Position Title: Therapy/Health Aide

**Division:** Healthy Aging Center Acacia

**Reports to:** Nursing Supervisor **Status:** Full time, non-exempt

# **General Summary:**

Reporting to the Nursing Supervisor and under the supervision of center nurses, the Therapy/Health Aide is responsible for providing personal care and assisting in monitoring the health status of participants in the Adult Day Health Care/CBAS program. Under the supervision of the Physical and/or Occupational therapies, the Therapy aide is responsible for providing maintenance therapy exercises to participants.

## **Essential Job Functions:**

- Assist in providing maintenance therapy exercises for ADHC/CBAS participants
- Assist participants in achieving maintenance therapy goals indicated in Individual Care Plan
- Monitor vital signs daily
- Assist with personal care for participants when needed
- Assist with meal service for participants when needed
- Participate in team meetings, attend staff meetings and in-service training as required
- Assist with daily, weekly and monthly data collection and charting as needed
- Assist participants to and from buses, taxis and/or family vehicles in afternoon as needed
- Perform job related tasks as assigned
- Employees in this position sit, stand, bend, stoop, reach overhead, twist, and walk as needed
- Assist client to transfer to or from a wheelchair to chair
- Push, pull, lift and carry when needed
- Employees must be able to assist participants in emergency situations when needed

### **Minimum Qualifications:**

- High school diploma or GED
- Valid Nursing Assistant, Home health aide or Restorative Aide Certificate desirable
- Experience in physical therapy, occupational, exercise programs or interest in health promotion
- Ability to work compassionately with diverse clientele
- Demonstrates competence in helping others
- Demonstrates sensitivity to cultural diversity
- Demonstrates verbal and written communication skills, bilingual a plus (Spanish, Vietnamese.Korean)
- Knowledge of processes in aging or classes in gerontology or working with senior citizens
- Knowledge of health care for the elderly and disabled
- Basic First Aid and CPR required within 6 month of hire
- Must possess ability to follow directions and work independently
- Communicate well with seniors
- Possess basic computer skills

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential and non-essential functions of this job:

#### **Non-Essential Functions:**

- Push wheelchair clients up to 200 lbs.
- Assist clients up to 200 lbs. to transfer and operate therapy equipment

The work environment described here is representative of those an employee encounters while performing the essential functions of this job:

- Work indoors in an open environment
- Have daily direct contact with a large group of clients

### **Employment Requirements:**

- Proof of U.S. citizenship or documentation to work in the United States
- Current Medical/Health screening including TB screening
- Current CPR and First Aid
- Criminal Background check
- Must complete HIPAA training and Live Scan

The job profile in no way states or implies that these are the only duties to be performed by the jobholder. The Associate will be required to follow instructions and perform other duties as requested by his/her supervisor or manager. This is not meant to be an exhaustive list of job duties. Essential elements may change when necessary.

Alzheimer's Orange County is an equal employment opportunity employer and strives to comply with all applicable laws prohibiting discrimination based on race, color, creed, sex, age, national origin or ancestry, physical or mental disability, veteran status, marital status, medical condition, sexual orientation (gender identification), as well as any other category protected by federal, state, or local laws.

The Associate or the Organization may terminate employment at the Organization for any reason, with or without cause or notice, at any time. Nothing in any oral or written statement shall limit the right to terminate employment at will. No Supervisor or Associate of the Organization shall have any authority to enter into an employment agreement – express or implied – with any Associate providing for employment other than at will.

As a workforce member, I agree to adhere to policies and procedures pertaining to the proper handling of protected health information (PHI) when applicable.

**To Apply**: All applicants must send a cover letter and resume to be considered for this position.