

Healthy Aging Center Acacia March 2026 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2. Applesauce Cup (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	3. Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) String Cheese (1 oz)	4. Mini Bagel - WGR (1 oz) Mandarin Orange Cup in Natural Juice (1/2 cup)	5. Sliced Apple Bag (1/2 cup) Yogurt – Low Fat (4 oz)	6. Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent) Banana (1/2 cup)
9. Jungle Cracker Bag - WGR (1 oz equivalent) Yogurt – Low Fat (4 oz)	10. Mandarin Orange Cup in Natural Juice (1/2 cup) String Cheese (1 oz)	11. Cottage Cheese (2 oz) Sliced Apple Bag (1/2 cup)	12. Diced Peach Cup (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	13. Mini Bagel - WGR (1 oz) Swiss Cheese Slices (1 oz)
16. String Cheese (1 oz) Mixed Fruit Cup in Natural Juice (1/2 cup)	17. Applesauce Cup (1/2 cup) Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent)	18. Yogurt – Low Fat (4 oz) Banana (1/2 cup)	19. Sliced Apple Bag (1/2 cup) Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent)	20. Pineapple Cup in Natural Juice (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)
23. Peach Cup in Natural Juice (1/2 cup) Cottage Cheese (2 oz)	24. Jungle Cracker Bag - WGR (1 oz equivalent) Sliced Apple Bag (1/2 cup)	25. Banana (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	26. Wheat Cracker Bag - WGR (1 oz equivalent) String Cheese (1 oz)	27. Mandarin Orange Cup in Natural Juice (1/2 cup) Yogurt – Low Fat (4 oz)
30. Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) String Cheese (1 oz)	31. Goldfish Crackers Bag – WGR (1 bag = 1 oz equivalent) Sliced Apple Bag (1/2 cup)		<p>Adult Snack Menu The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627 *WGR – Whole Grain Rich</p>	<p style="text-align: center;">The menu is subject to change.</p> <p style="text-align: center;">*All fruit cups are served in natural fruit juices.</p>

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

Healthy Aging Center Acacia March 2026 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2.	3.	4.	5.	6.
(3 oz) Sweet and Sour Chicken Carrots (1/2 c.) Peaches (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)	BBQ Chicken Sandwich Chicken Patty (2.62 oz) Bun - WGR (2 oz) Green Beans and Onions (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)	(3 oz) Meatloaf Corn (1/2 c.) Mixed Fruit (1/2 c.) Artisan Roll - WGR (2 oz) 1% Milk (8 oz)	Soft Tacos Ground Turkey Taco Meat (3 oz) Mixed Vegetables (1/2 c.) Mild Salsa (1 oz) Peaches (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)	(3.3 oz) Cheese Lasagna- WGR Green Beans (1/2 c.) Applesauce (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)
9.	10.	11.	12.	13.
(3 oz) Chicken w/ Tomatoes Steamed Carrots (1/2 c.) Brown Rice – WGR (1 c.) Mixed Fruit (1/2 c.) 1% Milk (8 oz)	(3 oz) Glazed Pineapple Chicken Mixed Vegetables (1/2 c.) Peaches (1/2 c.) Roll - WGR (2 oz) 1% Milk (8 oz)	(2 oz) Beef Meatballs with Fajita Vegetables Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) French Roll - WGR (2 oz) Pears (1/2 c.) 1% Milk (8 oz)	(3 oz) Salisbury Steak Peas (1/2 c.) Banana (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)	(3.6 oz) Baked Cajun Fish Roll – WGR (2 oz) Tartar Sauce (1 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)
16.	17.	18.	19.	20.
(2 oz) Chicken Dippers Peas and Carrots (1/2 c.) Brown Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz)	Meatball Hoagie Meatballs (4 each = 2 oz) French Roll - WGR (2.6 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) Celebration Dessert 1% Milk (8 oz)	(3.62 oz) Chicken Patty and Gravy Chicken Patty Grilled (2.62 oz) Gravy (1 oz) Green Beans (1/2 c.) Diced Peaches (1/2 c.) Roll – WGR (2 oz) 1% Milk (8 oz)	(3 oz) Chicken Verde Black Beans (1/2 c) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz)	(4 oz) Fish Fillet Sandwich - WGR Fish (4oz) Tartar Sauce (1 oz) Peas and Carrots (1/2 c.) Applesauce (1/2 c.) Bun - WGR (2 oz) 1% Milk (8 oz)
23.	24.	25.	26.	27.
(3 oz) Korean BBQ Chicken Steamed Carrots (1/2 c.) Pears (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)	(2 oz) Meatballs (Beef) with Tomatoes Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Pineapple (1/2 c.) Bread – WGR (2 oz.) 1% Milk (8 oz)	(3.15 oz) Chicken Parmesan Green Beans (1/2 c.) Mixed Fruit (1/2 c.) French Roll - WGR (2 oz) 1% Milk (8 oz)	(2.4 oz) Beef Patty w/ Mushrooms Peas (1/2 c) Bread - WGR (2 slices) Pineapple (1/2 c.) 1% Milk (8 oz)	(3.3 oz) Cheese Lasagna- WGR Green Beans (1/2 c.) Banana (1/2 c.) Bread – WGR (2 oz) Celebration Dessert 1% Milk (8 oz)
30.	31.			<p style="color: red; font-weight: bold;">The menu is subject to change.</p> 
(2 oz) Beef Dippers Peas and Carrots (1/2 c.) Basmati Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz)	(2 oz) Meatballs (Beef) with BBQ Sauce Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Pineapple (1/2 c.) Bread – WGR (2 oz.) 1% Milk (8 oz)			<p>The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627</p> <p style="color: red; font-size: small;">*WGR – Whole Grain Rich</p>

