle's bumper in her carport.
- June 20, 3:50 p.m., Health Care Center
A resident lost control of a golf cart and struck a shuttle van.
- June 25, 5:55 p.m., 1420 Northwood Road
A vehicle drove into traffic from the curb and struck another moving vehicle.
- June 26, 3:35 p.m., Clubhouse 4 Lot
An unknown vehicle struck parked busses and fled the scene.
- June 30, 9:15 a.m., St. Andrews Gate
A vehicle in reverse struck a stopped vehicle at a stop sign.
- June 30, 2:30 p.m., Mutual 4/Golden Rain Road
A vehicle lost control, struck a bush and ended up in the middle of the street.

NOISE COMPLAINTS: 4

- June 4, 12:32 a.m., Mutual 1
Ongoing neighbor dispute regarding noise.
- June 9, 3:13 a.m., Mutual 1
Security advised a resident about a loud TV.
- June 15, 12:32 a.m., Mutual 1
Loud voices were coming from a unit. Security advised residents of the noise level; no further issues occurred.
- June 16, 11:41 p.m., Mutual 10
Loud voices were coming from a unit. Security advised residents of the noise level; no further issues occurred.
- June 26, 8:30 p.m., Mutual 12
Loud voices were coming from a unit. Security advised residents of the noise level; no



further issues occurred.

INJURIES: 11

- June 3, 5:18 a.m., Mutual 12
A resident fell while walking but did not require transportation to the hospital.
- June 11, 4:25 p.m., Mutual 2
A resident fell off an electric bike and was taken to the hospital.
- June 17, 12:04 p.m., Mutual 4
A resident fell while walking but did not require transportation to the hospital.
- June 22, 7:20 p.m., Mutual 1
A resident fell while walking but did not require transportation to the hospital.
- June 23, 7:18 a.m., Gym
A resident fell while working out and was transported to the hospital.
- June 25, 5:34 p.m., Mutual 9
A resident fell off a bike and was transported to the hospital.
- June 26, 9:41 a.m., Mutual 3
A resident fell while walking a dog but did not require transportation to the hospital.
- June 27, 2:25 p.m., Mutual 4
A resident fell off a bicycle and was taken to the hospital.
- June 28, 2:41 p.m., Mutual 5
A resident fell while walking but did not require transportation to the hospital.
- June 29, 7:40 p.m. Amphitheater
A resident had a medical

issue and was transported to the hospital.

- June 30, 5:55 a.m., Mutual 9
A resident fell while walking but did not require transportation to the hospital.

LOST RESIDENTS:

- June 3, 5 p.m., Mutual 12
A lost resident was found and returned home.
- June 5, 11:25 a.m., Mutual 3
A lost resident was found and returned home.
- June 12, 3:35 p.m., Mutual 3
A lost resident was found and returned home.
- June 14, 7:30 p.m., Mutual 3
A lost resident was found and returned home.
- June 15, 5:57 p.m., Mutual 3
Ongoing issue with a lost resident; returned home.

OTHER INCIDENTS

- June 2, 2:20 p.m., Mutual 9
A resident violating Mutual rules left the scene before Security arrived.
- June 2, 2:30 p.m., Mutual 4
A resident stated she observed someone who may not be a resident. Security searched the area, but did not find anyone.
- June 5, 9:30 a.m., Mutual 3
Security responded to a resident dispute regarding personal loan that was not repaid.
- June 5, 12:05 p.m., Mutual 1
Ongoing issues with a resident disturbing the peace of their neighbors
- June 6, 10:15 a.m., Gym
Security advised a resident of the gym's rules.
- June 6, 3:12 p.m., Mutual 11
A resident attempted to plant a bush on trust property, which is a GRF violation.
- June 9, 12:30 p.m., Mutual 4
Security advised a car detailer of trust street policy.
- June 10, 11:47 a.m., Mutual 5
Security assisted the Mutual president in enforcing an occupancy agreement.
- June 12, 1:30 p.m., Mutual 2
Security advised a resident

of how to charge his electric vehicle safely.

- June 13, 1 p.m., Mutual 5
An unauthorized person attempted to enter a LW residence without permission was arrested by Seal Beach Police.
- June 14, 2:30 p.m., Mutual 9
A resident reported a caller had attempted to gain personal information but was unable to do so.
- June 19, 11:30 a.m., Mutual 4
A resident complained of being harassed at her unit.
- June 20, 7:42 a.m., Car Wash
A resident was found washing a vehicle earlier than the posted hours.
- June 22, 5:50 p.m., Mutual 5
An unauthorized vendor was conducting unlicensed work.
- June 24, 7:30 p.m., Mutual 2
Security advised parents of children riding scooters and making excessive noise.
- June 26, 11:55 p.m., Service Maintenance
A possible trespasser observed in the area. Police were called, but the person was not found.
- June 28, 1:25 p.m., North Gate
A pedestrian entered without authorization. Police called and escorted the person out of the community.
- June 29, 12:15 p.m., Mutual 4
A vehicle was towed per a Mutual president's request.
- June 30, 1 p.m., Mutual 8
Ongoing resident dispute regarding property.

TOTALS

- Paramedic calls: 142
- Theft: 9
- Vandalism: 2
- Traffic Incidents: 7
- Death Investigations: 6
- Lost Residents: 5
- Injury: 11
- Noise Complaints: 4
- Pet Complaints: 4
- Coyote Sightings: 7
- Grand Total: 197



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ARTS & LEISURE

AUTHORSPEAK



Kaira Rouda

Bestselling author to speak at LW library

The Leisure World Library's next AuthorSpeak event is Friday, July 14, at 11 a.m. next to the Library at Veterans Plaza. Kaira Rouda is a multiple award-winning, USA Today bestselling author of contemporary fiction.

Her books explore what goes on beneath the surface of seemingly perfect lives.

Her novels of domestic suspense include "The Widow" and her upcoming novel "Beneath the Surface."

Many of Rouda's books are available to borrow from the library in advance of her visit.

The presentation begins promptly at 11 a.m. People can arrive as early as 10:30 a.m. to enjoy refreshments provided by the library.

Grab 'N' Go Menu July 13-20

Thursday: Domino's Pizza in Clubhouse 6—Call ahead at 562-493-2212 for special orders, wings and salads. Domino's will be on site from 3:30-7 p.m. Cash and cards are accepted.

Monday: Berlin Truck (New) in Clubhouse 6—This truck will offer gourmet sausages, grilled cheese and more from 4-6 p.m. Cash and cards are accepted.

Tuesday: Taco Tuesday in Clubhouse 6—People can enjoy Mexican favorites plus hot dogs, burgers and fries from 5-7 p.m. No preorders are allowed. Cash and cards are accepted.

Wednesday: Mad Dumpings Food Truck (New) in the Clubhouse 6 Parking Lot—This new truck will offer Asian fusion cuisine from 4-6 p.m. Cash and cards are accepted.

To ask questions or give feedback, call 562-431-6586, ext. 398.

On call bus service is available from 4:30 p.m. on; regular service before 4:30 p.m.; weekends on-call any time. To get a ride, call 562-431-6586, ext. 379.

Vendors are subject to change. For the latest updates, sign up for LW Live at www.lwsb.com/lw-live-sign-up/.



Current and past members of the Creative Writers Club gather to celebrate.

Creative Writers Club celebrates 60th anniversary

On June 23, the Creative Writer's Club celebrated its 60th anniversary.

Past members Lynn Burt-Jenkins and Lucy Poropat joined members and shared some memories of their time as active members.

All of those in attendance

enjoyed an ice cream social and the readings of many members who had writing to share.

The Creative Writer's Club meets the last Fridays of each month in Clubhouse 3, Room 1, from 1-3:30 pm.

Those interested in writing for personal enjoyment and

would like to share their work with fellow writers are encouraged to join the club. Those who don't want to share are welcome to come listen to readings and give feedback.

For more information, contact Debbie Barner at 325-721-0687.



Hula dancers performed for the Impaired Vision and Hearing Club in June.

Hula dancers have packed July performance schedule

Hui O Hula is LW's Hawaiian Dance Club. The class meets twice a week, on Tuesdays and Thursdays, from 1 p.m. Tuesday's class is given upstairs in Clubhouse 6; Thursday's class meets inside Clubhouse 3 or at Veterans Plaza when the weather is favorable.

In June, members danced

for the American-Latino Club, Christian Fun and Fellowship group, Impaired Vision and Hearing Club and for the Korean War Veterans on Appreciation Day. In July, Hui O Hula will bring its dancers to honor war veterans at a gathering organized by the LW Filipino Association, wish LWER Ellen

Brannigan a happy birthday and to congratulate Maria Louisa "Marylou" Daza and Richard Healy on their wedding day with hula.

Members will also dance for the lunch crowd at the Long Beach Alpert Jewish Community Center, thanks to Susan Mathieu's invitation.



People will be invited to share the dance floor with performers.

Sing and dance with Doo Wop Club on July 15

The Summer Woodstock-themed Doo Wop party will be held this Saturday, July 15, at Clubhouse 2. Doors open at 6:30 p.m.

People can "Let the Good Times Roll" with Doo Wop members William Young, Jennie Lambert, Nina Todorov, Lu DeSantis, Josie DelPino, Jerome Kluever, Amy Walker, Carmen Edwards, Jackie Hildebrant,

Sherie Vanek, Ben Berg, Martha Destra, Ric Dizon and Erika Greenwood.

