

BEREAVEMENT WORKSHOP

A 4 PART SERIES



Join us weekly for a 4-week program for individuals who are actively grieving the loss of their loved one to Alzheimer's Disease and related dementias. Hear from guest speakers about the grieving process and learn how to cope and identify feelings.

Session 1

Wednesday, February 18, 2026 | 2:00 pm - 4:00 pm

Session 2

Wednesday, February 25, 2026 | 2:00 pm - 4:00 pm

Session 3

Wednesday, March 4, 2026 | 2:00 pm - 4:00 pm

Session 4

Wednesday, March 11, 2026 | 2:00 pm - 4:00 pm

LOCATION: Alzheimer's Orange County
2515 McCabe Way, Suite 200 Irvine CA 92614

Pre-screening required.

For more information, please contact: supportgroups@alzoc.org