



Help and Encouragement after the Death of a Loved One

Join us, every Monday from August 4th to October 27th, 2025, for our 12-week GriefShare grief support group, for those who have lost a loved one. This group is led by caring facilitators who have experienced grief and want to help you through the difficult days ahead. We know it hurts, and we want to help. GriefShare is faith-based, ecumenical and scripturally supported, offering insights and tools for navigating the journey of loss after the death of a loved one. Discover what to expect in the days ahead and what is "normal" in grief. Our goal is to provide guidance and support in a small community of others who have also experienced the pain of bereavement.



St. Timothy Catholic Church

29102 Crown Valley Pkwy
Laguna Niguel, CA 92677

Every Monday

August 4 - October 27, 2025

Meet in the Upper Room

Dark on Sep. 1 for Labor Day

Gathering & Introduction: 3:45pm

Seminar & Support Group Discussion: 4:00pm - 6:15pm

RSVP to Patty Brand, RN at brand23372@aol.com or (949) 300-5873



*Caring FOR THE
Whole Person*