Club president Martha Destra and vice president Lu DeSantis invite LWers to another great 2023 dance and sing-along party. Performers will turn back time with songs like "Spinning Wheel" and "Let's Get Together."

People are invited to get up and share the dance floor as

members sing "Heartaches by the Number" and "Have You Ever Seen the Rain?"

The club asks guests to bring their cell phones and take lots of pictures and video of the fun so they can be shared on the club's Facebook page. For more information, contact Lu DeSantis at 310-686-4763. Admission is free and donations are greatly appreciated.



Ren Villanueva

Community Karaoke

Ren Villanueva rolled out the smooth-sounding "Tennessee Whiskey" to an exuberant audience during karaoke night on Wednesday, July 5.

Ric Dizon showed pizzazz singing a 1959 hit "Oh Carol." The simple, smooth beat of "Your Man" was sung by the trio Bob Barnum, Vito Villamor and Walt Bier. Anna Le did an expressive "Don't Worry Baby." Vickie Mendoza, with lots of flair, sang "House of the Rising Sun."

Tony Tupas launched the night with a rousing "Love Train." "Old Time Rock & Roll" sung by Frank Miller had folks dancing to the beat.

The easy, smooth voices of Janice Chapman, Elizabeth Butterfield and Mariza Joaquin were attention-getters.

Lois Sellers and Carmen Edwards beautifully harmonized "Vaya Con Dios."

The warmer evenings brought 33 happy vocalists to entertain the audience in Clubhouse 1 on Wednesday. Everyone is welcome to have a good time each week beginning at 5:30 p.m.

Folks like to get started by practicing a song in a smaller setting each Monday in Clubhouse 6 from 1-3 p.m.

—Margie Thompson

Friends of the Library

After a series of closings for emergency repairs, the Friends of the Library bookstore is now open for business as usual and expects smooth sailing ahead.

The Friends received large donations of DVDs and CDs, which are being sold at the greatly reduced price of five for \$1.

The Friends has a new AC unit in the bookstore that makes shopping delightful and keeps volunteers cheerful as always. Donations are welcome and are much appreciated.

LW Weekly
562-431-6586



An earthenware ceramic titled “Full Moon Jar” (l) made by Sunny Whang, inspired by harvest time in Korean homeland. A cone 5 ceramic (r) titled “Almond Blossoms” by Tania Allee, inspired by Van Gogh’s painting “Almond Branches.”

Clay Crafters Club

The Clay Crafters Club meets Mondays and Fridays from noon-4 p.m. in the Clubhouse 4 Ceramics Room.



The “Judge’s Choice” winner at the Fourth of July Car Show was Kimberly Richardson and her Pontiac Solstice.

Silver Fox Classic Car Club

Leisure World’s Fourth of July Classic Car Show, brought to residents by the efforts of the Silver Fox Classic Car Club, was by all accounts a rousing success.

There was an outstanding array of 95 vehicles. The day’s events, sponsored by the Golden Rain Foundation, included music, food trucks, a craft show and a golf cart parade.

The Silver Fox Classic Car Club meets on the second Tuesdays of each month in Clubhouse 3, Room 5, at 6 p.m. The club is an integral part in Leisure World’s Fourth of July Event.

People don’t have to own a vintage, classic or collectible vehicle to join or participate in the club’s activities, just a passion for cars.

—Ron Lee

Traveling Tigers

The Traveling Tigers will meet on Wednesday, July 19, at noon in Clubhouse 3, Room 9. The meeting will begin with a potluck at noon.

People should bring a dish to share and, if possible, their own plates, silverware and coffee cup. There will be a short business meeting at 1 followed by a travel related discussion.

LW ORCHESTRA



The orchestra continues to expand and is always accepting new players. To join, call Chris Gruber at 562-884-5763 or email chris.p.gruber@gmail.com. The Leisure World Orchestra’s conductor and five other members are Korean-Americans who speak Korean. People who are Korean-speaking and interested in joining the orchestra should call conductor Kyu-Sam Kim at 714-788-4813.

Updating Club Information

Club leaders who want to update their club’s information on the printed Club Meeting Schedule or on the *LWSB.com* website can call Communications Manager Emma DiMaggio at 562-431-6586, ext. 387, or email emmamad@lwsb.com with the most up-to-date information.

People can also contact her to confirm whether their club’s meeting information is correct.

People should be ready to provide their club’s meeting location and time, including months.

LIVE PERFORMANCE



The Cabaret Entertainers will present “Remember When” on Saturday, July 29, in Clubhouse 2. This show features favorites from the ‘40s through ‘70s. Doors open at 5:30 p.m.; show time at 6:30. People should come early for the best seats and bring their own beverages and snacks.

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Troy Palmer
John Atkinson and Carmel Atkinson (not married) enjoy East Coast Swing.

Leisure Time Dancers

In the final week of cha-cha, the class added breaks with a 180-degree forward/back rotation to a sequence which includes triple cha-chas with alternating follower/leader turns and a head loop finish.

In East Coast Swing, the new movements from last week were built into a sequence that included the cuddle in/out plus forward and back variations on the four-step walk.

On Monday, July 10, a new series will start: salsa at 2 p.m. followed by nightclub two step at 3. People can join the class on Monday afternoons, in the dance studio, upstairs in Clubhouse 6.

No partner is necessary; class will rotate so everyone dances. Beginners are welcome; a review of basics will be included. The cost is \$7 per person for one class, \$11 per person for two classes in a single day. For more information, contact club president Jackie Theis at 310-743-9373.

GARDEN OF THE MONTH



The garden of the month belongs to Inge Lizarraga and it is located in Mutual 2, 1564 Merion Way, Unit 34-I. It is a cheerful mix of perennial and annual flowers which are blooming quite happily.



The Velvetones Ballroom Dance Orchestra members

Listen to LW’s big band this Sunday

The Velvetones will play this Sunday, July 16, at 6 p.m. in Clubhouse 4. The Velvetones Ballroom Dance Orchestra is Leisure World’s own professional big band, playing big band swing and jazz standards under the direction of Jeff Plum. The Velvetones play at Clubhouse 4 on the first and third Sunday evenings of each month.

Their signature is the big band sound—that uniquely American combination of reeds, brass and rhythm which defined the nation’s popular music for more than three decades and which still pervades the public consciousness.

They pepper their repertoire with contemporary pop hits to broaden their audience.

Whether it be a well-known big band standard, contemporary jazz showcase, sentimental vocal ballad, or a hard swinging brass feature, the Velvetones provide a unique and complete package of musical entertainment.

GOOD NEWS SINGERS



The Good News Singers are rehearsing the beautiful music of “Find Us Faithful.” They will perform the spiritual music on July 15 at 2 p.m. in Clubhouse 4.

Registration opens for NOCE classes July 25

The fall 2023 Leisure World NOCE semester begins on Aug. 11 and ends on Dec. 16.

Before the semester begins, students will need to register for classes beginning on Tuesday, July 25, at 8 a.m.

New and returning students will be able to register for the fall semester one of two ways:

1. Starting Tuesday, July 25, at 8 a.m., people can register themselves online at myGateway by visiting mg.nocccd.edu on their internet browser of choice. Use the CRN numbers listed on the class list to add each class. If a class has two CRN numbers, people must register with both numbers to stay enrolled in the class for the full semester.
 2. Visit the Learning Center in Clubhouse 3 on Tuesday, July 25, from 8-10 a.m. GRF staff will assist residents who need extra help registering for classes on a first-come, first-served basis. After 10 a.m., visit the library to receive registration help.
- No matter which method students choose to register for classes, students must already have their Banner ID and password to access their online account before registration day on July 25.

Students who are currently enrolled or have taken NOCE classes before should visit mg.nocccd.edu before July 25 to ensure they have the correct log-in information by logging into myGateway successfully.

Those interested in attending Leisure World NOCE classes for the first time should visit the LW Library as soon as possible to receive assistance with applying to become a NOCE student.

Prospective students will need to apply on a computer and must have access to their personal email account to complete the application.

People who face issues logging into myGateway or applying to become a student should call NOCE Star Help at 714-808-4679. People can also visit the library, where GRF staff will do their best to troubleshoot issues.

The full list of NOCE classes offered inside of LW can be picked up at the library.

The full list was sent out via LW Live on July 12.

FOURTH OF JULY EVENT



The Recreation Department would like to thank Ron Lee, Ted Green and Patti Green of the Silver Fox Car Club for all their hard work and support, as well as the participants and residents of Leisure World. Recreation hopes everyone enjoyed this special day and hopes to see familiar faces again next July 4. See page 27 for more photos.

Genealogy Club

The Genealogy Club will meet July 26 at 11:30 a.m. in the picnic area by Clubhouse 1. This meeting is a great opportunity to chat with club members, meet new members and exchange information. People should bring a dish to share with a serving utensil and their own beverage. The sign-up sheet is in the Genealogy Library located in Clubhouse 3. The final day for sign-up is Friday, July 21, to get a headcount for supplies. The club will provide hot dogs, hamburgers, buns, plates and eating utensils.

Theme Thursdays are becoming very popular. Workshops start at 1:30 p.m. and people should arrive early for a good seat. The schedule is as follows: Scottish Research on July 13, Acadians on July 20, and Help for Beginners on July 27.

