

“Are You Good to Go?”

What you need to know about advance care planning and the end of life



Thursday, May 29, 2025 | 10:30 - 11:30 am



Patty Barnett Mouton, MSGC

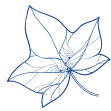
*Vice President, Alzheimer's Orange County
Director, Community Education,
Hoag Palliative Care*

Have you had the important conversations with your loved ones necessary to ensure they know **your wishes in the event of serious or terminal illness**? Planning for serious illness provides a gift of peace of mind for you, and those you love. This program will discuss how you can **anticipate and identify your wishes, ensure those wishes are honored, and start the often-difficult conversations with your loved ones.**

Gourmet lunch prepared by the Ivy Park executive chef will be served.

This class will answer:

- How do I record my wishes in the event I cannot speak for myself?
- How do I start the conversation with loved ones and my doctor?
- What is a POLST form?
- What about CPR? Mechanical Ventilation?
- What about Tube Feedings?
- What is Palliative Care? When is hospice appropriate?
- What makes an Advance Directive form legal?



IVY PARK
at Laguna Woods

**24441 Calle Sonora
Laguna Woods, CA 92637**

RSVP to Celina Berenguer: celina.berenguer@alzoc.org or (949) 757-3720

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