

# FINDING MEANING IN CAREGIVING

**Thursday, March 19th | 3:00 pm - 4:00 pm**



Explore ways to reconnect with purpose, resilience, and hope while caring for a loved one. This class provides tools to navigate emotional challenges while honoring your caregiving journey.

Presented by :  
Lauren Weiss



 **Fullerton Public Library**  
**353 W Commonwealth Ave,**  
**Fullerton, CA 92832**



**Call (714) 738-6333 to RSVP**

**Alzheimer's**  
ORANGE COUNTY

MEMORY SUPPORT SERVICES

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