The Genealogy Library is currently open to members from Monday-Thursday from 1-4 p.m.; closed Friday; Saturday-Sunday from 11 a.m.-2 p.m.

People are reminded to label their folders and not to bring original documents, only copies. The club is requesting donations of bottled water and chocolate candy: the volunteers and researchers run on both.

Those who purchase a new computer this year are encouraged to donate their old, usable computers, office chairs and paper shredders to the library. For more information about the club, email lwgenealogy@gmail.com.

Tickets on sale for Temptations musical

People can now buy tickets to “Ain’t Too Proud: The Life and Times of the Temptations.” The all-inclusive ticket is \$95 at the Recreation Office in Building 5. The show is on Sunday, Oct. 22, at 6:30 p.m. with an Amphitheater bus pickup at 4:30 p.m.

The Segerstrom Center for the Arts describes the Broadway musical “as an extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame.”

In an interview with the Guardian, the founder and last surviving member of The Temptations, Otis Williams, called the musical a mixture of both pain and therapy: “I always tell people, the world loved The Temptations but The Temptations didn’t love themselves. Drugs came into play and once that happened, dreams and aspirations became fragmented. I am thankful to God for being able to withstand it all.”

The musical does not shy away from the challenges survived by the R&B group through its journey to stardom. The Recreation Department invites residents to enjoy the timeless music of The Temptations and enjoy the beautiful tales of their lives.

Due to the popularity of this event, no refund will be permitted after Sept. 1. Only two tickets will be sold per person. For more information, contact Mayoka at 562-431-6586, ext. 476, or email her at mayokab@lwsb.com.

Opera Club will screen psychological mystery movie

People are invited to watch a musical version of “Marnie” (based on Winston Graham’s 1959 novel of the same name) on July 18 at 1:30 pm in the Clubhouse 3 Learning Center.

Jean Flannigan will introduce this psychological mystery story about an attractive young woman who changes her appearance and undergoes five identities driven by an inner compulsion to reject love and to steal her successive employers’ assets.

The contemporary composer, Nico Uhly, has created a mystery score that heightens the suspense of finding out what motivates someone to pursue a life of crime—against their will. This tale has also separately been filmed by Alfred Hitchcock with the actress Tippi Hedren.

Act 1 depicts Marnie stealing

money from her employer Mr. Strutt, after which she changes her name and her appearance and goes in search of a new job. She arrives at the office of Mark Rutland who hires her both for her math skills, which are considerable, and because he is strongly attracted to her. However, when he discovers her stealing money from his safe, he tells her he can either turn her in or she can agree to marry him. On their honeymoon, she resists his advances and escapes to kill herself.

In Act 2, Mark remains undeterred and urges Marnie to undergo psychoanalysis to deal with her issues. At an ensuing party they meet Mr. Strutt, Marnie’s first employer, who vows to tell the police about her prior theft. When Marnie subsequently is thrown from

her horse during a fox hunt, it’s not clear whether the accident or the analysis is causing some changes to her. In any case, when she finds herself breaking into Mark’s safe again but unable to take any money, she flees to her childhood home to learn her mother has died, but more importantly was known as an unloving parent who had murdered her own newborn baby.

As the police arrive to arrest Marnie for theft, she exclaims “I’m free” of the former trauma.

The production is in English with English subtitles. Attendees are invited to wear masks indoors, if desired.

No dues or fees are collected. For more information, contact Margaret Gillen at MargaretGi@yahoo.com or call her at 562-370-3844.

—Sylvan Von Burg



Members of the Entertainers Club prepare for a performance.

Entertainers Club

The Entertainers Club will present a program of songs in Clubhouse 4 tomorrow, July 14, at 7 p.m.

The program is titled “You and the Night and the Music,” and will feature love songs celebrating the special night with a loved one that a person never forgets.

Club members include Rob Illingworth, Michelle Potter, Don and Beverly Sunday, Vinnie Correnti, Susan Sinner, Vickie Van Ert and Mike Simpson. Joining Sandy and Eric Nelson on accompaniment will be Andre DuSomme on bass.

People can bring their favorite snacks and libations to sit back and enjoy love songs from the 20th century performer by LW performers.

Admission is free but space is limited. People are encouraged to arrive early.

Photo Arts Club

The Photo Arts Club will meet Thursday, July 13, at 1:30 p.m. in Clubhouse 3, Room 9.

The assignment is to photograph a headshot of a person in black and white with light shining on a prominent part of the face. The prominent part could be partial, such as one of the sides, or a full frontal view. The key is to make it a high contrast image.

People should use the editing features on their computer or cell phone to increase the contrast between the light side of the face and the dark side. The photo must be very sharp. Members can send a limit of three photos to benbenjamins@hotmail.com to be shown at the meeting.

A sample ballot had been sent to members to review to vote on assignments for the next 12 months. At the meeting, members will be given ballots and they can select the ones that interest them. People can also add other ideas they’d like to see included. Once the votes are tallied, a list of the year’s assignments will be sent out to members.

At the meeting, people can bring photos of their choice to be displayed and commented on. Hooks and labels will be available for members to use to hang framed photos in the hall of Clubhouse 3.

Individuals with technical or other questions will be paired with someone who can help them for individual discussion after the meeting. Everyone is welcome.

For information about the club, call Regine Schumacher at 562-430-7978.

—Regine Schumacher

SUMMER EVENTS

Amphitheater Movie Schedule

Movies will be shown on the gigantic screen at the Amphitheater on Friday nights starting at 8:30 p.m.

LW residents are invited to bring friends and family for a free movie night.

The Minibus has “on call” service to movies beginning at 7:15 p.m.

Call 562-431-6586, ext. 379, and a bus will arrive within 10 minutes. A bus is available to take residents home after the movie.

- **July 21—80 for Brady:** A group of friends made it their life-long mission to go to the Super Bowl and meet NFL superstar Tom Brady.
PG-13 | 1h 38min | comedy, drama, sport
- **Aug. 4—Jurassic World Dominion:** Four years after the destruction of Isla Nublar, Biosyn operatives attempt to track down Maisie Lockwood, while Dr. Ellie Sattler investigates a genetically engineered swarm of giant insects that threatens the world’s food supply.
PG-13 | 2h 27min | action, adventure
- **Aug. 18—The Fabelmans:** Growing up in post-World War II-era Arizona, young Sammy Fabelman aspires to become a filmmaker as he reaches adolescence. But soon he discovers a shattering family secret, which motivates him to explore how the power of films can help him see the truth.
PG-13 | 2h 31min | drama
- **Aug. 25—Black Panther: Wakanda Forever:** The people of Wakanda fight to protect their home from intervening world powers as they mourn the death of King T’Challa.
PG-13 | 2h 41min | action, adventure, drama
- **Sept. 8—Elvis:** The life of music icon Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager.
PG-13 | 2h 39min | biography, drama, music

Summer at the Show: Amphitheater Rules

The GRF, along with show sponsors, are proud to present the 2023 Amphitheater season. To ensure an enjoyable season, showgoers are asked to adhere to the following rules:

- There is no video- or audiotaping of performers.
- Do not save seats. Amphitheater seating is first-come, first-served.
- Do not sing along with performers unless asked to do so by the performer on stage.
- No one is allowed to sit or stand in the aisles.
- No smoking is permitted in the Amphitheater area.
- Flags on scooters should be lowered, so everyone can see the stage (see LW Security for assistance with this).
- Leave walkers in the aisle.
- Handicap seating is at street level at the handrails in the middle of the Amphitheater.
- Pets are not allowed.
- The audience is not permitted to enter the Amphitheater earlier than 1-1/2 hours before the program begins as requested by performers, who will be doing sound checks.
- Dancing is allowed only on the two side wing patios flanking the Amphitheater stage.
- No flash photography.
- No climbing over seats.

2023 Amphitheater Season Schedule

The 2023 Amphitheater music festival will run until Sept. 14, with a 12-show lineup promising an eclectic mix of country, rock, pop, soul and blues tribute performers at the 2,500-seat Amphitheater.

Shows start at 7:30 p.m. (schedule is subject to change). Non-resident guests must be accompanied by a resident. Smoking is not permitted at the Amphitheater, which is located behind the LW News Office in the GRF Administration complex.

No parking is allowed in front of the Amphitheater on St. Andrews Drive along the southbound lanes. This is a tow-away zone on Thursdays during Amphitheater season.

Minibus transportation will be available before and after shows. Food trucks will provide options for pre-event dining.

July 13	Shades of Billy—Billy Joel Tribute <i>Sponsor: Memorial Care</i>
July 20	Michael Bublé Tribute with Anthony Bernasconi
July 27	Venturesmania <i>Sponsor: Community Legal Aid SoCal</i>
Aug. 3	Tribute to Elton John with Kenny Metcalf <i>Sponsors: Gasper-Monteer Real Estate MemorialCare</i>
Aug. 10	Bee Gees Gold <i>Sponsors: Athens Services Financial Partners Credit Union</i>
Aug. 17	Elvis Tribute with Matt Lewis
Aug. 24	Always Tina—Tribute to Tina Turner
Aug. 31	Hip To Be Square—Huey Lewis & The News Tribute <i>Sponsor: Optum Healthcare</i>
Sept. 7	Stone Soul <i>Sponsor: Optum Healthcare</i>
Sept. 14	Mark Wood & The Parrot Head Band <i>Sponsor: Optum Healthcare</i>

Restaurant Review

Kabuto
2365 Seal Beach Blvd. Suite 106
Seal Beach, CA, 90740
562-594-3889
<https://kabutorestaurant.com>
Open Monday-Friday, 11:30 a.m.-8 p.m.