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Center Business Hours

Monday - Friday
8:00 am - 4:30 pm

CBAS Program Hours

Monday - Friday
9:00 am - 3:00 pm

ADHC/ADP Program Hours

Monday - Friday
8:00 am - 3:00 pm

Breakfast will be provided

Until 10:00 am

Lunch will be served.

At 12:00 pm

Snack will be served

At 2:00 pm

Program Operations Manager

Natalie Franks

Activities Coordinator

Kate Koo

Activities Coordinator Assistant

Agnes Tolentino

Activities subject to change

If you are in need of additional support, would like to learn more

about the services and resources we provide or need someone to talk to, please

call our Helpline at

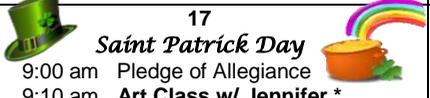
844-373-4400

Maintenance Physical Therapy

8:00 am to 11:30 am &
12:30 pm to 2:30 pm

Maintenance Occupational Therapy

8:00 am to 11:30 am &
12:30 pm to 2:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>9:00 am Pledge of Allegiance 9:10 am Quiz Mo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Balloon volley ball 1:00 pm Gardening w/ Trino* 1:00 pm Chair Kickball w/ Carol/Mai 1:30 pm Sensory Spa w/ Dee 2:00 pm Cultural Video</p>	<p>3</p> <p>9:00 am Pledge of Allegiance 9:10 am Art Class w/ Jennifer * 10:00 am ESL Class w/ Mai 10:30 am Around the world Bingo 11:00 am Table Games 1:00 pm Let's Move it w/ Zoila * 1:00 pm Bracelets Making w/ Mai 1:15 pm Hand & Nail care w/ Mia 1:30 pm Dominoes/ Uno 2:00 pm Movie Time</p>	<p>4</p> <p>9:00 am Pledge of Allegiance 9:10 am Cooking Class w/ Dee 10:00 am Table Games 10:00 am Nutrition Bingo 10:00 am Music Class w/ Mai 11:00 am Group Exercise 1:00 pm Fitness Fun w/ Devon* 1:15 pm Sensory Spa w/ Mai 1:00 pm Dominoes & Tri Ominos 2:00 pm Movie Matinee</p>	<p>5</p> <p>9:00 am Pledge of Allegiance 9:10 am Loteria 10:00 am Music Appreciation w/ Greg * 10:00 am Table Games 11:00 am Balloon volley ball 1:00 pm Mambo Steps w/ Mai & Dee 1:15 pm Nail & Hand care w/ Mia 1:00 pm Dominoes / Uno 2:00 pm Educational Video</p>	<p>6</p> <p>Scrap Book Day </p> <p>9:00 am Pledge of Allegiance 9:10 am Scrap Book craft w/ Carol 10:00 am Table Games 10:30 am Polynesian Dance w/ Kath 11:00 am Balloon volleyball 1:00 pm International Bingo 1:00 pm Color & chat 1:30 pm Dominoes & Tri - Ominos 2:00 pm Movie Time</p>	
<p>9</p> <p>9:00 am Pledge of Allegiance 9:10 am Music Bingo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Trino* 1:00 pm SCFA's Movement & Music W/ Gina 1:30 pm Sensory Spa w/ Mai 2:00 pm Cultural Video</p>	<p>10</p> <p>9:00 am Pledge of Allegiance 9:10 am Art Class w/ Jennifer 10:00 am ESL Class w/ Mai 10:00 am Dominoes / Uno 10:30 am Quiz Mo 11:00 am Table Games 1:00 pm Let's Move it w/ Zoila 1:00 pm Puzzles w/ Friends 1:15 pm Hand & Nail Care w/ Mai 1:30 pm Color & Chat 2:00 pm Movie Time</p>	<p>11</p> <p>9:00 am Pledge of Allegiance 9:10 am Cooking Class w/ Mai 10:00 am Table Games 10:30 am Nutrition Bingo 11:00 am Balloon volley ball 1:00 pm Fitness Fun w/ Devon* 1:00 pm Sensory Spa w/ Adrian 1:15 pm Dominoes & Tri Ominos 1:30 pm Color & chat 2:00 pm Movie Matinee</p>	<p>12</p> <p>9:00 am Pledge of Allegiance 9:10 am Loteria 10:00 am Music Appreciation w/ Greg * 10:30 am Table Games 11:00 am Group Exercise w/ Dee 1:00 pm Care- eoke w/ Mia & Mai 1:15 pm Nail & Hand care w/ Carol 1:30 pm Puzzles w/ Friends 2:00 pm Educational Video</p>	<p>13</p> <p>Flower day </p> <p>9:00 am Pledge of Allegiance 9:10 am Flower Craft w/ Dee 10:00 am Table Games 10:30 am Spring Bingo 11:00 am Color & Chat 1:00 pm Flex & stretch w/ Mia & Carol 1:00 pm Nail & Hand Care 1:30 pm Sensory spa w/ Adrian 2:00 pm Spring Movies</p>	
