



ANNUAL REPORT 2023

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ABOUT US

Since 1982, Alzheimer's Orange County has been Orange County's leading one-stop resource center for individuals and families affected by Alzheimer's disease and other related dementias or forms of memory loss. Whether someone is beginning to show signs of cognitive decline, has just been diagnosed or is in the advanced stages of the disease, our community-based services can provide the right support at the right time through every stage of the disease.

We provide multilingual support to Orange County families and individuals through brain health and dementia education, care consultations, community resource connections, Adult Day Health Services, and other support programs. Together, these services form a continuum of care that improves the quality of life of care partners and their loved ones.



DEMENTIA PREVALENCE IN ORANGE COUNTY

WHAT YOU NEED TO KNOW ABOUT COGNITIVE IMPAIRMENT IN OUR COMMUNITY

164,346

ESTIMATED NUMBER OF ORANGE COUNTY RESIDENTS WITH DEMENTIA OR MCI

That's **greater than the entire population** of Newport Beach, Laguna Woods, Costa Mesa, San Clemente and 25 other Orange County cities.



Over **3x the seating capacity** of Angel Stadium



More than Disneyland's **maximum capacity**



Enough to fill eight Honda Centers at **max capacity**



34,780
ORANGE COUNTY LATINOS 65+ HAVE DEMENTIA



16,749
ORANGE COUNTY CAUCASIANS 65+ HAVE DEMENTIA



9,919
ORANGE COUNTY ASIAN-AMERICANS 65+ HAVE DEMENTIA

Alzheimer's | ORANGE COUNTY

MESSAGE FROM THE CEO

Creating change doesn't happen on its own. This report is a reflection of what we can accomplish through collaboration and with the support of our partners, donors and community. For that, we're incredibly grateful. It truly does "take a village" to support those in need.

As new medications and treatment developments bring us hope, it's also essential to recognize the increasing prevalence of dementia in Orange County which highlights an urgent and immediate need- to continue supporting those caring for individuals with memory-related disorders and their loved ones.

The impact of these services stand as a testament to how essential they remain and their role in creating a more compassionate, understanding and dementia-friendly Orange County for those affected by Alzheimer's and related dementias.

Sincerely,



JIM MCCALEER
PRESIDENT & CEO



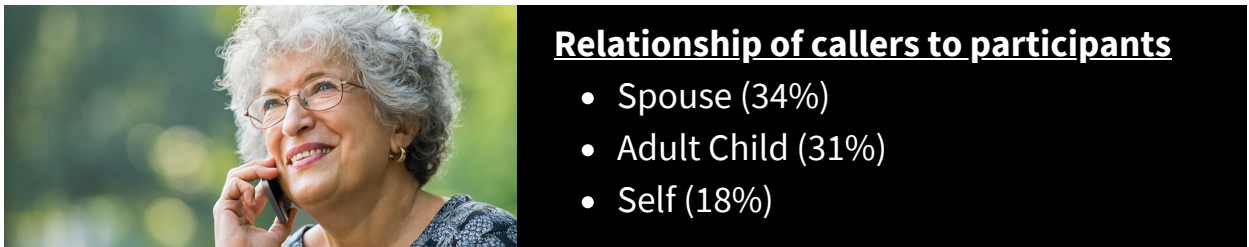
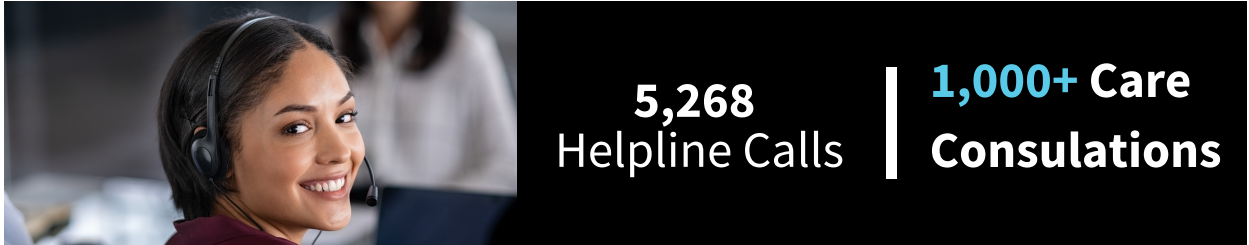
AN OVERVIEW OF OUR IMPACT

Alzheimer's Orange County's services provide comprehensive education, support and direct care to thousands every year. Our programs and services form a continuum of care designed to help each family or individual find the right support at the right time during all stages of their journey.