By Kathy Nadeau
LW Contributor

Looking for clean and fresh cuisine? Kabuto: Sushi and Grill is located across the street from LW in the strip mall between Hampton Inn Suites and Boeing. Chef Kazoo Ikeda from Tokyo has always been in the restaurant business. Former customers follow him from Huntington Beach and Newport Beach. A bunch of lunch customers come from Boeing and, at dinnertime, random places.

A prep chef cuts up the vegetables that come in a big box. The fish shipment from the US-based Japanese Fish Company is sashimi grade. Salmon comes whole, as a big fish, explained the chef’s son, Halu: “Dad preps the salmon, he knows how to prepare and marinate.” The salmon is marinated in miso, saki, and sugar.

Chicken, beef, and salmon bento boxes come with a choice of white or brown rice (delicious), grilled chicken, beef or salmon, a wonderful mix of steamed veggies and small salad.

Homemade sauces are another specialty. Chef Ikeda makes a tub of teriyaki sauce every five days or so, using only special premium soy sauce. He marinates the chicken, beef or salmon, beforehand, then puts it on the grill. Then he charbroils, coats with teriyaki sauce and serves. Teriyaki sauce comes in separate container in the bento box. The menu simple to choose from and looks delicious.

SPORTS & GAMES



Shuffleboard Club members Jean Cochran, Linda Peters, Dan and Maureen Habel, Dolores Cook and Anita Giroud enjoyed time for visiting before the enormous potluck.

Shuffleboard Club celebrates court restoration project with potluck

The Shuffleboard Club enjoyed its bon voyage potluck July 5 with a record-setting 47 members and guests attending. Excitement filled the air as the major purpose of the event was to say goodbye to the 32-year-old courts before the restoration project began July 10. Member Shel Magnuson brought a set of patriotic cornhole boards that were enjoyed by members with talents beyond shuffleboard. The party was the first club gathering since the end of league play in late May, and several people commented on how much they had missed seeing one another.

The club will host a grand re-opening of the courts on Wednesday, Aug. 2, at 9 a.m. for all shuffleboard supporters. There will be an official ribbon cutting with cake and coffee, plus lots of photo opportunities.

With the pride of “new” courts, plans are underway for August to be full of events celebrating the 60th anniversary of the club, including shuffleboard training clinics and a cook-out scheduled for Aug. 23.

Fall leagues will begin organizing their teams and schedules by the middle of August. Members are welcome to join either or both leagues: Tuesday evenings from 5:30-8, and Fri-



Jack O'Brien and John Mount celebrate the upcoming repair of the many cracks in the shuffleboard courts building.

day mornings from 8:30-11. The fall season will play nine games and end by mid-December. There will be a sign-up sheet starting Aug. 16 at the courts

building for anyone interested in joining a team.

For more information, call or text Kay Mount at 775-527-0426.
—Kay Mount

Duplicate Bridge Club

The Duplicate Bridge Club meets on Mondays, Thursdays and Fridays in Clubhouse 1 at 12:30 p.m. Reservations can be made at any game using the sign-up sheets. Players can call Linda Nye at 562-453-6678 or email her at yuelingnye@yahoo.com no later than 10 a.m. on game day. Arrive by 12:15 to confirm reservations.

June 26 winners (11 tables): Tony Reddy and Miranda Reddy, and Alan Olschwang and Linda Nye, north/south; Fred Reker and Mark Singer, and Jeanette Estill and Priscilla Cailloutte, east/west.

June 29 winners (five ta-

bles): Sibyl Smith and Al Appel, and Linda Nye and Mark Singer, north/south; Russ Gray and Fred Reker, and Sharon Beran and Bud Parish, east/west.

June 30 winners (nine tables): Russ Gray and Ellen Kice, and Larry Topper and Lynn Danielson, north/south; Judith Jones and Al Appel, and Dave Carman and Emma Trepinski, east/west.

The club congratulates all the winners and thanks all the players who participate and support the club.

For complete results, including a list of all players and scores, go to the Long Beach

Bridge Center results page at www.acblunit557.org and click on Leisure World Results.

The club offers lessons and supervised play on Friday mornings starting at 9:30. Supervised play is an informal game in which players have the opportunity to ask an experienced player questions about bidding and card play. The games are informative and fun. It's a great way to learn how to play duplicate bridge.

For more information regarding the club, contact John Markovich at 562-661-0502 or by email at cdrijm@yahoo.com.
—John Markovich

Tournament Poker

With five tables of eight players, a great time was had at the tournament on July 1. The two players with the highest hands of the day were Ernie Dinkel (A2345 of hearts) and Joseph Baumler (9999K). The promotional hand was won by Guta Basner.

The final table players were Jan Klein, fifth place; Maryanne Conte, fourth; Lem Hall, third; Kurt Bonhenne, second; and Roger Montero, first. With five great players there was plenty of action at the table right up until the heads up play between Bonhenne and Montero. In the winning hand the flop came Q, 6, 9. Bonhenne (K-5) went all in after the flop and Montero, with (Q-9), called. The turn was a King and the river was a 10. That gave Montero the winning hand of Q-Q-9-9-10.

Montero has lived in Leisure World for just a few months and has been a member of the club right from the beginning. This is his third final table win. Montero enjoys dancing and golf here in Leisure World.

The club congratulates all the winners. Anyone who would like to play a fun and friendly game of Texas Hold 'Em, join the club on one of the first three Saturdays of every month in the lobby of Clubhouse 6 at 10 a.m. for registration with cards in the air at 10:30. There will be no late seating.



Roger Montero

Scrabble Club

The Leisure World Scrabble Club met on all four Wednesdays in June. There were 57 scores above 300, two of which were higher than 400. There were also 27 bingos (the use of all seven tiles in a single turn).

Diane Seeger led with eight scores above 300. She had a high score of 398 and two bingos. Bob Ruderman topped 300 seven times and recorded ten bingos. His best score was a 397.

Jim Schneiderman scored higher than 300 six times. His best score, 424, was the club's highest for the month. He had seven bingos. Club President Larry Edgar had five totals above 300. One of his wins was his 500th as a member of the club. He had one bingo and a high score of 421.

Wanda Bemben topped 300 five times. She had one bingo and a high score of 357. Sylvia Makus, Marilyn Moody and Maria Giegerich each bettered 300 four times. Their best scores were 377, 370 and 360, respectively. Makus had one bingo.

Kay Pushman and Sue Ann Gass each scored above 300 three times. Their best scores were 347 and 335, respectively. Zoe Pickell, Dave Crandall and Myrna Loscuadro each bettered 300 twice. Their respective best scores were 341, 328 and 308. Crandall had two bingos.

The club meets each Wednesday from 1-4 p.m. in Clubhouse 3, Room 5. New members, including beginning players, are welcome.

Pool Club

A pool tournament was held June 26 in Clubhouse 2 to determine how many games “C” level players will compete in against Laguna Woods. Laguna Woods will come to Leisure World on Saturday, July 22, for a 48-game match. Later in the year the LW Pool team will be going to Laguna Woods to play.

John Barth, the “C” player with the highest percentage of singles wins during the past league season was given a bye in the tournament and will play in eight games against Laguna Woods. This tournament was held to determine which two of the other five “C” players will play eight games, and which will only play four games against Laguna Woods.

The five players in the round-robin tournament were Connie Adkins, Connie Terry, Guta Basner, “Wild!Fire” Christensen and Shery Wells. Since there were five players, that meant one player had a bye in each round. The two players with the most wins will play all eight games against Laguna Woods.

Christensen won her first three games of eight ball, but lost her last game to Wells. Wells' fourth and final game was against Terry. Terry left the eight ball hanging in the corner pocket. Wells won that game to go four and zero. Christensen finished second with three wins and only one loss.

Woman’s Club Tabletop Games

The tabletop games this month will be held on Friday, July 21, from noon-4 p.m. in Clubhouse 2. There will be a drawing at the beginning of the games. Refreshments such as sweet treats, coffee and tea are served.

There are many different games to join or players can bring their own. While card games seem to be the most popular, players may also find Mahjong, Yahtzee, Mexican Train and a few other more unusual games. Players need not be a member to attend.

The cost to play is a \$1 donation. This helps support the Woman’s Club philanthropies. To see the \$1 at work, attend Woman’s Club meetings. Not only is a check presented to various charities, but there is also live entertainment and refreshments.

Meetings are held on the first Tuesday of every month, except July and August, at 1 p.m. in Clubhouse 2.

Any questions or concerns regarding the tabletop games can be directed to Jan Krehbiel at 562-431-8240.

For more information about the Woman’s Club of Leisure World, contact Kathy Russell at 949-293-7517. For members who have not yet renewed their membership for the 2023-2024 season Russell is available to help.

—Beth Greeley

PICKLEBALL



LW Pickleball Players Club members Chinh Tao and Barry Chittem took home the silver medal in men’s doubles at the Pasadena Senior Games Tournament on June 24.

Pinochle Club

The Pinochle Club meets on Mondays and Thursdays in Clubhouse 1 from noon-4 p.m.

