


Healthy Aging Center Acacia

September 2025 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1.	2.	3.	4.	5.
<p>Adult Snack Menu</p> <p>The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627</p>	<p>Mandarin Orange Cup in Natural Juice (1/2 cup) Shelf Stable</p> <p>Yogurt – Low Fat (4 oz) Refrigerated</p>	<p>Pineapple Cup in Natural Juice (1/2 cup) Shelf Stable</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent) Shelf Stable</p>	<p>Wheat Cracker Bag - WGR (1 oz equivalent) Shelf Stable</p> <p>String Cheese (1 oz) Refrigerated</p>	<p>Jungle Cracker Bag - WGR (1 oz equivalent) Shelf Stable</p> <p>Sliced Apple Bag (1/2 cup) Refrigerated</p>
8.	9.	10.	11.	12.
<p>Applesauce Cup (1/2 cup) Shelf Stable</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent) Shelf Stable</p>	<p>Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) Shelf Stable</p> <p>String Cheese (1 oz) Refrigerated</p>	<p>Mini Bagel - WGR (1 oz) Shelf Stable</p> <p>Mandarin Orange Cup in Natural Juice (1/2 cup) Shelf Stable</p>	<p>Sliced Apple Bag (1/2 cup) Refrigerated</p> <p>Yogurt – Low Fat (4 oz) Refrigerated</p>	<p>Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent) Shelf Stable</p> <p>Banana (1/2 cup) Shelf Stable</p>
15.	16.	17.	18.	19.
<p>Jungle Cracker Bag - WGR (1 oz equivalent) Shelf Stable</p> <p>Yogurt – Low Fat (4 oz) Refrigerated</p>	<p>Mandarin Orange Cup in Natural Juice (1/2 cup) Shelf Stable</p> <p>String Cheese (1 oz) Refrigerated</p>	<p>Cottage Cheese (2 oz) Refrigerated</p> <p>Sliced Apple Bag (1/2 cup) Refrigerated</p>	<p>Diced Peach Cup (1/2 cup) Shelf Stable</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent) Shelf Stable</p>	<p>Mini Bagel - WGR (1 oz) Shelf Stable</p> <p>Swiss Cheese Slices (1 oz) Refrigerated</p>
22.	23.	24.	25.	26.
<p>Wheat Cracker Bag - WGR (1 oz equivalent) Shelf Stable</p> <p>String Cheese (1 oz) Refrigerated</p>	<p>Applesauce Cup (1/2 cup) Shelf Stable</p> <p>Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent) Shelf Stable</p>	<p>Yogurt – Low Fat (4 oz) Refrigerated</p> <p>Banana (1/2 cup) Shelf Stable</p>	<p>Sliced Apple Bag (1/2 cup) Refrigerated</p> <p>Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) Shelf Stable</p>	<p>Pineapple Cup in Natural Juice (1/2 cup) Shelf Stable</p> <p>Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent) Shelf Stable</p>
29.	30.			
<p>Peach Cup in Natural Juice (1/2 cup) Shelf Stable</p> <p>Cottage Cheese (2 oz) Refrigerated</p>	<p>Jungle Cracker Bag - WGR (1 oz equivalent) Shelf Stable</p> <p>Sliced Apple Bag (1/2 cup) Refrigerated</p>			<p>*WGR – Whole Grain Rich</p> <p>*All fruit cups are served in natural fruit juices.</p> <p>The menu is subject to change.</p>