<p>16</p> <p>9:00 am Pledge of Allegiance 9:10 am Aloha Bingo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Balloon volley ball 1:00 pm Gardening w/ Trino * 1:00 pm Parachute Game w/ Carol/Mai 1:30 pm Sensory Spa w/ Dee 2:00 pm Cultural Video</p>	<p>17</p> <p>Saint Patrick Day </p> <p>9:00 am Pledge of Allegiance 9:10 am Art Class w/ Jennifer * 10:00 am ESL Class w/ Mai 10:30 am St Patrick Bingo 11:00 am Gold Coin Scavenger Hunt 1:00 pm Let's Move it w/ Zoila* 1:15 pm Saint Patrick Craft/Mai & Mia 1:30 pm Dominoes / Uno 2:00 pm Movie Time</p>	<p>18</p> <p>9:00 am Pledge of Allegiance 9:10 am Cooking Class w/ Dee 9:30 am Nutrition Bingo 10:00 am Music Class w/ Mai 10:15 am Polynesian Dance w/ Kath 11:00 am Balloon volleyball 1:00 pm Fitness Fun w/ Devon* 1:15 pm Sensory Spa w/ Mai 1:30 pm Dominoes & Tri Ominos 2:00 pm Movie Matinee</p>	<p>19</p> <p>9:00 am Pledge of Allegiance 9:10 am Sweet Bingo 10:00 am Music Appreciation w/ Greg * 10:00 am Table Games 11:00 am Participants Council Meeting 1:00 pm Mambo Steps w/ Mai & Dee 1:00 pm Nail & Hand care Mia 1:00 pm Dominoes / Uno 2:00 pm Educational Video</p>	<p>20</p> <p>Good Nutrition Day</p> <p>9:00 am Pledge of Allegiance 9:10 am Quynh Music Singers * </p> <p>10:00 am Dominoes /Uno 10:30 am Food Guessing Game 11:00 am Balloon volley ball 1:00 pm Nutrition Bingo 1:15 pm Table Games 1:30 pm Food Pictionary w/ Adrian 2:00 pm Cooking Show</p>	
<p>23</p> <p>National Puppy Day </p> <p>9:00 am Pledge of Allegiance 9:10 am Animal Bingo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Trino * 1:00 pm Cone Toss w/ Carol & Dee 1:30 pm Sensory Spa w/ Mai 2:00 pm The Beethoven Movie</p>	<p>24</p> <p>9:00 am Pledge of Allegiance 9:10 am Art Class w/ Jennifer * 10:00 am ESL Class w/ Mai 10:00 am Fiesta Bingo 10:00 am Number Games 11:00 am Table Games 1:00 pm Let's Move it w/ Zoila* 1:15 pm Nail & Hand care Mai 1:30 pm Dominoes / Uno 2:00 pm Movie Time</p>	<p>25</p> <p>9:00 am Pledge of Allegiance 9:10 am Cooking Class w/ Mai 10:00 am Table Games 10:00 am Color & chat 10:30 am Quiz Mo 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon* 1:15 pm Sensory Spa w/ Dee 1:30 pm Dominoes / Uno 2:00 pm Movie Matinee</p>	<p>26</p> <p>Birthday Celebration </p> <p>9:00 am Pledge of Allegiance 9:10 am Birthday Bingo 10:00 am Music Appreciation w/ Greg * 10:50 am Recognizing Birthday celebrants 11:00 am Group exercise w/ Dee 1:00 pm Care- eoke w/ Mia & Carol 1:15 pm Nail & Hand care w/ Mai 1:30 pm Color& Chat 2:00 pm Educational Video</p>	<p>27</p> <p>Chocolate Chips Cookie Day</p> <p>9:00 am Pledge of Allegiance 9:10 am Baking Cookies w/ Carol 10:15 am Table Games 10:30 am Sweet Bingo 11:00 am Balloon volley ball 1:00 pm Flex & Stretch w/ Adrian/Dee 1:00 pm Nail & Hand Care w/ Mia 1:30 pm Dominoes & Tri Ominos 2:00 pm Baking Show Challenge</p>	
<p>30</p> <p>9:00 am Pledge of Allegiance 9:10 am Loteria 9:15 am Hair Salon </p> <p>10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Balloon volley ball 1:00 pm Gardening w/ Trino * 1:00 pm Chair Kickball w/ Mai/Dee 1:30 pm Sensory Spa w/ Carol 2:00 pm Cultural Video</p>	<p>31</p> <p>Cesar Chavez Day </p> <p>9:00 am Pledge of Allegiance 9:10 am Let's Paint w/ Mai 10:00 am Table Games 10:00 am Balloon volleyball 10:30 am Dance & Entertainment with Marco 11:00 am CC Educational Talks 1:00 pm Fiesta Bingo 1:15 pm Color & Chat 2:00 pm Movie Time</p>	<p>2026</p>  <p>March</p>			<p>Dress Up Day Reminders!</p> <p>3/6- Wear your favorite color 3/13 - Wear flower pattern 3/17 - Wear Green or Gold 3/20- Wear Alzoc shirt 3/23 - wear animal print 3/27- Wear Brown or Black</p>

