

2023 Impact Report

MISSION: To serve Orange County individuals with memory loss, frail seniors, and those that support them.

A GROWING NEED

DEMENTIA PREVALENCE IN ORANGE COUNTY

164,346

Orange County residents are living with dementia or mild cognitive impairment (MCI).

That's greater than the population of **29 cities** in OC.

DID YOU KNOW?

In 2023, we helped **34,483 people** learn about local resources and get support tailored to their needs.

BY THE NUMBERS



HELPLINE & CARE CONSULTATIONS

Our team of dementia care specialists offered free one-on-one support, guidance and referrals to **5,268 people**.

47% ↑

INCREASE IN
IN-PERSON
CONSULTATIONS



COMMUNITY EDUCATION

We educated **10,417** caregivers, healthcare professionals and others with our free brain health and dementia classes to increase their understanding of key topics and teach them new skills.

WE INCREASED
ATTENDANCE BY

29% ↑

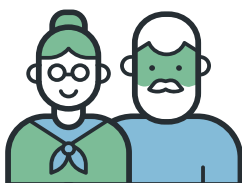


SUPPORT GROUPS

2,736 people attended our support groups to share experiences, create connections and find solutions.

22% ↑

INCREASE IN
PARTICIPATION



EARLY MEMORY LOSS SUPPORT

Our early memory loss support sessions helped **542 people** prepare, plan and learn about the first steps after diagnosis.

35%

OF PARTICIPANTS
ATTENDED 10 OR
MORE SESSIONS

BY THE NUMBERS (CONTINUED)



MULTICULTURAL EDUCATION

4,926 people attended one of our educational classes in Spanish.

84% ↑
INCREASE IN
ATTENDANCE



OUTREACH & ADVOCACY

We interacted with approximately **9,400** individuals and had over **150 contacts** with elected officials at the local, state and federal levels.

OVER
1,300
PHYSICIAN
OFFICE VISITS



CONNECT2CULTURE

798 people participated in one of our fun and social activities to help people in early to moderate stages get out and get active.

61%
OF PARTICIPANTS
ATTENDED 2 OR
MORE EVENTS



ADULT DAY SERVICES

Our two Healthy Aging Centers provided care to nearly **400 participants** to help them preserve their independence and age at home with their families.

WE PROVIDED OVER
59,970
MEALS AND OVER
4,000
HOURS OF THERAPY
/ EXERCISE

WHAT OTHERS ARE SAYING



DENISE

“It was nice to be able to sit and have someone speak to us about relevant issues that we are facing and will be facing and what to do about it and providing resources on doing that.”



BEVERLY

“I like coming to the [Healthy Aging] center because I like the people, there’s good entertainment, the food is good, and it feels like home. They make me feel like I belong. The staff is wonderful.”



WEBINAR ATTENDEE

“I try to attend every one of your courses. I learn something new with every course.”