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

Healthy Aging Center Acacia

September 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1.	2	3.	4	5
<p style="color: red; text-align: center;">The menu is subject to change.</p> 	<p style="text-align: right;">(2.4 oz)</p> <p>Beef Patty w/ Mushrooms</p> <p>Peas (1/2 c) Bread - WGR (2 slices) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.15 oz)</p> <p>Chicken Parmesan</p> <p>Green Beans (1/2 c.) Mixed Fruit (1/2 c.) French Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(4 oz)</p> <p>Fish Fillet Sandwich - WGR</p> <p>Fish (4oz) Tartar Sauce (1 oz) Green Beans (1/2 c.) Peaches (1/2 c.) Bun - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Chicken Dippers</p> <p>Broccoli Normandy (1/2 c.) Brown Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz)</p>
8	9	10	11	12
<p style="text-align: right;">(3 oz)</p> <p>Sweet and Sour Chicken</p> <p>Carrots (1/2 c.) Peaches (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)</p>	<p>BBQ Chicken Sandwich</p> <p>Chicken Patty (2.62 oz) Bun - WGR (2 oz) Green Beans and Onions (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Meatloaf</p> <p>Corn (1/2 c.) Mixed Fruit (1/2 c.) Artisan Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Soft Tacos</p> <p>Ground Turkey Taco Meat (3 oz) Mixed Vegetables (1/2 c.) Mild Salsa (1 oz) Peaches (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.3 oz)</p> <p>Cheese Lasagna- WGR</p> <p>Green Beans (1/2 c.) Applesauce (1/2 c.) Bread - WGR (2 oz) 1% Milk (8 oz)</p>
15	16	17	18	19
<p style="text-align: right;">(3 oz)</p> <p>Chicken w/ Tomatoes</p> <p>Steamed Carrots (1/2 c.) Brown Rice - WGR (1 c.) Mixed Fruit (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Beef Meatballs with Fajita Vegetables</p> <p>Meatballs (4 each = 2 oz) Mixed Vegetables (1/2 c.) (1/2 c.) Tortillas - WGR (2 oz) Pears (1/2 c.) 1% Milk (8 oz) Celebration Dessert</p>	<p style="text-align: right;">(3 oz)</p> <p>Glazed Pineapple Chicken</p> <p>Mixed Vegetables (1/2 c.) Peaches (1/2 c.) Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Salisbury Steak</p> <p>Peas (1/2 c.) Banana (1/2 c.) Bread - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.6 oz)</p> <p>Baked Cajun Fish</p> <p>Roll - WGR (2 oz) Tartar Sauce (1 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>
22	23	24	25	26
<p style="text-align: right;">(2.4 oz)</p> <p>Beef Patty w/ BBQ Sauce</p> <p>Baked Beans (1/2 c.) Applesauce (1/2 c.) Bread - WGR (2 oz) 1% Milk (8 oz) Celebration Dessert</p>	<p>Meatball Hoagie</p> <p>Meatballs (4 each = 2 oz) French Roll - WGR (2.6 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.62 oz)</p> <p>Chicken Patty and Gravy</p> <p>Chicken Patty Grilled (2.62 oz) Gravy (1 oz)</p> <p>Green Beans (1/2 c.) Diced Peaches (1/2 c.) Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Chicken Verde</p> <p>Black Beans (1/2 c.) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Chicken Dippers</p> <p>Green Beans (1/2 c.) Brown Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz) Party Today- Celebration Dessert</p>
29.	30.			
<p style="text-align: right;">(3 oz)</p> <p>Korean BBQ Chicken</p> <p>Steamed Carrots (1/2 c.) Pears (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Meatballs (Beef) with Tomatoes</p> <p>Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Pineapple (1/2 c.) Bread - WGR (2 oz.) 1% Milk (8 oz)</p>			<p>The Great American Lunch Box</p> <p>2620 Newport Blvd. Costa Mesa, CA 92627</p> <p>UNFLAVORED FAT FREE or UNFLAVORED NON- FAT MILK PROVIDED AT MEALTIME. *WGR - Whole Grain Rich</p>

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Center Business Hours

Monday - Friday
8:00am - 4:30pm

CBAS Program Hours

Monday - Friday
9:00am - 3:00pm

ADHC/ADP Program Hours

Monday - Friday
9:00am - 3:00pm

Breakfast will be provided

Until 10:00am

Lunch will be served.

At 12:00pm

Program Operations Manager

Natalie Franks

Activities Coordinator

Kate Koo

Activities Coordinator Assitantat

Agnes Tolentino

Activities subject to change

If you are in need of additional support, would like to learn more about the services and resources we provide or need someone to talk to, please call our Helpline

