

SHARPEN YOUR MIND:

MEMORY TIPS AND TRICKS

TUESDAY, JUNE 24TH 10:00 AM - 11:30 AM

Looking to give your memory a boost? Join us for a fun and interactive session where you'll discover practical strategies to improve your memory and enhance brain health. This engaging class is packed with activities to challenge your brain, spark your curiosity, and help you unlock your mental potential.



Come play along, learn something new, and take the first step toward a sharper mind!

FREE EDUCATION CLASSES AT THE OASIS



OASIS Senior Center
801 Narcissus Ave
Corona Del Mar, CA 92625

RSVP Required
Call 949-644-3244

Alzheimer's | **MEMORY
SUPPORT
SERVICES**
ORANGE COUNTY

Alzheimer's OC | 2515 McCabe Way, Suite 200, Irvine, CA 92614
Helpline 844-373-4400 | www.alzoc.org