

Caregiver Education and Support



**Tuesday, March 3, 2026
6:00 PM - 7:00 PM**

**Join us in person or
online via ZOOM**

Connect with other caregivers while gaining valuable education, resources, and guidance to navigate the challenges of caregiving with clarity, compassion, and strength.



**Presented by :
Lauren Weiss**



**Los Alamitos Community Center
10911 Oak St, Los Alamitos, CA 90720**



Call (562) 430-1073 to RSVP