844-373-4400

Maintenance

Physical Therapy

8:00am to 11:30am &
12:30pm to 2:30pm

Maintenance

Occupational Therapy

8:00am to 11:30am
12:30pm to 2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>WE WILL BE CLOSED LABOR DAY</p>	<p>2</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am ESL Class w / Mai 10:30 am Quizmo 11:00 am Table Games 1:00 pm Flex & Stretch w/ Dee / Emi 1:00 pm Sensory Spa w/ Mai 1:30 pm Nail & Hand care w/ Carol 2:00 pm Educational Video</p>	<p>3</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 9:30 am Nutrition Bingo 10:00 am Music Group w/ Mai 10:15 am Polynesian Dance Therapy 11:00 am Balloon Volleyball 1:00 pm Fitness Fun w/ Devon * 1:00 pm Table Games 1:15 pm Group Activities 2:00 pm Movie Matinee</p>	<p>4</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Music Appreciation w/ Greg* 10:00 am Group activities 11:00 am Table Games 1:00 pm Let's Mambo w/ Mai & Dee 1:00 pm Nail & Handcare w/ Carol 1:15 pm Sensory Spa w/ Mia 2:00 pm Cultural Video</p>	<p>5</p> <p>Apple Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Apple Fritters making 10:00 am Apple tasting contest 10:30 am Sweet Bingo 11:00 am Table Games 1:00 pm Flex & Stretch w/ Mia & Emily 1:15 pm Group Activities 2:00 pm Movie Time</p>
<p>8</p> <p>9:00 am Pledge of Allegiance 9:15 am Loteria 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Trino 1:00 pm Parachute Game w/ Dee 1:15 pm Puzzles w/ friends 2:00 pm Movie Time</p>	<p>9</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am ESL Class w / Mai 10:30 am Quizmo 11:00 am SCFTA's Movement and Music w/ Gina* 1:00 pm Flex & Stretch w/ Dee /Emi 1:15 pm Sensory Spa w/ Mai 1:30 pm Nail & Hand care w/ Carol 2:00 pm Educational Video</p>	<p>10</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 10:00 am Music Group w/ Mai 10:15 am Nutrition Bingo 11:00am Balloon Volleyball 1:00 pm Fitness Fun w/ Devon * 1:00 pm Table Games 1:15 pm Group Activities 2:00 pm Movie Matinee</p>	<p>11</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Bingo 10:00 am Music Appreciation w/ Greg* 10:00 am Group activities 11:00 am Table Games 1:00 pm Care – Eoke w/ Mia & Carol 1:00 pm Nail & Handcare w/ Mai 1:15 pm Sensory Spa w/ Dee 2:00 pm Cultural Video</p>	<p>12</p> <p>National Bowling League</p> <p>9:00 am Pledge of Allegiance 9:15 am Bowling Pin Toss 10:00 am Bowling Tournament 10:30 am Price is Right 11:00 am Number Games 1:00 pm Flex & Stretch w/ Dee & Emily 1:15 pm Table Games 2:00 pm Movie Time</p>
<p>15</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 9:30 am Hair & Salon 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 am Gardening w/ Trino 1:00 pm Cone Toss w/ Mia & Carol 1:15 pm Color & chat w/ Mai 2:00 pm Movie time</p>	<p>16</p> <p>Mexican Independence Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer* 9:45 am Outdoor Pinata Fun 10:15 am MID Dance w/ Marco* 11:00 am Table Games 1:00 am Fiesta Bingo 1:00 pm Color & chat 1:15 pm Reminiscing & Table Talk 2:00 pm MID Documentary</p>	<p>17</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 10:00 am Music Group w/ Mai 10:00 am Nutrition Bingo 10:15 