

## **ALZOC Introduction and Dementia 101**

### **Wednesday, June 4, 2025**

### **1:30-2:30 PM**



Forgetting a name, misplacing keys, becoming momentarily confused—these can be byproducts of normal aging or the early symptoms of dementia. Not all dementia is Alzheimer's disease. Knowing the difference affects planning, management, and prognosis. Join us as we review the most common types of dementia.

## **Normal Aging or Warning Signs of Dementia**

### **Wednesday, June 18, 2025**

### **1:30-2:30 PM**



Is it normal or something else? Come and find out in this informative session! As we age, our body and brain go through changes that may affect our learning and problem solving, recall, vision, hearing, and mobility. In this class, attendees will learn what changes are normal and what may warrant further evaluation.

**Downtown Anaheim Community Center**  
250 E. Center Street Anaheim, CA 92805  
Reservations: (714) 765-4510



People with access and functional needs who require an accommodation to participate in a program should direct such request either in person or by telephone at 714-765-4511 at least 72 hours before the scheduled event.