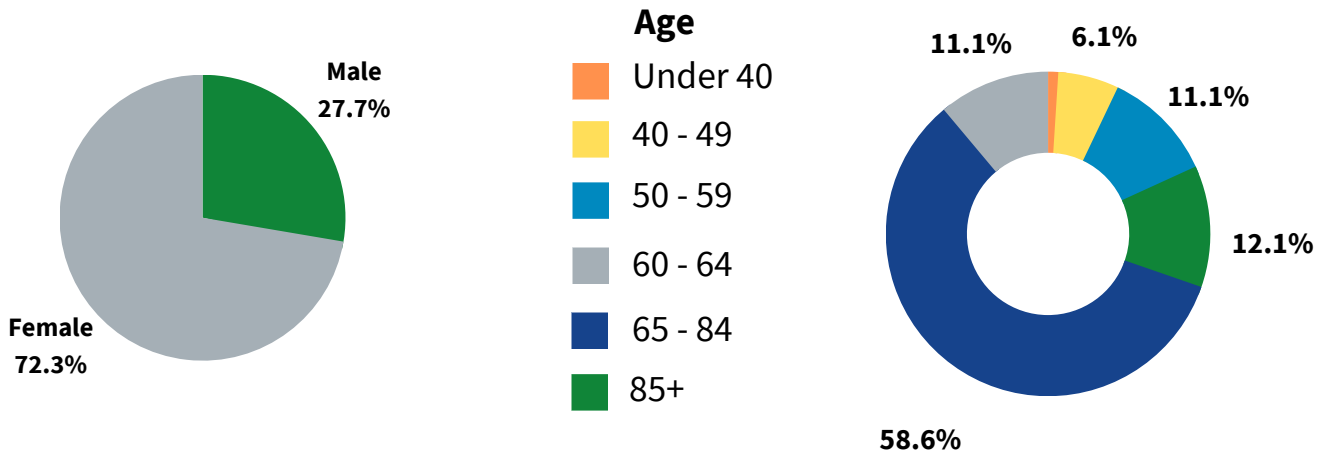


ANSWERING THE CALL

Alzheimer's Orange County's trusted team of Dementia Care Specialists provide free one-on-one guidance to thousands of people every year. They answer questions, provide referrals, give Care Consultations and help each individual get the answers and support they need.



CALLER DEMOGRAPHICS





LEADING THE WAY WITH EDUCATION

Despite the growing number of people affected by Alzheimer's disease or a related dementia, many people lack a full understanding of it or feel unprepared to face it.

Our free educational classes help caregivers learn practical care strategies, train professionals on how to serve people with memory loss, and teach others our community about important topics related to dementia, brain health and other vital healthy aging topics.

2023 OVERVIEW



10,417 attendees



20% increase from last year



278 classes held



11% increase from last year

ATTENDEE DEMOGRAPHICS & INFO



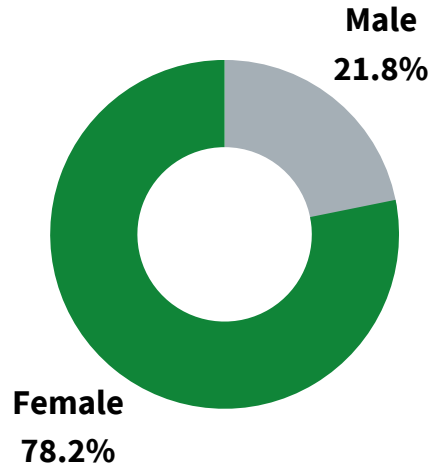
Over 65%
of our classes were held in person