am Polynesian Dance Therapy w/ Katherine * 11:00 am Balloon Volleyball 1:00 pm Fitness Fun w/ Devon* 1:00 pm Table Games 1:15 pm Group Activities 2:00 pm Movie Matinee</p>	<p>18</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Music Appreciation w/ Greg* 10:30 am Table Games 11:00 am Number Game 1:00 pm Let's Mambo w/ Mai & Dee 1:15 pm Nail & Hand care w/ Carol 1:30 pm Sensory spa w/ Mia 2:00 pm Cultural Video</p>	<p>19</p> <p>Art Appreciation Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Expression thru Painting w/ Mai 10:00 am Color & chat 10:30 am Around the World Bingo 11:00 am Table Games 1:00 pm Arts & craft w/ Dee & Emily 1:15 pm Dominos & Tri ominos 2:00 pm Movie Time</p>
<p>22</p> <p>Cowboy Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Lasso Toss & Horse Race 10:00 am Western Dance w/ Jim R. 10:30 am Health & Wellness w/ Matthew * 11:00 am Balloon volley ball 1:00 pm Gardening w/ Trino 1:00 pm Western Line Dance 1:30 pm Western coloring zone 2:00 pm The Long Riders Movie</p>	<p>23</p> <p>Safari Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Safari Day Painting w/Jen* 9:30 am Happy Hooves Petting Zoo* 10:30 am Outdoor animal Toss 11:00 am Acacia's 46 th Anniversary Speech w/ Beth & Natalie 1:00 pm Zoo Animal Bingo 1:15 pm Safari animal coloring Zone 2:00 pm The Lion King Movie</p>	<p>24</p> <p>Carnival Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Carnival Games 10:00 am Balloon Dart Games 10:30 am Carnival Street food fair 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon * 1:00 pm Color & Chat 1:00 pm Dominos & Tri - ominos 2:00 pm Circus Day classic Movie</p>	<p>25</p> <p>Disney Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Jeopardy w/ Caroline 10:00 am Name the Disney character 10:00 am Music Appreciation w/ Greg * 11:00 am Disney Cone Toss 1:00 pm Disney Bingo 1:00 pm Disney character coloring zone 2:00pm Beauty & the Beast Movie</p>	<p>26</p> <p>Prom Masquerade</p> <p>9:00 am Pledge of Allegiance 9:15 am Prom Dance Party w/ Quynh Music Singers 10:30 am Prom Photo Booth 10:30 am Table Games 10:45 am King & Queen Coronation 11:00 am Balloon volleyball 1:00 pm Chair stop dance Dee & Mia 1:15 pm Chair Kickball Mai & Emily 1:30 pm Group Activities 2:00 pm Movie Time</p>
<p>29</p> <p>9:00 am Pledge of Allegiance 9:15 am Sweet Bingo 9:30 am Hair & Salon 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Trino 1:00 pm Chair Kickball Dee/Carol 1:15 pm Puzzles w/ Friends 2:00 pm Movie Matinee</p>	<p>30</p> <p>Birthday Celebration</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am ESL Class w / Mai 10:30 am Birthday Bingo 11:00 am Table Games 1:00 pm Let's Move it w/ Dee & Emily 1:00 pm Birthday card craft w/ Mai 1:00 pm Nail & Hand care w/ Caroline 2:00 pm Educational Video</p>	<p>hello September 2025</p>		
				<p>REMINDER</p> <p>9/5 – wear red, yellow or green 9/12 – wear black or white shirt & jeans 9/16 – wear red, white, green 9/19 - wear your favorite color 9/22– wear jeans and plaid shirts 9/23 – wear animal print 9/24/- wear stripes or polkadots 9/25 - wear Disney outfit 9/26/ - wear dress to impress</p>

