



# AGING MASTERY PROGRAM

**Session #5: Financial Fitness**  
**Monday, January 5th | 10:00 am - 11:30 am**  
**Online via ZOOM**

Take control of your financial well-being with simple, practical tools to stretch your budget, plan for the future, and make confident money decisions. Learn strategies that support long-term security and peace of mind.

**Please note, if you have already registered for the first session - there is no need to register again.**

**Register here: <https://bit.ly/AgingMasteryAlzOC>**

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*Thank you to our sponsors:*



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