



AGING MASTERY PROGRAM

Session #7: Healthy Relationships

Monday, March 2nd | 10:00 am-11:30 am

Online via ZOOM

Explore how to build and maintain meaningful, supportive relationships that promote emotional well-being, connection, and quality of life as we age.

Register here: <https://bit.ly/AgingMasteryAlzOC>

Please note, if you have already registered for the first session-there is no need to register again.

Thank you to our sponsors:



Helpline: 844-373-4400 | www.alzoc.org