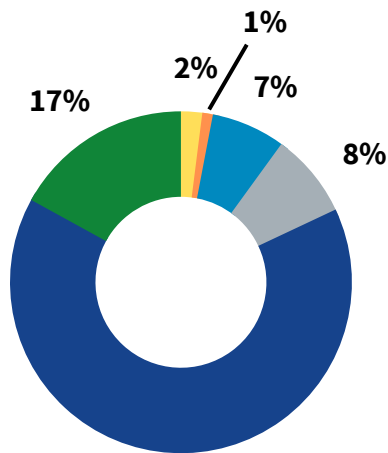
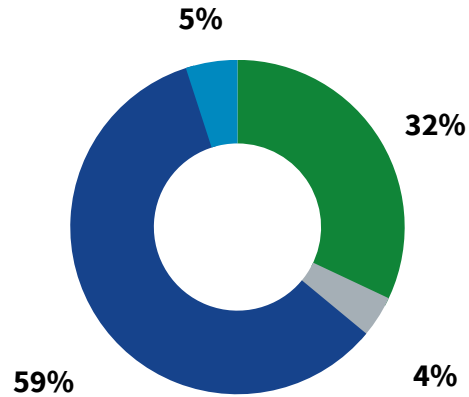
58 classes
were held in North County



136 classes
were held in South County



- General Interest
- Care Partners
- Professionals
- People with dementia



- Age
- Under 40
- 40 - 49
- 50 - 59
- 60 - 64
- 65 - 84
- 85+

SUPPORTING UNDERSERVED COMMUNITIES

Alzheimer's Orange County's work in the Latino community is part of a continuous effort to provide support to Orange County's diverse community. Increasing our reach in underserved communities where the need is great and the risk is elevated is crucial.

LATINO COMMUNITY & THE NEED



Other than English, Spanish is the most widely spoken language in Orange County.

34%

of Orange County's population is Hispanic or Latino

34,780

Orange County Latinos 65 years or older have dementia

“Para mi no hay dinero que pague todo el conocimiento que he aprendido con este programa.”

“For me, the knowledge I gained through this program is priceless.”

