

Empowered Caregiving Workshop

Practical tools, compassionate strategies, and real-world insight for caregivers at every stage.



Wednesday, May 6, 2026

9:30 AM – 11:00 AM

Mount of Olives Adult Day Program

24772 Chrisanta Drive, Mission Viejo



Home Safety 101

Presented by Kim Bailey, MSG

Create a safer, more supportive home environment for both caregivers and individuals living with dementia by learning practical strategies to reduce risks and prevent accidents. This class covers essential safety considerations to promote confidence and peace of mind.

Care partners are welcome to bring their loved ones with dementia. While you connect with other caregivers and learn helpful strategies, your loved one will enjoy engaging, supervised activities in our Adult Day Program.

Reservations are required. Please email lauren.weiss@alzoc.org or call (949) 955-9000



Refreshments provided by Senior Helpers

MOUNT OF OLIVES CHURCH
MISSION VIEJO

ADULT DAY
PROGRAM

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