



## **ANNUAL REPORT 2024**

## **ABOUT US**

Over 164,000 people in Orange County are affected by dementia or mild cognitive impairment.

Since 1982, Alzheimer's Orange County has been Orange County's center for Alzheimer's resources. We are dedicated to providing quality care and support services to the thousands of residents of Orange County who are affected by Alzheimer's disease or other related dementia, and also partnering with local researchers to populate clinical trials to help find a cure.

Alzheimer's Orange County provides support to Orange County families and individuals through support groups, educational classes, social programs, helpline and care consultations, advocacy, adult day health services, and other memory support services.

**Our mission:** To serve Orange County individuals with memory loss, frail seniors, and those that support them.

## **Healthy Aging Center Acacia, a program of Alzheimer's Orange County**

Healthy Aging Center Acacia is a licensed Adult Day Center that serves the medical and social needs of individuals who are living at home, but need daytime assistance for their health needs. Our team is dedicated to improving the quality of life for frail older adults, persons with dementia or other disabilities and their families by providing expert, supportive care in an inviting and interactive setting.

At Healthy Aging Center Acacia, our team is made up of experienced, licensed, and certified professionals in social work, nursing, and therapy services—including physical, occupational, and speech therapy. We are proud of our ethnically diverse and multilingual staff, who are fluent in English, Spanish, Vietnamese, Korean, Chinese, and Tagalog, allowing us to better serve our community.

Our full-time team includes social workers, registered nurses, licensed vocational nurses, therapy aides, certified nursing assistants, and activity coordinators. Our program includes the expertise of consulting professionals, including a physician, physical therapist, occupational therapist, speech therapist, licensed clinical social worker, registered dietitian, and pharmacist.

Healthy Aging Center Acacia is prepared to meet the needs of our clients and families by providing respite care, counseling, referrals, daily socialization, and rehabilitation.

## **Full Board FY25**

### **BOARD OF DIRECTORS**

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## 2024 IMPACT REPORT

### Bridging the gap of an immediate need

Alzheimer's Orange County serves thousands of families, professionals, and community members each year, offering vital support, care, and education for those affected by Alzheimer's disease or other dementias. Until there's a **cure**, we provide **hope**.



### SUPPORT BY THE NUMBERS

27,101 people served in 2024



#### Answering the call

Our team received **4,134 Helpline calls** and conducted **1,103 Care Consultations** to provide answers, expert guidance and tailored support for each caller.



#### Improving understanding & care

**15,109 people** attended our educational classes on dementia, brain health, and healthy aging, gaining knowledge and skills to better support themselves and those they care for.



#### Bringing people together to create a community

**2,796 attendees** participated in support groups, meeting in-person, online, and in multiple languages to share experiences and solutions.

### WHAT OTHERS ARE SAYING

*"They always got back to me right away through email or phone. They would call to check in periodically to see how things were going. Until we went through this process we had no idea how challenging it was from many perspectives. It was great knowing there are excellent resources out there. My brother and I truly appreciate everything your organization did and continues to do for other families."*

- Helpline caller

*"Your webinars are always excellent! I refer friends and professionals involved in dementia care to your webinars and your support groups."*

- Webinar attendee



### Promoting active living and socialization

**798** attendees participated in **Connect2Culture**, a program offering social activities for individuals in early to moderate stages of dementia and their care partners to connect and engage.



### Engaging with healthcare providers

We reached **over 3,000 physicians**, sharing information about our services to expand awareness and improve dementia care in Orange County.



### Community outreach for lasting impact

We engaged with **over 10,000 community members** and connected with elected representatives and local officials **183** times to raise awareness and advocate for those affected by dementia.



### Enriching lives and providing essential respite

Our adult day center, Healthy Aging Center: Acacia, served **147 individuals** and provided **4,920 hours of therapy**, to help participants stay active, reduce costly care, and give families respite.

## DID YOU KNOW?

**+ 164K** people in Orange County

are estimated to have dementia or mild cognitive impairment (MCI).

### Dementia Care & High Emotional Stress

**49%**

Dementia Caregivers

vs

**35%**

Non-Dementia Caregivers

*“Support programs for unpaid caregivers should be considered as a cost effective way to manage dementia while researchers continue to seek effective treatments.”*

Alzheimer’s Disease and Related Dementias Facts and Figures in California: Current Status and Future Projections, CA Dept. of Health (2021)

## PROGRAMS THAT TRANSFORM LIVES

After her husband was diagnosed with mild cognitive impairment, Anne\* found hope and support through one of Alzheimer’s Orange County’s early memory loss programs, Memory University. Initially struggling to find adequate care, she discovered the program online. The compassionate guidance and instruction they received from expert instructors over multiple weeks provided her and her husband with practical strategies to navigate their journey and begin planning ahead. This program not only educated them, but also fostered a supportive community.

*“Having someone to talk to in a group who’s going through what you’re going through is highly valuable.” - Anne*

*\*Name has been changed to maintain confidentiality*

# ALZHEIMER'S ORANGE COUNTY

## Consolidated Statement of Activities For The Year Ended June 30, 2024 (With comparative totals for June 30, 2023)

	Without Donor Restrictions	With Donor Restrictions	Total	2023 Total
<b>Support and revenues</b>				
Participant fees	\$ 1,947,768	\$ -	\$ 1,947,768	\$ 3,105,367
Direct public support and grant support	254,373	4,078,026	4,332,399	3,168,158
Special events, net of \$243,460 of expenses	924,576	-	924,576	709,826
Walk revenue	241,005	-	241,005	237,547
Conferences and sponsorships	128,700	-	128,700	139,115
Donated services and materials	26,183	-	26,183	9,098
Rental income	30,000	-	30,000	30,000
Indirect public support and other	36,426	-	36,426	49,031
Other income	-	-	-	9,261
Net assets released from restriction	2,745,467	(2,745,467)	-	-
Total support and revenues	6,334,498	1,332,559	7,667,057	7,457,403
<b>Expenses</b>				
Program services	5,498,962	-	5,498,962	7,500,997
Fundraising	739,679	-	739,679	333,171
General and administrative	387,277	-	387,277	434,310
Total expenses	6,625,918	-	6,625,918	8,268,478
<b>Other income (expense)</b>				
Realized and unrealized investment losses	-	-	-	(35,181)
Dividend income	-	-	-	14,975
Interest income	13,029	-	13,029	15,092
Loss on impairment, net (Note 13)	-	-	-	(130,251)
Total other income, net	13,029	-	13,029	(135,365)
Change in net assets from continuing operations	(278,391)	1,332,559	1,054,168	(946,440)
Loss from discontinued operations of:				
Laguna Woods (Note 14)	(170,719)	-	(170,719)	-
The Cottages (Note 13)	-	-	-	(1,040,209)
<b>Change in net assets</b>	(449,110)	1,332,559	883,449	(1,986,649)
<b>Net assets, beginning of year</b>	1,855,540	240,264	2,095,804	4,082,453
<b>Net assets, end of year</b>	\$ 1,406,430	\$ 1,572,823	\$ 2,979,253	\$ 2,095,804