—Maria del Toro



4,926 PEOPLE

attended an educational class taught in Spanish

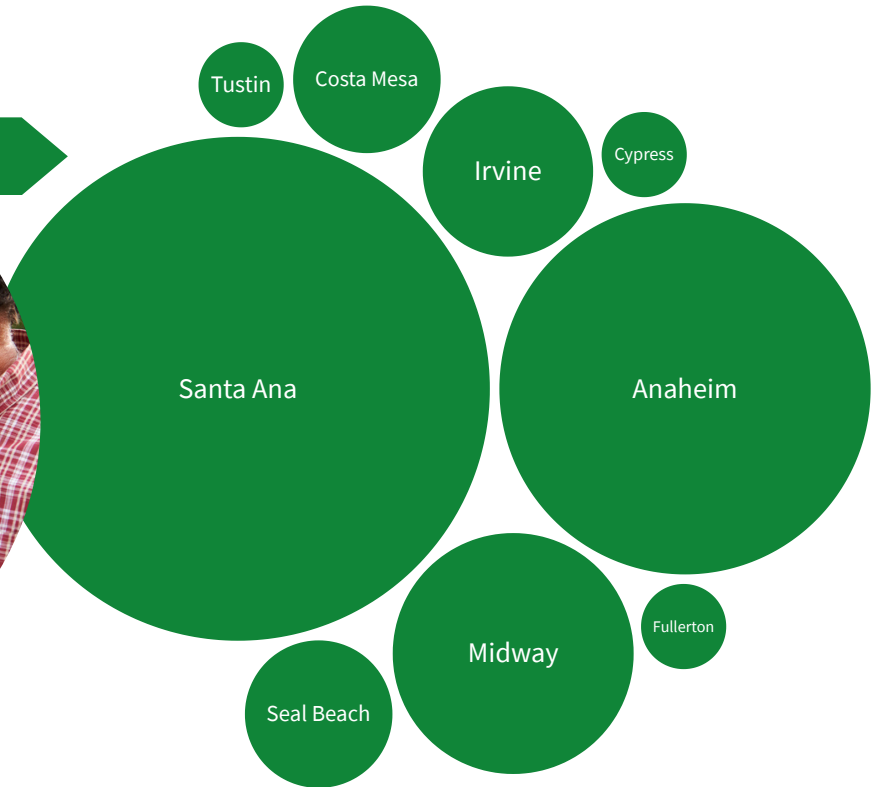


9%

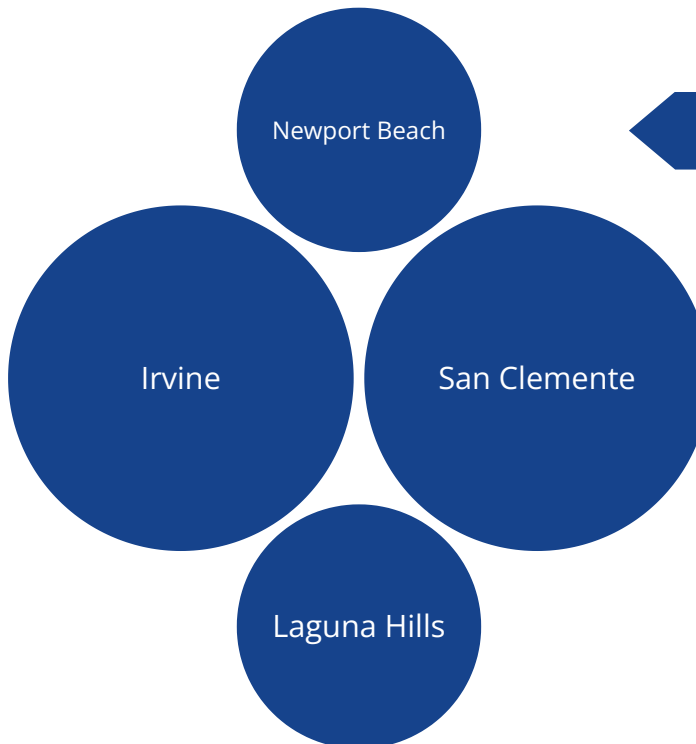
increase in classes taught in Spanish from last year. 79 of our classes were in person.

SPANISH CLASSES IN 2023

NORTH COUNTY CLASSES



SOUTH COUNTY CLASSES



CREATING A SENSE OF COMMUNITY

People that care for others with memory loss can struggle with a variety of emotions and difficulties along their journey. Support groups help bring people with common challenges together to exchange encouragement and find solutions in a comfortable and safe environment for anyone that participates.



2,736
people
attended

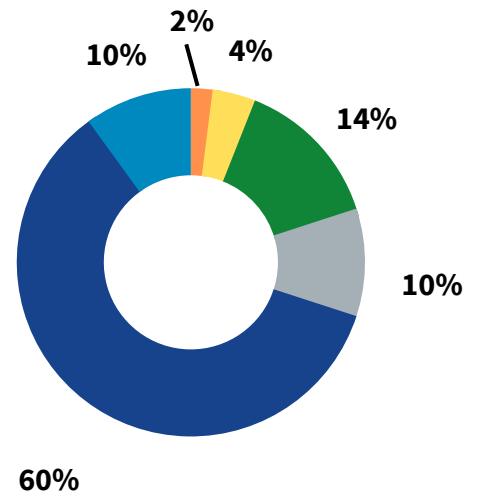
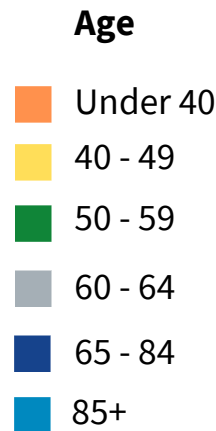
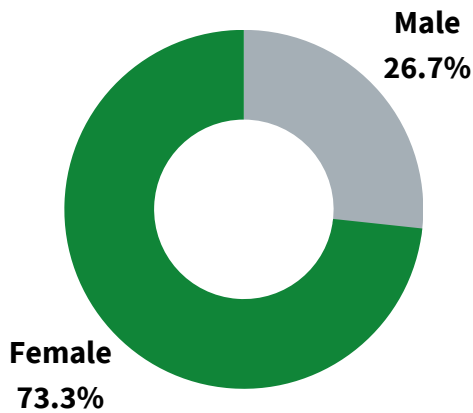
17% ↑
Increase from
last year