11391 Acacia Parkway
Garden Grove, CA 92840

714-530-1566

Horario del Centro

Lunes - Viernes
8:00am - 4:30pm

Horario de CBAS

Lunes - Viernes
9:00am - 3:00pm

Horas de ADHC/ADP

Lunes - Viernes
8:00am - 3:00pm

Se proporcionará desayuno.

Hasta las 10:00am

Se servirá el almuerzo

A las 12:00pm

Se servirá una merienda.

A las 2:00pm

Gerente de Operaciones

Natalie Franks

Coordinadora de Actividades

Kate Koo

Asistente Coordinadora de Actividades

Agnes Tolentino

Actividades sujetas a cambios

Si necesita apoyo adicional y le gustaría obtener más información sobre los servicios y recursos que brindamos o necesita alguien con quien hablar, llame a nuestra línea de ayuda

844-373-4400


Mantenimiento

Terapia física

8:00am a 11:30am &
12:30pm a 2:30pm

Terapia ocupacional

8:00am a 11:30am
12:30pm a 2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>1</p> <p>WE WILL BE CLOSED LABOR DAY</p>	<p>2</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte – Jennifer* 10:00 am ESL Class w / Mai 10:30 am Quizmo 11:00 am Juegos de mesa 1:00 pm Muévete al ritmo con Dee y Emily 1:00 pm Spa Sensorial con Mai 1:30 pm Cuidado de uñas y mano 2:00 pm Vídeo Educativo</p>	<p>3</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 9:30 am Nutrition Bingo 10:00 am Clase de Musica con Mai 10:15 am Danza polinesia 11:00 am voleibol con globos 1:00 pm Diversión física con Devon * 1:00 pm Juegos de mesa 1:15 pm Actividades Grupales 2:00 pm Película de matiné</p>	<p>4</p> <p>9:00 am Juramento de Lealtad 9:15 am Music Bingo 10:00 am Apreciación Musical 10:00 am Actividades Grupales 11:00 am Juegos de mesa 1:00 pm Pasos de Mambo – Mai 1:00 pm Cuidado de uñas y manos 1:15 pm Spa Sensorial con Mia 2:00 pm Vídeo Cultural</p>	<p>5</p> <p>Apple Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Hacer buñuelos de manzana 10:00 am Concurso de comer manzana 10:30 am Sweet Bingo 11:00 am Juegos de mesa 1:00 pm Muévete al ritmo 1:15 pm Actividades Grupales 2:00 pm Película de matiné</p>	
<p>8</p> <p>9:00 am Juramento de Lealtad 9:15 am Loteria 10:00 am Salud y bienestar con Matthew* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Clase de jardineria 1:00 pm Juego de paracaídas 1:15 pm Actividades Grupales 2:00 pm Película de matiné</p>	<p>9</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte – Jennifer* 10:00 am Clase de inglés con Mai 10:30 am Quizmo 11:00 am SCFTA Movimiento y música -Gina * 1:00 pm Muévete al ritmo 1:15 pm Spa Sensorial con Mai 1:30 pm Cuidado de uñas y mano 2:00 pm Vídeo Educativo</p>	<p>10</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 10:00 am Clase de Musica - Mai 10:15 am Nutrition Bingo 11:00am Voleibol con globos 1:00 pm Diversión física - Devon * 1:00 pm Juegos de mesa 1:15 pm Actividades Grupales 2:00 pm Película de matiné</p>	<p>11</p> <p>9:00 am Juramento de Lealtad 9:15 am Disney Bingo 10:00 am Apreciación Musical 10:00 am Actividades Grupales 11:00 am Juegos de mesa 1:00 pm Care – Eoke con Mia y Carol 1:00 pm Cuidado de uñas y manos 1:15 pm Spa Sensorial con Dee 2:00 pm Vídeo Cultural</p>	<p>12</p> <p>National Bowling League</p> <p>9:00 am Juramento de Lealtad 9:15 am Boliche 10:00 am Torneo de boliche 10:30 am Price is Right 11:00 am Juegos de Numero 1:00 pm Muévete al ritmo 1:15 pm Juegos de mesa 2:00 pm Película de matiné</p>	
