

# Forgetfulness or Something More?

**Free Memory Screening at:  
United Methodist Church  
18422 Culver Dr, Irvine, CA 92612**

**Monday, August 18th  
9:00am - 12:00pm**

## **What is Memory Screening?**

A memory screening is a wellness tool that helps identify possible changes in memory and cognition.

## ***Do you have:***

- Trouble coming up with a word or name
- Trouble remembering important dates or events
- Problems remembering names when introduced to new people
- Trouble remembering what you just read or heard
- Problems losing or misplacing things
- Trouble planning or organizing
- Noticeably greater difficulty performing tasks in social and occupational settings



If you said yes to **any** of the above, consider scheduling a **FREE** Mind Check memory screening.

**By appointment only. Please call: (949) 757-3725**