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Anaheim Hills briefs: City offers clubs, activities for its older residents to stay active



By **SHARON HLAPCICH** | smhlapcich@sbcglobal.net | Hills Happenings
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All older active adults aged 60 and over are invited to join one of Anaheim's Senior Citizen Clubs and have the opportunity to participate in a variety of activities and programs.

The Anaheim Senior Citizens' Club, a nonprofit volunteer organization, provides many recreation and social opportunities coordinated by volunteers and staff members that are hosted at Anaheim's six community centers, including the East Anaheim Community Center and East Anaheim Gymnasium in Anaheim Hills. Membership is \$16 annually and entitles seniors to participate in various activities.

Some of these include lunches, dances, game day such as bridge and canasta, pickleball, table tennis, exercise including Zumba Gold and strengthening, art and educational classes, as well as movie days — all of which are intended to enrich life and foster friendships.

Join other older adults, have fun and make friends. For additional information, contact Christine Hunt at 714-765-3912.

Opportunity to give blood

This event is being held in conjunction with the American Red Cross and is an opportunity to help replenish blood supplies. Those wishing to participate, should visit RedCrossBlood.org and enter CanyonHills to schedule an appointment.

Celebrate a late Valentine's Day with the Women's Club

The Anaheim Hills Women's Club will host a Valentine's Day luncheon from 11 a.m. to 2 p.m. on Feb. 19 at the Anaheim Hills Golf Course. All women in the community are invited.

Guests have the choice of three entrees to celebrate the special day. Singer Tony O'Dell Rogers entertains with familiar, fun songs. Cost to attend is \$38 per person and the reservation deadline is Friday.

If you would like to attend, contact Karon Kelleher at Gmakelleher@gmail.com or call her landline, 714-912-4907.

Shop popular books for the library

Friends of Canyon Hills Library will host a special Valentine's Day Flash Book Sale from 10 a.m. to 4 p.m. on Feb. 14 and again on Feb. 15 at the Canyon Hills branch.

Peruse a great selection of books from featured authors Danielle Steel, John Grisham and Janet Evanovich offered at bargain prices. The sale includes puzzles, DVDs and various books.

Proceeds from the sale will enable members of the Friends to provide many programs and services for the community. For additional information call, 714-765-6444.

Several activities and programs are happening at the Canyon Hills and East Anaheim branch libraries. Canyon Hills branch hosts a Black History Month program from 2 to 4 p.m. Friday, with a special film screening with Disney/Pixar's "Soul." There is no cost to attend.

The East Anaheim branch will host Ring in Ramadan at noon on Feb. 15 with a story time, food and crafts. There is no cost to attend. Come join in the fun.

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For additional information, contact the branch at 714-765-3887.

Library partners with Alzheimer's OC

A "Mind Your Brain: Strategies for Cognitive Strength at Any Age" program is scheduled from 2 to 3 p.m. on Feb. 18.

The Zoom event is sponsored and co-hosted by the Anaheim Public Library and presented by Alzheimer's Orange County, and will be an opportunity to learn about the six pillars of brain health, age-related changes in memory and steps to prevent risk of cognitive decline.

Register at <https://tinyurl.com/yktjzjib> or contact Senior Librarian Lucky Duran at lduran@anaheim.net for additional information.

Option for older adults to skip driving

Anaheim also offers a Senior Wheels Program for active older adults aged 60 and over residing in Anaheim and Anaheim Hills which can be utilized within a 10-mile radius of their home.

The Senior Wheels Program is available for transportation to non-emergency medical appointments, community center social and recreational activities and shopping. Service is offered 7 a.m. to 6 p.m. weekdays and 9 a.m. to 4 p.m. weekends. Vouchers for each round-trip ride are \$2, with two vouchers required per trip. Complimentary transportation to city-sponsored congregate meal locations for nutrition is available between 9 a.m. and 1:30 p.m.

Those interested in taking advantage of the Senior Wheels Transportation Program may purchase vouchers using cash, check or money order at the East Anaheim Community Center, as well as other community center sites in Anaheim.

Seniors can also visit Anaheim.net/olderadults and click on the Senior Wheels Transportation link for an online application. Additional application information for purchasing a voucher or the service is available by calling 714-765-4511.

The Assistance League of Anaheim kicks off the new year at 5:30 p.m. on Feb. 13 at the Ebell Club of Anaheim clubhouse on Helena Street in Anaheim. Dinner and program follow at 6 p.m. All women are welcome.

Members will be collecting canned goods and gently used sweaters, jackets and school supplies for the students at Ball Junior High School at the meeting.

Contact Hilary Lacher at hilach2k@gmail.com for more information or reservations. Reservation deadline is Feb. 10.

Sharon Hlapcich writes about events and happenings in the Anaheim Hills area. Reach her by phone (714-998-4604 or e-mail (smhlapcich@sbcglobal.net)).



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