<p>15</p> <p>9:00 am Juramento de Lealtad 9:15 am Aloha Bingo 9:30 am Peluqueria 10:00 am Salud y bienestar con Matthew* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 am Clase de jardineria 1:00 pm Cone Toss con Mai y Mia 2:00 pm Película de matiné</p>	<p>16</p> <p>Mexican Independence Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte – Jennifer* 9:45 am Outdoor Pinata Fun 10:15 am Fiestas patrias con Marco* 11:00 am Juegos de mesa 1:00 am Fiesta Bingo 1:00 pm Colorea y charla 2:00 pm Documental fiestas patrias</p>	<p>17</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 10:00 am Clase de Musica - Mai 10:00 am Nutrition Bingo 10:15 am Danza polinesia 11:00 am Voleibol con globos 1:00 pm Diversión física – Devon * 1:00 pm Juegos de mesa 1:15 pm Actividades Grupales 2:00 pm Película de matiné</p>	<p>18</p> <p>9:00 am Juramento de Lealtad 9:15 am Music Bingo 10:00 am Apreciación Musical 10:30 am Juegos de mesa 11:00 am Juegos de mesa 1:00 pm Pasos de Mambo – Mai/ Dee 1:15 pm Cuidado de uñas y manos 1:30 pm Spa Sensorial con Mia 2:00 pm Vídeo Cultural</p>	<p>19</p> <p>Art Appreciation Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Expresión artística con pintura 10:00 am Colorea y charla 10:30 am Around the World Bingo 11:00 am Juegos de mesa 1:00 pm Manualidades – Dee/ Emily 1:15 pm Dominos & Tri ominos 2:00 pm Película de matiné</p>	
<p>22</p> <p>Cowboy Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Lanzamiento de Lazo y carrera de caballos 10:00 am Danza del oeste - Jim R. 10:30 am Salud y bienestar con Matthew * 11:00 am Voleibol en globo 1:00 pm Clase de jardineria 1:00 pm Baile en línea vaquero 1:30 pm Western coloring zone 2:00 pm Película -The Long Riders</p>	<p>23</p> <p>National Adult Day Services Week from September 22th to September 26th</p> <p>Safari Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Pintura de día de Safari 9:30 am Zoológico de Happy Hooves* 10:30 am Outdoor animal Toss 11:00 am 46 aniversario de Acacia con Beth y Natalie 1:00 pm Zoo Animal Bingo 1:15 pm Zona de colorear - Safari 2:00 pm Película - The Lion King</p>	<p>24</p> <p>Carnival Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Juegos de carnaval 10:00 am Dardos de globo 10:30 am Comida callejera de carnaval 11:00 am Juegos de mesa 1:00 pm Diversión física – Devon * 1:00 pm Colorea y Charla 1:00 pm Dominos & Tri - ominos 2:00 pm Película - Circus Day</p>	<p>25</p> <p>Disney Day</p> <p>9:00 am Juramento de Lealtad 9:15 am Disney Jeopardy con Carol 10:00 am Nombra al personaje de Disney 10:00 am Apreciación Musical 11:00 am Disney Cone Toss 1:00 pm Disney Bingo 1:00 pm Colorear personajes de Disney 2:00pm Película - Beauty & the Beast</p>	<p>26</p> <p>Prom Masquerade</p> <p>9:00 am Juramento de Lealtad 9:15 am Baile de gala con Quynh Music Singers 10:30 am Fotomatón de Gala 10:30 am Juegos de mesa 10:45 am Coronación de rey y reina 11:00 am Voleibol con globos 1:00 pm Chair stop dance Dee/ Mia 1:30 pm Kickball en silla - Mai/ Emily 2:00 pm Película de matiné</p>	
<p>29</p> <p>9:00 am Juramento de Lealtad 9:15 am Sweet Bingo 9:30 am Peluqueria 10:00 am Salud y bienestar con Matthew* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Clase de jardineria 1:15 pm Kickball de silla – Carol 1:30 pm Actividades Grupales 2:00 pm Película de matiné</p>	<p>30</p> <p>Birthday Celebration</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte – Jennifer* 10:00 am Clase de inglés con Mai 10:30 am Birthday Bingo 11:00 am Juegos de mesa 1:00 pm Muévete al ritmo- Dee/ Emily 1:00 pm Manualidad de cumpleaños con Mai 1:00 pm Cuidado de uñas y mano 2:00 pm Vídeo Educativo</p>				<p>RE M I N D E R</p> <p>9/5 -- Vestir de rojo, amarillo o verde 9/12 -- Camisa y pantalones vaqueros negros o blancos 9/16 – Rojo, blanco y verde 9/19 – Usa tu color favorito 9/22– Usa jeans y camisas a cuadros 9/23 – Usa estampado animal 9/24– Llevar rayas o polkadots 9/25 - atuendo de Disney 9/26 - Vestido para impresionar</p>