349
sessions

22% ↑
Increase from
last year

SUPPORT GROUP DEMOGRAPHICS



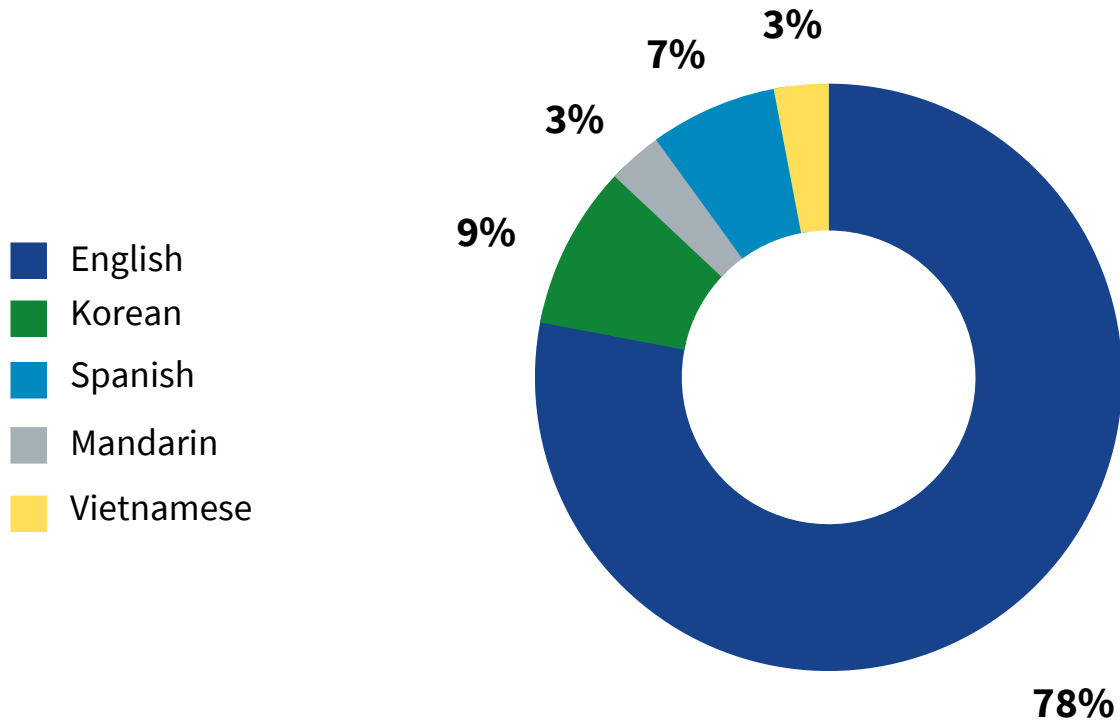
SUPPORT GROUPS FOR MULTIPLE NEEDS

Alzheimer's Orange County understands that support isn't one-size-fits-all. Our groups span different languages, different types of dementia, different locations and unique needs to make it easier for those we serve to find the right fit for them.

Our groups include:

- Alzheimer's disease & dementia
- Lewy Body & Frontotemporal dementia
- Faith-based groups
- Groups in multiple languages
- And more!