June 19 winners: Howard Bleakley, first place, 10,040; Donna Gorman, second, 9,670; Diana Lambert, third, 9,660; Dolores Cook, fourth, 9,140.

June 22 winners: Kathie, first place, 10,760; Gene Smith, second, 9,990; John Dodero, third, 9,700; Peggy Kaspar, fourth, 9,530.

June 24 winners: John Dodero, first place, 10,870; Chung He, second; 10,690; Tony Dodero, third, 10,360; Julia Troise, fourth, 10,190.

June 26 winners: Gene Smith, first place, 11,370; Ruth Bonnea, second, 10,480; Don Walton, third, 10,450; Nancy Wheeler, fourth, 10,220.

June 29 winners: Marge Cady, first place, 13,390; Antonia Zupancich, second, 11,580; Dolores Cook, third, 11,440; Diana Lambert, fourth, 11,400.

See more Sports & Games
on page 26

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Men's Golf League Results

Friday Golf

On June 23, 13 golfers and two guests, Steve Tierney and Tim Ostroski, competed on the 4,000-yard par-62 David L. Baker Golf Course in Fountain Valley. With numerous sand traps and strategically placed water, this course is always fun to play and quite a challenge.

Even with only so-so weather conditions, scores were very low with every golfer shooting net under par, partially due to the tees being placed considerably forward.

Jim Goltra and Gary Stivers tied for fewest putts for 'A' flight and Bill McKusky had fewest for the 'B'. Sam Choi was closest to the pin on the par-3 third hole and Fujio Norihiro was closest on the par-3 twelfth hole. Jim Goltra had four birdies, Tim Looney, Norihiro and Choi had two birdies each, Stivers and Larry Hillhouse had one each.

A flight winners: Norihiro, first place, 13 under 49; tie between Chris Lankford and

Jim Goltra, second, 10 under 52; tie between Hillhouse and Stivers, third, 8 under 54; Tim Looney, fourth, at 7 under 55; tie between Dave LaCascia, Glenn Barry and Choi, fifth, at 3 under 59.

B flight winners: Bob Munn, first place, 15 under 47; Gene Vesely, second, 5 under 57; tie between McKusky and Lowell Goltra, third, 4 under 58.

Monday Golf

On June 26, 10 golfers challenged the 6,000-yard par 70 Willowick Golf Course in Santa Ana. Fairways, which still require significant repair, are undergoing maintenance now.

The long course and poor fairway conditions were reflected in scores with only four of the 10 golfers net at or under par, and there were no birdies. Gene Vesely was closest to the pins on both the par-3 fourth and 12th holes. Fujio Norihiro and Gene had fewest putts for the round.

A flight winners: Jim Goltra, first place, 2 under 68; tie between Gary Stivers and Sam Choi, second, 1 under 69; Norihiro, third; Dave LaCascia, fourth.

B flight winners: Gene Vesely, first place, 6 under 64; Digna Vesely, second, at even par 70; Bob Munn, third; Bill McKusky, fourth; Tom Ross, fifth.

Friday Golf

On June 30, nine golfers challenged the 5,600-yard par-71 Meadowlark Golf Course in Huntington Beach. The heavy rains earlier in the year created some new and unexpected water hazards with some very wet areas. Most of that has been corrected and with cleverly placed sand traps plus numerous water hazards, this course is always fun to play and quite a challenge.

Cool damp weather plus late significant breezes contributed to higher than normal scores and there were no birdies.

Sam Choi and Fujio Norihiro tied for fewest putts for 'A' flight and Bob Munn had the fewest for the 'B'. Sam Choi was closest to the pin on the par-3 sixteenth.

A flight winners: Choi, a nice even par 71, first place; second: tie between Norihiro and Dave LaCascia, second, 1 over 72; Gary Stivers, third, 4 over 75.

B flight winners: Gene Vesely, first place, 2 over 73; tie between Bill McKusky and Lowell Goltra, second, 4 over 75; Bob Munn, third; Daniel Mahoney, fourth.

The Monday and Friday Golf Leagues play at five local courses, all within 15-20 minutes of Leisure World. The courses the group plays are always quite full, so advance league reservations are required with a sign-up sheet available at each round.

There is a prize pool for each round. Players are not obligated to enter. Rewards are given for low net in each flight, birdies,

closest-to-the-pin on two par threes, and for the lowest number of putts in each flight. Holes-in-one and eagles (two under par), although infrequent, are generously rewarded. If interested, contact Gary Stivers at 714-313-3697 or Dave LaCascia at 801-674-5975.

—Dave LaCascia

Yahtzee Club

June 30 winners were: Teri Nugent, most Yahtzees; Pat Farrell, high score; Julie Milburn, lowest score; Marilyn Moody, door prize.

The next meeting will be July 21 in Clubhouse 3, Room 6, at 1 p.m. There will be a halftime social. The club meets the first, third and fifth Friday of each month. For more information, contact Diane Seeger at 562-533-5997.

—Diane Seeger

Puzzle Answers

Puzzle pages 6-7

SCRABBLE G R A M S SOLUTION										RACK 1 = 69	
V	I	N	F	G	A	R				RACK 2 = 64	
O	P	A	C	I	T	Y				RACK 3 = 76	
W	H	I	T	E	S	T				RACK 4 = 59	
N	I	N	E	P	I	N				RACK 5 = 65	
P	E	E	V	I	S	H				PAR SCORE 270-280	
										TOTAL: 333	

Crossword Answers

	C	H	I	F		M	A	N	D	G	A	R	I		I	S	P	S			
	T	R		C	I	A		A	N	T	I	C		F	I		S	T	A	T	
B	L	A	M	I	N	G	W	I	T	H	P	H	I	D	L		M	A	Y	A	
R	F	F		F	E	I	F	R	S			G	F	S	T		R	A	T		
I	V	I	L	H	N	L	I			L	G	C	N	Y		S	N	A	I	U	
M	Y	S	T				I	F	O	N	I	D		H	L	C	T	E	F		
			C	O	L	L	A	R	B	O	N	E	S		E	L	A	T	E	S	
S	P	F		I	D	E	N	A	I			C	A	V	I	A	H				
C	U	R		I	P	A	D			A	D	A	G	I	O		A	R	S		
Q	R	I	S			I	N			W	I	N	I			F	A	C	E	T	
Q	G	F		S	P	A	C	H		F	A	T	F			I	T	S	Y		
P	E	L	I	A		E	X	C	H	L	D	S				A	L	H	I	A	L
S	S	N		C	H	A	I	F	T			G	R	I	T		O	I	F		
			T	E	C	A	T	C				T	E	R	A	N	T		N	C	D
A	S	H	V	E	R		S	C	O	T	T	I	S	S	U	P					
S	T	M		D	E	R		P	R	C	E	D				S	E	M	I		
T	H	P	E		E	F	R	H	M			D	E	V	I	D		G			
O	R	D		D	A	T				S	U	L	E	N		I	D	O			
U	N	I	T		V	O	I	C	A	N	I	Z		I	D		I	U	N	B	E
N	F	S	S		O	N	S	A	F	A	R	I		F	N	R	O	I			
D	K	L	A		N	E	L	D	L	L	S			P	L	L	S	L			

Sudoku 1 Answers

8	6	4	9	2	7	3	1	5
5	1	9	4	3	8	7	2	6
3	7	2	1	5	6	8	4	9
6	5	1	8	7	9	2	3	4
4	2	3	5	6	1	9	8	7
7	9	8	2	4	3	5	6	1
2	3	7	6	1	5	4	9	8
1	8	5	3	9	4	6	7	2
9	4	6	7	8	2	1	5	3

- The Basic Rules of Sudoku:
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 - When you start a game of Sudoku, some blocks will be pre-filled for you. You cannot change these numbers in the course of the game.
 - Each column must contain all of the numbers 1 through 9 and no two numbers in the same column of a Sudoku puzzle can be the same.
 - Each row must contain all of the numbers 1 through 9 and no two numbers in the same row of a Sudoku puzzle can be the same.
 - Each block must contain all of the numbers 1 through 9 and no two numbers in the same block of a Sudoku puzzle can be the same.