11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Giờ làm việc của trung tâm

Monday - Friday
8:00am - 4:30pm

Giờ chương trình CBAS

Monday - Friday
9:00am - 3:00pm

Giờ chương trình ADHC/ ADP

Monday - Friday
9:00am - 3:00pm

Ăn Sáng phục vụ tới

10:00 am

Ăn Trưa phục vụ lúc

12:00 pm

Đồ ăn nhẹ sẽ phục vụ lúc

2:00 pm

Giám đốc Điều hành

Natalie Franks

Điều phối viên hoạt động

Kate Koo

Trợ lý Điều phối viên

Agnes Tolentino

Hoạt động có thể thay đổi
Nếu bạn cần hỗ trợ, muốn tìm hiểu
thêm về các dịch vụ và tài nguyên
chúng tôi cung cấp hoặc cần ai đó
để nói chuyện, vui lòng gọi Đường
dây trợ giúp của chúng tôi theo số:

844-373-4400

Vật lý trị liệu

8:00am to 11:30am &
12:30pm to 2:30pm

Liệu pháp vận động

8:00am to 11:30am &
12:30pm to 2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>WE WILL BE CLOSED LABOR DAY</p> <p>CHÚNG TÔI ĐÓNG CỬA NGHỈ LỄ LAO ĐỘNG</p>	<p>2</p> <p>9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am ESL Class w / Mai 10:30 am Quizmo 11:00 am Trò chơi trên bàn 1:00 pm Di chuyển theo nhịp 1:00 pm Xoa bóp thư giãn w/ Mai 1:30 pm Chăm sóc móng & tay 2:00 pm Phim Về giáo dục</p>	<p>3</p> <p>9:00 am Pledge of Allegiance 9:15 am Lớp nấu ăn với w/ Dee 9:30 am Nutrition Bingo 10:00 am Lớp học Âm nhạc với Mai 10:15 am Khiêu vũ trị liệu/ Katherine 11:00 am Chuyện bong bóng 1:00 pm Thế dục vui với w/ Devon * 1:00 pm Trò chơi trên bàn 1:15 pm Hoạt động nhóm 2:00 pm Movie Matinee</p>	<p>4</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Tri Ân Âm nhạc / Greg* 10:00 am Hoạt động nhóm 11:00 am Trò chơi trên bàn 1:00 pm Cùng nhảy Mambo w/ Mai 1:00 pm Chăm sóc móng & tay 1:15 pm Xoa bóp thư giãn w/ Mia 2:00 pm Phim về Kiến thức phổ thông</p>	<p>5</p> <p>Apple Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Làm bánh rán táo 10:00 am Cuộc thi ăn táo 10:30 am Sweet Bingo 11:00 am Trò chơi trên bàn 1:00 pm Di chuyển theo nhịp/ Mia 1:15 pm Hoạt động nhóm 2:00 pm Xem Phim</p>
<p>8</p> <p>9:00 am Pledge of Allegiance 9:15 am Loteria 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Trò chơi trên bàn 1:00 pm Học làm vườn w/ Trino 1:00 pm Vui khỏe với dù lượn 1:15 pm Hoạt động nhóm 2:00 pm Xem Phim</p>	<p>9</p> <p>9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với Mai 10:30 am Quizmo 11:00 am SCFTA's Movement and Music w/ Gina* 1:00 pm Di chuyển theo nhịp 1:15 pm Xoa bóp thư giãn w/ Mai 1:30 pm Chăm sóc móng & tay 2:00 pm Phim Về giáo dục</p>	<p>10</p> <p>9:00 am Pledge of Allegiance 9:15 am Lớp nấu ăn với w/ Dee 10:00 am Lớp học Âm nhạc với Mai 10:15 am Nutrition Bingo 11:00am Chuyện bong bóng 1:00 pm Thế dục vui với w/ Devon* 1:00 pm Trò chơi trên bàn 1:15 pm Hoạt động nhóm 2:00 pm Xem Phim</p>	<p>11</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Bingo 10:00 am Tri Ân Âm nhạc / Greg* 10:00 am Hoạt động nhóm 11:00 am Trò chơi trên bàn 1:00 pm Care – Eoke w/ Mia & Carol 1:00 pm Chăm sóc móng & tay 1:15 pm Xoa bóp thư giãn w/ Emily 2:00 pm Phim về Kiến thức phổ thông</p>	<p>12</p> <p>Giải Bowling Quốc gia</p> <p>9:00 am Pledge of Allegiance 9:15 am Bowling Pin Toss 10:00 am Bowling Tournament 10:30 am Price is Right 11:00 am Trò chơi số 1:00 pm Di chuyển theo nhịp w/ Emily 1:15 pm Chơi Dominos 2:00 pm Xem Phim</p>