MULTILINGUAL SUPPORT GROUPS



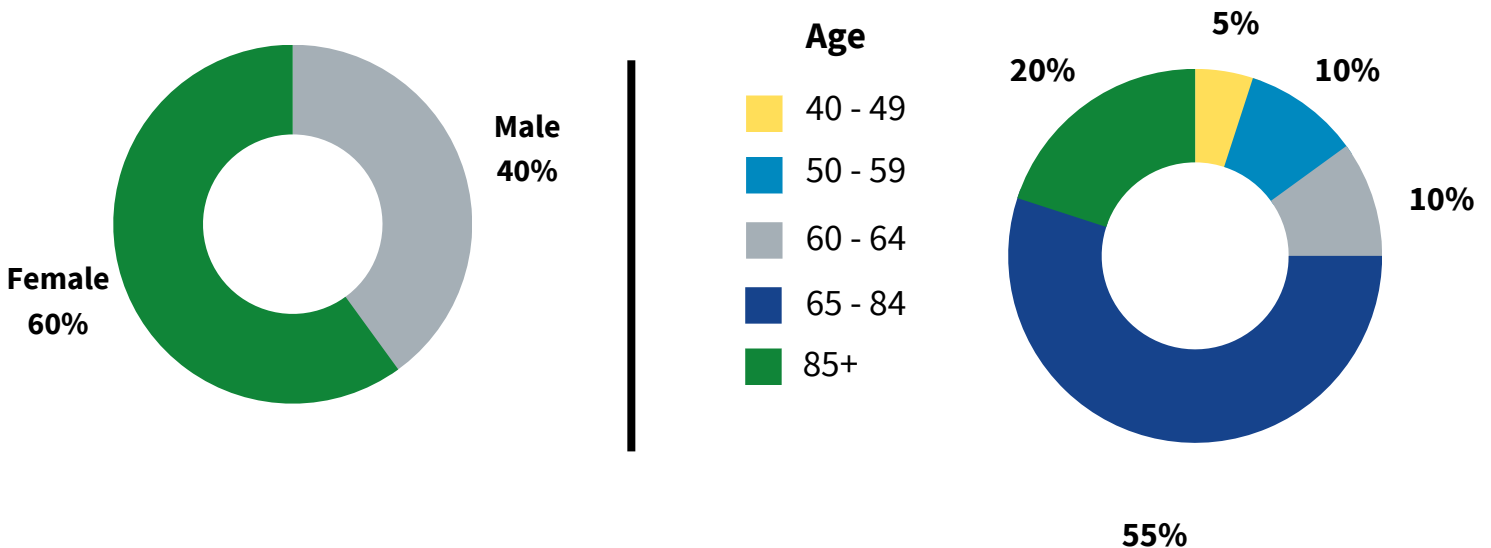
FINDING HOPE FROM THE START

Early Memory Loss Support

Getting help from the moment someone shows signs of memory loss or when they receive a diagnosis is essential. Our early memory loss program helps families prepare, plan and move forward with confidence so they can take control of their next steps.



PARTICIPANT DEMOGRAPHICS



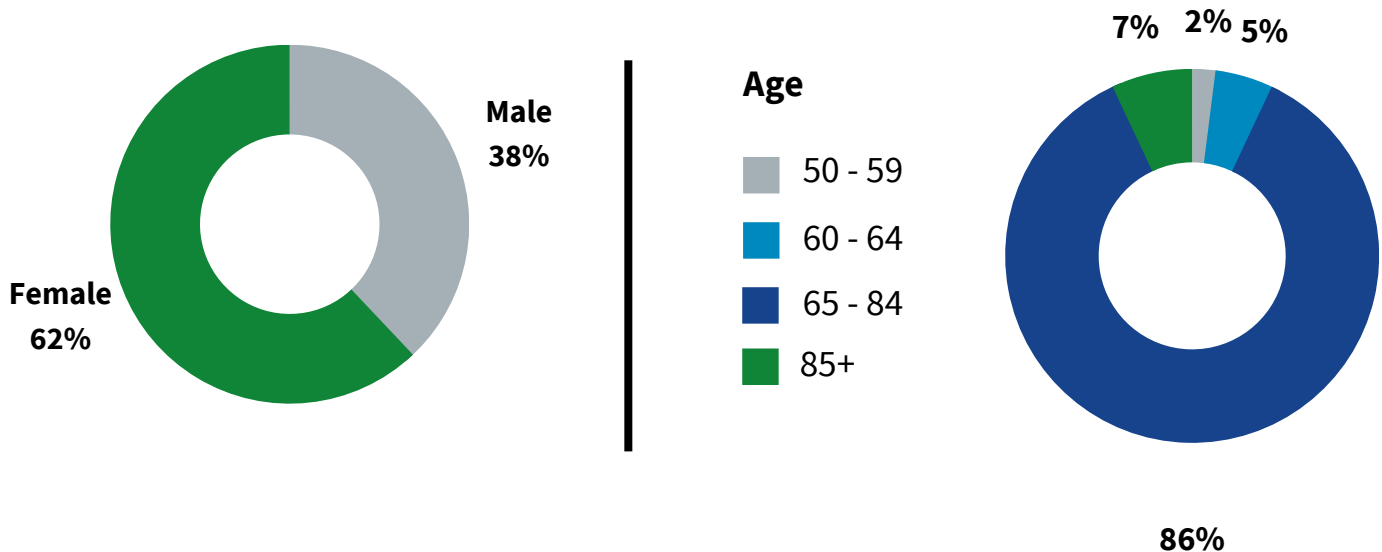
CULTIVATING CONNECTIONS

Connect2Culture

Our Connect2Culture program organizes fun, social and meaningful activities in the community for people with memory loss and their care partners. We create opportunities for families to get out and stay active with other people like them.



PARTICIPANT DEMOGRAPHICS



PROMOTING HEALTHY AGING

Our two licensed adult day centers located in Garden Grove and Laguna Woods (Healthy Aging Center: Acacia and Healthy Aging Center: Laguna Woods) provide direct care that makes it easier for people to age at home and help promote the health and wellness of each participant and their families.

We cared for nearly



400 people

We provided over



59,970 meals and over



4,000 hours of therapy



“I like coming to the center because I like the people, there’s good entertainment, the food is good, and it feels like home. They make me feel like I belong. The staff is wonderful.”





100%

of the money we raise stays in
Orange County for Orange County