Jumble Answers

STYLE CURVE BALLOT UPROOT
The mountaintop barbershop was a —
CUT ABOVE THE REST



Sudoku 2 Answers

3	8	7	9	2	1	5	6	4
4	9	2	6	5	7	3	8	1
1	5	6	8	4	3	9	2	7
9	6	8	2	1	4	7	3	5
2	1	3	7	6	5	4	9	8
7	4	5	3	9	8	6	1	2
5	2	4	1	3	6	8	7	9
8	3	1	4	7	9	2	5	6
6	7	9	5	8	2	1	4	3

Guess Who?
Angus Young

Crypto Fun Answers

A. farm B. plants C. harvest D. livestock

Boggle BrainBusters Answers

SEA BAY LAKE COVE POND WET OCEAN LAGOON

Word-Find Answers

U	I	N	L	F	R	U	I	T	K	B	F	W	U	O	W	A	N	O	E
K	L	V	O	W	N	E	Z	I	A	M	B	I	B	I	D	R	P	R	S
S	P	S	U	I	U	G	N	S	B	N	T	I	E	A	O	I	R	W	U
D	U	R	H	P	T	B	P	R	A	T	K	S	U	H	M	I	A	M	O
M	D	O	E	I	F	A	V	E	G	E	T	A	B	L	E	Y	T	W	H
H	I	Z	E	S	A	Z	T	L	C	M	L	F	B	C	B	I	C	R	N
B	V	S	P	C	E	W	I	N	G	E	K	B	L	L	R	R	P	T	E
I	I	F	H	G	A	R	C	U	E	Y	K	G	U	E	O	E	S	B	E
S	Z	E	Y	M	D	B	V	Z	U	M	Z	B	Z	T	L	I	T	D	R
W	D	R	N	B	V	M	R	A	Y	W	R	I	P	Y	G	S	E	I	G
Y	S	L	O	N	R	U	L	E	T	F	L	E	D	P	F	I	L	O	L
R	I	O	L	O	I	Y	R	W	H	I	I	O	F	F	P	P	F	L	S
E	M	H	N	G	T	A	M	I	T	O	O	A	Y	N	N	M	A	P	E
S	H	W	M	Y	S	S	L	R	P	W	T	N	H	B	W	O	E	I	W
R	A	S	B	N	F	Z	E	N	B	E	D	N	U	C	R	P	L	D	V
U	M	V	I	I	C	F	H	L	T	Y	R	U	C	A	P	S	U	L	E
N	B	A	G	E	R	M	I	N	A	T	E	A	W	F	H	U	O	D	P
B	R	E	Y	B	K	Y	N	T	R	S	B	L	C	R	Y	O	G	M	U
G	L	H	M	Z	E	D	U	L	E	B	U	V	V	T	T	W	G	V	B
I	C	E	C	N	A	N	I	M	O	D	T	S	R	B	E	U	W	A	U

Leisure Worlders celebrate Fourth of July with patriotism and camaraderie



The Rollin' Thunder Golf Club hosted a golf cart parade—a regular occurrence at GRF's annual Fourth of July celebration. Residents decked out their carts in red, white and blue.



Clubs like the LW Art League joined an Arts and Crafts show inside Building 5. They were joined by the Photo Arts Club, the Clay Crafters Club and more.



Event volunteers dressed in stars and stripes to hand out cookies to attendees. The event also featured food trucks and other refreshment options.



The Administration parking lot was chock-full of vintage and classic cars as part of the Silver Fox Classic Car Club's car show.



Golf carts lined up for a procession through the neighborhood. There were flags aplenty to celebrate the holiday.



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Purchasing Department Price List

PRICES ARE FOR MATERIALS ONLY! ALL TAXES AND PROCESSING FEES INCLUDED.
(LABOR \$50.00 PER HOUR /PER TECHNICIAN)

REVISED 07/07/2023

WHITE COOK TOP.....	\$499.00	KITCHEN SINK-WHITE	\$431.01
BLACK COOK TOP.....	\$499.00	KITCHEN SINK-BISCUIT.....	\$ 622.57
WHITE / BLACK OVEN.....	\$1306.31	KITCHEN FAUCET-MOEN.....	\$111.54
STAINLESS OVEN.....	\$1551.82	KITCHEN FAUCET SPRAYER-DELTA	\$128.23
WHITE TOP FREEZER		BATHROOM FAUCET- MOEN	\$113.24
REFRIGERATOR.....	\$718.35	BATHROOM WIDESPREAD FAUCET-DELTA	\$165.99
BLACK TOP FREEZER			
REFRIGERATOR	\$718.36	(TOILETS INCLUDE TANK, BOWL & TOILET SEAT)	
STAINLESS STEEL TOP FREEZER		TOILET- STANDARD -WHITE	\$250.92
REFRIGERATOR.....	\$769.73	TOILET-STANDARD-BONE	\$281.79
28 GALLON WATER HEATER 10YR.	\$754.78	TOILET- HI BOY-WHITE.....	\$286.71
38 GALLON WATER HEATER 10YR.	\$832.43	TOILET-HI BOY-BONE.....	\$361.90
		ROUND TOILET SEAT: WHITE	\$18.40
GARBAGE DISPOSAL.....	\$228.32	ROUND TOILET SEAT: BONE	\$18.40
BATHROOM FAN/HEATER....	\$160.43	ELONGATED TOILET SEAT: WHITE	\$22.43
BATHROOM FAN-NO HEAT	\$177.58	ELONGATED TOILET SEAT: BONE	\$29.96
BATHROOM SINK WHITE-ROUND	\$47.55	PURCHASING DEPARTMENT	
BATHROOM SINK- BONE- ROUND	\$63.12	PHONE NO. 562-431-6586	
BATHROOM SINK-WHITE- OVAL	\$42.37	ROSENDO-STORE KEEPER-EXT. 306	
MUT-15- GERBER.....	\$48.80	DANIEL-WAREHOUSE ASSISTANT-EXT 308	
BATHROOM SINK-ALMOND- OVAL	\$51.04	JUSTIN-WAREHOUSE ASSISTANT EXT. 309	
MUT-15.....		RUBEN S.-PURCHASING MANAGER-EXT. 307	
BATHROOM SINK -WHITE		STORE HOURS MONDAY- FRIDAY	
CHINA.....MUT-17.....		8:00 AM TO 4:30 PM	

The above pricing is subject to change without notice.
Please call Purchasing Department for current pricing.

SERVICE MAINTENANCE CAN BE REACHED AT (562) 431-3548 DURING THE HOURS 8:00 AM TO 4:30 PM,

CLASSIFIEDS

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FRANK'S GARDENING SERVICE

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562-596-0559
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Kitchen/Bathroom-Remodeling. Install Microwave/Dishwasher/ Recessed-Lights/Closets Redesigned/Cabinets-Refaced/ New-Windows/Patio-Storage and Enclosures. Exp 7/26
40+/Years in LW
State Contractor License 723262

BATHTUB & SHOWER REFINISHING

We refinish your SHOWER/ TUB to look brand new. Convert to WALK-IN SHOWER and/or raise seat. Nu Kote 562-833-3911. Serving LW since 1999. License 699080 Exp 10/11

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All Year Carpet Cleaning since 1988. Tile & Grout. 562-658-9841 Tito. State Contractor License 578194. Exp 8/16

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Painting/FREE Estimates. 1-room or entire-house and refinish kitchen cabinets. (714)-826-8636. Call Jerry. State Contractor License 675336 Exp 8/16

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562-596-0559, LW DECOR INC.
Premium-Paints. Interiors/ Cabinets/Ceilings/Exterior-Windows/Frames. Our Own Painting-Crew. **40+/Years in LW.** **State Contractor License 723262** Exp 7/26

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Painting service for exterior or interior repairs, texture/drywall/ cabinets/skylights/gates/frames. Joshua 714-267-6756. State Contractor License 1081798. Exp 11/22/23

Is your neighbor missing their LW Weekly Paper?
Call (562) 430-0534 before 10 A.M. Thursday
with Mutual & Apartment Number

CLASSIFIEDS

BEAUTY SERVICES

Tammy Nguyen Phenix Salon. Service in private suite. One-customer, One-hairstylist. Sanitized & professional. Haircut for men-&-women. Shampoo/Set/Color/Highlights/Perms, Nails/Toenails. In-house service available. 13944 Seal Beach Boulevard #116. Tammy Nguyen (714)-425-4198. Exp 9/27

In home haircare, serving the men-and-women of Leisure-World for 36-years. Mel Cell/562-480-9341 SB Business License KC75538. Exp 7/19

Full-Service for Men-and-Women at Dal Je's Salon. 562-626-8122, 562-431-4603. 5-minutes from Leisure-World! Cannot-WAIT-to-Serve You! PLEASE ask for Sun/Thank-You! SB Business License 14203016. Exp 8/02

SKYLIGHT SERVICES

SKYLIGHTS
CLEAN AND REPAIR.
Licensed and insured.
Dan (562)-841-3787 Exp 10/04
SB Business License BRA0002

SKYLIGHT Cleaning & Repairs, Contact Eugene (714) 774-4385. Contractor License 634613-B. Exp 11/29/2023

WINDOW WASHING

WANT CLEAN WINDOWS?
I clean Inside/Outside OR Clean Outside only and SAVE \$\$\$.
LW-Resident/Rich Livitski. (562)-600-0014. SB Business License LIV0004. Exp 8/02

BEAUTIFUL WINDOWS 40+ YEARS EXPERIENCE. PHIL (562) 881-2093. SB Business License AB0001. Exp 7/19

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Does your walker need new tennis balls? Delivery and installation provided. Please provide your name and phone number. Free of charge. Diane Hart 714-955-2885.