<p>15</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 9:30 am Salon cắt tóc 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Trò chơi trên bàn 1:00 am Học làm vườn w/ Trino 1:00 pm Cone Toss w/ Mia & Carol 1:15 pm Tô màu và trò chuyện/ Mai 2:00 pm Xem Phim</p>	<p>16</p> <p>Ngày Độc lập của Mexico</p> <p>9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 9:45 am Outdoor Pinata Fun 10:15 am MID Dance w/ Marco* 11:00 am Trò chơi trên bàn 1:00 am Fiesta Bingo 1:00 pm Tô màu và trò chuyện 1:15 pm Hội tưởng và nói chuyện 2:00 pm MID Documentary</p>	<p>17</p> <p>9:00 am Pledge of Allegiance 9:15 am Lớp nấu ăn với w/ Dee 10:00 am Lớp học Âm nhạc với Mai 10:00 am Nutrition Bingo 10:15 am Khiêu vũ trị liệu/ Katherine 11:00 am Chuyện bong bóng 1:00 pm Thế dục vui với w/ Devon * 1:00 pm Trò chơi trên bàn 1:15 pm Hoạt động nhóm 2:00 pm Xem Phim</p>	<p>18</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Tri Ân Âm nhạc / Greg* 10:30 am Trò chơi trên bàn 11:00 am Trò chơi số 1:00 pm Cùng nhảy Mambo w/ Mai 1:15 pm Chăm sóc móng & tay 1:30 pm Xoa bóp thư giãn w/ Mia 2:00 pm Phim về Kiến thức phổ thông</p>	<p>19</p> <p>Art Appreciation Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Biểu đạt nghệ thuật qua Hội họa cùng Mai 10:00 am Tô màu và trò chuyện 10:30 am Around the World Bingo 11:00 am Trò chơi trên bàn 1:00 pm Thủ công / Dee & Emily 1:15 pm Chơi Dominos 2:00 pm Xem Phim</p>
<p>22</p> <p>Ngày Cao Bồi</p> <p>9:00 am Pledge of Allegiance 9:15 am Ném Lasso & Đua ngựa 10:00 am Western Dance w/ Jim R. 10:30 am Khỏe mạnh cùng Matt * 11:00 am Chuyện bong bóng 1:00 pm Học làm vườn w/ Trino 1:00 pm Múa Western Line 1:30 pm Khu tô màu phía Tây 2:00 pm The Long Riders Movie</p>	<p>23</p> <p>Safari Day</p> <p>9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 9:30 am Vườn thú Happy Hooves* 10:30 am Ném con thú ngoài trời 11:00 am Phát biểu kỷ niệm 45 năm thành lập của Acacia w/ Beth- Natalie 1:00 pm Zoo Animal Bingo 1:15 pm Góc Tô màu động vật 2:00 pm The Lion King Movie</p>	<p>24</p> <p>Lễ hội Carnival</p> <p>9:00 am Pledge of Allegiance 9:15 am Carnival Games 10:00 am Trò chơi phi tiêu 10:30 am Hội chợ ẩm thực đường phố 11:00 am Trò chơi trên bàn 1:00 pm Thế dục vui với w/ Devon * 1:00 pm Tô màu và trò chuyện 1:00 pm Chơi Dominos 2:00 pm Circus Day classic Movie</p>	<p>25</p> <p>Ngày Disney</p> <p>9:00 am Pledge of Allegiance 9:15 am Trò Disney Jeopardy/ Caroline 10:00 am Name the Disney character 10:00 am Tri Ân Âm nhạc / Greg* 11:00 am Ném vòng Disney 1:00 pm Disney Bingo 1:00 pm Tô màu nhân vật Disney 2:00pm Phim Người đẹp và Quái vật</p>	<p>26</p> <p>Vũ hội hóa trang</p> <p>9:00 am Pledge of Allegiance 9:15 am Âm Nhạc và Khiêu vũ với Nhóm nhạc Quỳnh Hoa * 10:30 am Prom Photo Booth 10:30 am Trò chơi trên bàn 10:45 am Ai là Vua Và Nữ Hoàng 11:00 am Chuyện bong bóng 1:00 pm Chair stop dance/Dee&Emily 1:30 pm Ngồi ghế đá banh 2:00 pm Xem Phim</p>
<p>29</p> <p>9:00 am Pledge of Allegiance 9:15 am Sweet Bingo 9:30 am Salon cắt tóc 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Trò chơi trên bàn 1:00 pm Học làm vườn w/ Trino 1:15 pm Ngồi ghế đá banh 1:15 pm Hoạt động nhóm 2:00 pm Xem Phim</p>	<p>30</p> <p>Birthday Celebration</p> <p>9:00 am Pledge of Allegiance 9:15 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với Mai 10:30 am Birthday Bingo 11:00 am Trò chơi trên bàn 1:00 pm Thế dục vui với /Dee & Emily 1:00 pm Làm thiệp sinh nhật w/ Mai 1:00 pm Chăm sóc móng & tay 2:00 pm Phim Về giáo dục</p>	<p>hello September 2025</p>		
				<p>REMINDER</p> <p>9/5 – Mặc màu đỏ, vàng hoặc xanh lá 9/12 – Mặc sơ mi trắng và quần jeans 9/16 – Mặc màu đỏ, trắng, xanh lá 9/19 – Chọn màu sắc yêu thích 9/22– Mặc jeans, áo sơ mi kẻ caro 9/23 – Mặc đồ họa tiết động vật 9/24– Mặc đồ sọc hoặc chấm bi 9/25 - Mặc trang phục Disney 9/26- Ăn diện thật đẹp</p>