

REMEMBER THIS!

EVERYDAY TIPS THAT WORK

Tuesday, March 24th | 10:15 am - 11:15 am



Struggling with forgetfulness? Learn practical, science-backed memory strategies you can use right away to stay organized, focused, and confident in daily life.

Presented by:
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Call (949) 498-3322 to RSVP

Alzheimer's
ORANGE COUNTY

MEMORY SUPPORT SERVICES

Helpline: 844-373-4400 | www.alzoc.org