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(562)755-6199
Everything for your Computer (PC-or-Mac), Cellphone, TV, Stereo, any Electronic-Device. Tina Schaffer. SB Business License CIP0001. Exp 7/26

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(562)-733-9193
All things computer related. Phones, TV's, Tablets, Electronic gadgets. Call John LW Resident. SB License FUH0001. Exp 11/01

HOME CARE PERSONAL ASSISTANT

Experienced Caregiver available to assist with/Daily-Care/Doctor-Appointments/Errands/Available 24/7. 949-899-7770. SB Business License HEL0006. Exp 9/27

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Experienced, knowledgeable caregivers. Honest/Assertive/Fluent-English. Hourly/Full-Time, doctor-appointments, errands. Bernadine/562-310-0280. Bonded/Insured. SB Business License BCS0002. Exp 1/31/2024

HOME CARE PERSONAL ASSISTANT (continued)

MOST AFFORDABLE RATES with/optimum service, 30-years LW experience. Licensed, Reliable, Honest Caregivers. 24-hours/Part-Time/Doctor-Appointments. References, Fluent English. Ann /714-624-1911 and 562-277-3650 /Heidi. SB Business License HYC0001. Exp 8/02

EXPERIENCED CAREGIVER Over 25+years in Leisure-World with/Excellent References! Hourly or Live-in. Please Call **Pampet/562-371-4895**. SB Business License PAN0003. Exp 7/19

Elderly care. Live-in, live-out. 30+ years experience. Cooking, cleaning, medications, companions, doctors. Experience with dementia. Gloria/949-371-7425. SB Business License RAZ0002. Exp 8/09

Maria's experienced caregivers. Run Errands, Doctor appointments, cleaning, part-time, full-time, live-in. (562)-230-4648. SB Business License CAM0006. Exp 7/26

HOUSE CLEANING

Experienced Housekeeper providing Weekly-and-Monthly cleaning. Call/949-899-7770. SB Business License HEL0006 Exp 9/27

BEAUTIFUL WINDOWS. 40+ YEARS EXPERIENCE. PHIL (562)-881-2093. SB Business License AB0001. Exp 7/19

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General housekeeping, 30+ years experience. Bi-weekly or monthly. SB Business License RAZ0002. Call Gloria 949-371-7425. Exp 8/09

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We'll make your house look NICE-as-possible! 15+/years experience. We can work with/your schedule. Bi-weekly/Monthly. Deep-cleaning. Call/Text/714-496-2885. Exp 8/09 SB Business License HER0008

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Albert & Patricia House-Cleaning. Weekly/Bi-Weekly/Monthly. (562)-397-4659, (323)-413-0830 SB Business License 14206409. Exp 9/20

LeeGee Cleaning Services. Move-In/Move-Out. Deep Cleaning and/or Recurring. General Housecleaning, Weekly/Bi-Weekly/Monthly. 7-Days Call/Text Lisa/714-916-7796. SB Business License LEE0004. Exp 7/26

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ELECTRIC CAR PADS
Installed at your residence. Call Frank 562-743-3832. #779642 State Contractor License. Exp 8/30

ELECTRIC CARTS/SCOOTERS/MOBILE CHAIRS FOR SALE

Golf Cars. SELL, BUY, TRADE & REPAIRS. Call 714-292-9124. Exp 1/03/2024

Pride Mobility Scooter. UNUSED, GREAT CONDITION. 4-wheels with/accessories. Includes FREE-wheelchair. \$1,799. Joe/562-343-8034.

Golf Cart Excellent-Condition. New-Tires/New-Batteries. \$2,500/OBO. Drives and Looks GREAT! 714-904-8825.

2021 HDK Golf-Cart, 300miles, 4-Passenger Evolution. Like-New \$8,500 Includes AM/FM-Radio with/dual-speakers/bluetooth/backup-camera. Peter/(562)-756-1126.

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Golf Cart Tires in Leisure-World with "SPECIALTY TIRES". All-Standard-Sizes and MORE! 1-800-847-9593. SB Business License SPE0007. Exp 8/09

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MISCELLANEOUS WANTED

LESLIE'S VINTAGE STORE
Buying Mid-Century Modern Furniture/Antiques/Chinese-Collectibles/Old-Toys/Vintage-Clothing/14K-Jewelry-and-Sterling/etc. 562-243-7229 Exp 8/09

MISCELLANEOUS FOR SALE

Adjustable Twin-XL/Flexabed. Very-comfortable High-Low model fully adjustable Twin-XL bed with/wireless-remote-control. Includes comfortable high-quality latex-foam mattress with/waterproof-cover. In good condition. Adjustable like a hospital-bed but comfortable like a regular-bed. Purchased in November-2017 for \$5,000. Asking \$750/OBO. Brian/(949)-233-9135

Lift-Chair/Recliner. Like-new luxury fully adjustable-recliner that provides assistance with/standing-and sitting-positions. Wired remote-control allows adjustment of lumbar/back/legs/headrest and adjusts from full sleeping-position to standing-position. High-quality synthetic leather-material. Purchased in November-2022 for \$2,100. Asking \$300/OBO. Brian/(949)-233-9135.

MISCELLANEOUS FOR SALE (continued)

Antique-Coins, Comic-Books, Stamps. Available Monday-Friday/9:00am-3:30pm. MUST call for appointment 562-594-3975. Exp 7/26

Patio/Yard Sale. Thursday/July-20th and Friday/July-21st/9:00am-3:00pm. 13800 Canoe Brook Drive/Mutual-3/Unit-15F. Mint-Condition-Faux-Leather-Couch/Futon/Rocking-Chair/Small-Kitchen-Appliances/Power-Tools and MUCH MORE! Exp 7/26

Items for Sale. Thursday-ONLY/July-13th, 8:00am-5:00pm. 1291 Kenwood Road, Mutual-7/Unit-162H. Decor-Items/Sterling-Jewelry/Farm-Style-Side-Table/Old-Raggedy-and-Andy-Dolls/Clothes/Miscellaneous-Items.

CARPORT SPACE AVAILABLE FOR RENT

Carport-Space available for Rent/Space-44. Renter MUST live in Mutual-5. \$40/month. Leave-Message/562-430-3840. Exp 7/26

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Mutual 2-18L
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Beautiful 2 bedroom 1-1/2 bath corner unit with side patio, move-in ready.

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8-178D \$582,000	14-12A \$560,000
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NEW LISTING



Mutual 1 – 47h Thunderbird
1B/1Ba on large greenbelt, Dual Pane Windows, Laminate Vinyl Flrs., Stunning Kitchen w/Stainless Appl., Granite Counters, Heat/Air Pump, Skylights, Smooth Ceilings, All New Construction. Parking is next to the unit. **MUST SEE!**
Completely Remodeled @ \$245,000

Mutual 12 – 77h Glen View
2B/1Ba, L-Shape w/tile patio, NEW Floors & Paint, Granite **SOLD OVER ASKING! \$345,000**

*******CLOSED TRANSACTIONS*******

Listed 10-238b	Listed 15-29j	Listed 14-19e	Buyers Agt. 7-164l
Listed 15-22a	Listed 7-163k	Listed 2-37i	Buyers Agt. 15-11d
Listed 15-43e	Listed 5-115i	Buyers Agt. 7-176c	Buyers Agt. 10-248c
Listed 15-10f	Listed 7-158b	Buyers Agt. 14-25e	Buyers Agt. 4-47j
Listed 5-103l	Listed 14-18b	Buyers Agt. 12-64g	Buyers Agt. 10-249b

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Michael Shieh
714-866-9268

Andrea Bair
714-624-1981

Suzanne Ahn
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Mutual 7 Unit#163B
Stunning 1 Bedroom, 1 Bath unit. This one will not last long! It was recently renovated and boasts new beautiful laminate floors, all new paint throughout and a new built in storage unit located on the patio. It sits on a gorgeous green belt in the heart of Central Park, one of our most desirable areas of Leisure World.

LISTINGS WANTED
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Robin Gray
Over 26 years of Leisure World Experience
DRE 01027333

(562) 209-5605

Listings Wanted


Mutual 2-47C
\$454,900



Pending

BEAUTIFUL Unit - BEAUTIFUL Setting!
Light and bright open concept floorplan - the remodeled kitchen, dining room and living room all flow so nicely! This fully expanded and remodeled home has two bedrooms and one bath. The master bedroom has a walk-in closet and the 2nd bedroom/den has pretty French door slider that overlook the huge living room. Granite counters, washer/dryer, 3 heat pumps, skylights, smooth ceilings, laminate wood look floors, bay windows with Plantation Shutters that overlook the **BEAUTIFUL GREENBELT!!**

Mutual 4-52J
\$450,000



Pending

FABULOUS GREENBELT and a GREAT UNIT!!
Fully expanded with so much added storage! Large living room/dining room with built-ins and book shelves, remodeled kitchen with added counter space, storage and breakfast bar and the remodeled bath has dual sinks! Master bedroom has a walk-in closet plus an extra wardrobe closet, the 2nd bedroom/den has French doors that open to the living room and 2 closets - one with a built-in desk! Washer/dryer, central heat/air, skylights, laminate wood look floors, smooth ceilings, Plantation Shutters, dual pane boxed bay window with seating so you can sit and enjoy the **FABULOUS GREENBELT!!**

13926 Seal Beach Blvd., Seal Beach, CA 90740



Kristin Duncan
714-356-6717
Office Manager



Robin Gray
562-209-5605




Jasmine Elisha
949-522-1618




Kathy Guppton
562-618-9940



Gloria Hadley
562-884-3594



Edwina DiMario
562-706-7999




Vickie Van Ert
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310-889-6583



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949-212-8748



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Adrian Villarreal
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Conrad Rodriquez
562-746-1960



Chris Kim
424-247-4542




Mike Varipapa
562-235-7413



Bill Berman
714-606-5258



Claudette "CC" Cooley
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Seal Beach, CA 90740

One-Bedroom

Mutual 1-30K **\$219,000**
Quaint unit with potential

Two-Bedrooms

Mutual 11-273L **\$349,900**
Spacious corner in private location

Mutual 14-24H **\$360,000**
Faces west with great neighbors

Mutual 12-39E **\$374,000**
East facing unit, completely remodeled

Mutual 5-91J **\$399,000**
2 master bedrooms with walk-in closets.

