



EARLY-STAGE MEMORY LOSS: NOW WHAT?

Thursday, September 11th | 10:00 AM - 11:00 AM

OASIS Senior Center

801 Narcissus Ave, Corona Del Mar, CA 92625

Receiving a diagnosis of early stage memory loss—whether Alzheimer’s or another form of dementia—can be overwhelming. This informative and compassionate class is designed to help individuals and their care partners navigate the road ahead. Learn what to expect, how to plan for the future, and how to build a strong support system. We’ll discuss emotional reactions, communication tips, lifestyle changes that can support brain health, and available resources. Whether you’re newly diagnosed or supporting someone who is, this class offers guidance, clarity, and hope for the journey.

To RSVP Call: (949) 644-3244

Complimentary Memory Screening by Appointment Only.

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