Mutual 5-122L **\$399,000**
Fully expanded, corner home

Mutual 1-10G **\$425,000**
Corner unit in a desirable location

Specializing in the LW Community

562 618-9940 562 884-3594
Yes we are **SISTERS**



Kathy Gupion
Associate Broker
DRE # 00744676



Sean Wood
Realtor®

DRE# 02186926

562 514-6613



Gloria Hadley
Realtor®
DRE # 01057681

Mutual 5-91J

\$399,000

This Charming beach cottage features 2 Bedrooms, 1 3/4 Bathrooms plus a den. This lovely flexible floor plan has 2 master bedrooms both with walk-in closets. Living is light and bright with a leaded glass entry door. The Living room has an added skylight and heat pump with air conditioning. The Kitchen has built-in Leisure World appliances with added ceiling fan and skylight. Main Bedroom is expanded with a walk-in closet, bay window and sliding door to patio. Main Bathroom has a bath tub and shower over tub and a skylight. The extra large second bedroom has skylight and sliding doors to patio. The den has a walk-in closet added and a 3/4 Bathroom with walk-in shower, built-in shelves and extra storage cabinets. This special home has laminate flooring with vinyl kitchen and bath. Also featured are double pane windows with plantation shutters and a private patio with beautiful greenbelt view. Do not miss out on this lovely home.



Mutual 1-26B

\$229,000

Don't miss out on this expanded one bedroom 1 bathroom cottage located on a fabulous Greenbelt. This terrific one bedroom has a spacious living room with leaded glass door entry. The living room is carpeted and has an added heat pump with an air conditioning unit. The kitchen has built in Leisure World appliances including a stove, oven, refrigerator, and has an added skylight and ceiling fan. A skylight has also been added in the bathroom. The bedroom is carpeted, fully expanded, and features a second closet with sliding glass doors and a sliding glass door to the patio. This unit has lots of potential and has double pane windows and a private patio with a beautiful green belt view.



Mutual 1-30K

\$219,000

Great location for this one bedroom one bath unit which is close to downtown Leisure World and the shopping center. The living room is carpeted and has Vertical Blinds. The kitchen has tile flooring, built in Leisure World appliances including a stove, oven, refrigerator, and has an added ceiling fan and skylight. The bathroom has tile flooring, cut down shower for walk-in convenience, and skylight. The bedroom is carpeted and has a wardrobe closet. The very private patio is screened has a side view of a pretty Greenbelt. You can walk to downtown Leisure World, the gym, golf course, pool, jacuzzi, amphitheater, health care center and shopping center. Located in the resort-like community of Leisure World Seal Beach which features over 200 clubs organizations and activities. Enjoy Seal Beach and it's wonderful ocean breezes.



Mutual 1-26L

\$318,000

A must see corner 2 bedroom 1 bath cottage newly redecorated. This charming home is light and bright and ready to move in. It has new deluxe vinyl flooring though out and has been newly painted. The Kitchen has white cabinets and features built-in appliances including a built-in dishwasher and extra- large skylight. The bathroom has a large skylight and cut down shower for walk-in convenience. The private patio has new indoor/outdoor carpeting and walk-in storage closet.



Mutual11-273L

\$349,900

Quaint tree-lined private location. Spacious corner 2 bedroom 1 bathroom home with a large wrap-around enclosed patio room. The living room has a large skylight, newer heat pump/air conditioning unit and vertical blinds. Kitchen has a Leisure World refrigerator, stove, oven, an added dish washer, ceiling fan and skylight. Living room, bedrooms and kitchen have laminate throughout. Bathroom has skylight and cut down shower for walk-in convenience. Large versatile L-shaped patio room is fully enclosed and has a walk-in storage closet, skylight and indoor/outdoor carpeting. Located in Leisure World a Resort-like 55+ community in charming Seal Beach. Leisure World offers over 200 clubs organizations and activities. This home is light, bright and a must see.



PENDING

Mutual4-77E
Mutual2-29E
Mutual 4-76L

SOLD 2023

Mutual 11-268F
Mutual 4-50F
Mutual9-212C
Mutual6-143A
Mutual 9-225C
Mutual 9-230D
Mutual11-283D
Mutual 4-51D
Mutual 8-189D

SOLD 2022

Mutual 14-17B
Mutual 8-188H
Mutual 8-189B
Mutual 2-40J
Mutual 2-49B
Mutual 2-17G
Mutual 9-59G
Mutual 6- 117L
Mutual 15-39A
Mutual 10-258H
Mutual 6-135I
Mutual 10-258B
Mutual 1-31E
Mutual 5- 117L
Mutual 12-61C
Mutual 2-63H
Mutual 3-4F
Mutual 4-88G
Mutual 2-3B
Mutual 2-8C
Mutual 10 -250J
Mutual11-286B
Mutual12-61A
Mutual 11-286I
Mutual 5-117G
Mutual 2-46H
Mutual 1-67E
Mutual 4-49G
Mutual 8-183G
Mutual 11-285D
Mutual 9-216H
Mutual 7-164L
Mutual 2-6G
Mutual 11-285A
Mutual 11-263A
Mutual 4-49B
Mutual 8-201L
Mutual 2-6L
Mutual 7-165E

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For 2023, We have a total of **46** pending and closed sales.
Buyers are anxiously awaiting the perfect floor plan for their needs! It may be yours!



In Escrow
1201 Oakmont Rd #196H | M8 | \$344,000
Gorgeous greenbelt 2bed/1bath with partial expansion and exterior storage. Immaculate home with laminate floors throughout, Central HVAC, skylight, shutters on all windows.



New Listing!
1601 Glen View Rd #64H | M12 | \$399,000
2Bed/1bath drive-up location with golf cart pad, patio and large storage closet! Heat pump, light and bright remodeled custom kitchen with skylight and newer appliances. Wood floors, dual pane windows, skylights throughout with jetted shower/tub.



13700 El Dorado Dr 32H | M3 | \$569,000
Reimagined 2bed/2bath home on greenbelt location, chef's kitchen, tiled showers, quartz countertops, stainless appliances, central AC, washer/dryer, no detail spared!



13381 Del Monte Dr #28I | M14 | \$349,000
2Bed/1bath fully expanded unit with windows across the front of the home. Dining room, AC heat pumps, skylights throughout, laminate floors, microwave, and large additional storage closet.



In Escrow
13131 Shawnee Ln #268C | M11 | \$295,000
Adorable 2bed/1bath interior location full patio with storage closet, new laminate floors and freshly painted throughout. Skylights in kitchen and bathroom. Move-in ready!



In Escrow
1560 Interlachen Rd #66A | M12 | \$479,000
Corner unit 2 bed/2 bath with central AC and washer/dryer on expansive greenbelt. Updated kitchen with skylights throughout. Walk-in closet and all double pane windows. True comfort!



On July 10th, 2023 a total of 46 units show as active listings on the CRMLS
(this is where Realtors list property for sale)

5 - 1 bedroom/1 bath units
from \$219,000 to \$290,000

23 - 2 bedrooms/1 bath units
from \$279,000 to \$520,000

18 - 2 bedrooms/2 baths units
from \$344,900 to \$619,000

We offer Virtual Tours and can send you a Virtual Tour of any of these properties, We have access to all inventory!



ENTER TO WIN 4TH OF JULY RAFFLE



CONGRATS TO OUR LUCKY WINNER! BE ON THE LOOK OUT FOR OUR NEXT RAFFLE OR GIVEAWAY! HOPE YOU HAD A GREAT 4TH OF JULY!

Congrats to...



Sally Cabrera

4TH OF JULY BASKET WINNER!



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SECOND QUARTER MARKET UPDATE – SOLD UNITS
April, 2023 through June, 2023

BASIC UNITS

1 Bedroom: \$200,000 to \$265,000
2 Bedroom – Inside: \$230,000 to \$400,000
2 Bedroom – Corners: \$308,000 to \$369,000

EXPANDED UNITS

1 Bedroom: \$220,000 to \$290,000
2 Bedroom – Inside: \$317,000 to \$394,500
Expanded Inside with 1+ baths: \$410,000 to \$579,000
2 Bedroom – Corners: \$325,000 to \$595,000
Expanded corners with 1+ baths: \$420,000 to \$650,000

MUTUAL 15

2 Bedroom Apartment Style: \$325,000 to \$419,000
No atriums closed during this period
One-bedroom: \$280,000

MUTUAL 17 – CONDOS

Condo - \$441,500

Prices are determined by location, condition and amenities ...
If you would like to know the value of your unit, please
Call for a Comparable Market Analysis.
Based on information available to us at time
of publication. Reflects ALL closed sales.

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 Dawn Januszka Broker DRE #02110501	 Ginni Houck Escrow Officer	 Verna Chumley Realtor®	 John Webster Realtor®	 Wendi Noble Realtor®	 Kim Jbeili Realtor®	 Tony Accetta Realtor®	 Sally Angell Realtor®	 Suzanne Fekjar Realtor®	 Terri Walters Realtor®	 Elana Torres Realtor®	 Maryann Shallow Realtor®
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Giving Back to the Community on Every Real Estate Transaction!