11391 Acacia Parkway
Garden Grove, CA 92840

714-530-1566

Horario del Centro

Lunes - Viernes
8:00am - 4:30pm

Horario de CBAS

Lunes - Viernes
9:00am - 3:00pm

Horario de ADHC/ADP

Lunes - Viernes
8:00am - 3:0pm

Se servirá desayuno.

Hasta las 10:00am

Se servirá el almuerzo

A las 12:00pm

Se servirá una merienda.

A las 2:00pm

Gerente de Operaciones

Natalie Franks

Coordinadora de Actividades

Kate Koo

Asistente Coordinadora de Actividades

Agnes Tolentino

Actividades sujetas a
cambios

Si necesita apoyo adicional y le
gustaría obtener más
información sobre los servicios
y recursos que brindamos o
necesita alguien con quien

hablar, llame al

844-373-4400

Terapia física

8:00 am - 11:30 am y
12:30 pm - 2:30 pm

Terapia ocupacional

8:00am - 11:30am y
12:30 pm - 2:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>9:00 am Juramento de Lealtad 9:10 am Quiz Mo 10:00 am Salud y bienestar con Matthew * 10:00 am Memories in the Making 11:00 am Voleibol en globo 1:00 pm Jardinería con Trino * 1:00 pm Kickball en silla con Carol 1:30 pm Spa sensorial con Dee 2:00 pm Video cultural</p>	<p>3</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de arte - Jennifer* 10:00 am Clase de inglés - Mai 10:30 am Around the world Bingo 11:00 am Juegos de mesa 1:00 pm Muevelo con Zoila * 1:00 pm Manualidad de pulseras- Mai 1:15 pm Cuidado de uñas - Mia 1:30 pm Dominoes/ Uno 2:00 pm Video educativo</p>	<p>4</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de cocina con Dee 10:00 am Juegos de mesa 10:00 am Nutrition Bingo 10:00 am Clase de música 11:00 am Ejercicio en grupo 1:00 pm Diversión física – Devon* 1:15 pm Spa sensorial con Mai 1:00 pm Dominoes y Tri Ominos 2:00 pm Película de matiné</p>	<p>5</p> <p>9:00 am Juramento de Lealtad 9:10 am Loteria 10:00 am Apreciación Musical con Greg 10:00 am Juegos de mesa 11:00 am Voleibol en globo 1:00 pm Mambo con Mai y Dee 1:15 pm Cuidado de uñas - Mia 1:00 pm Dominoes / Uno 2:00 pm Video educativo</p>	<p>6</p> <p>Scrap Book Day 9:00 am Juramento de Lealtad 9:10 am Álbum de recortes con Carol 10:00 am Juegos de mesa 10:30 am Danza polinesia – Kath * 11:00 am Voleibol en globo 1:00 pm International Bingo 1:00 pm Colorea y charla 1:30 pm Dominoes y Tri - Ominos 2:00 pm Película de matiné</p> 	
<p>9</p> <p>9:00 am Juramento de Lealtad 9:10 am Music Bingo 10:00 am Salud y bienestar con Matthew * 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Jardinería con Trino * 1:00 pm Música y movimiento con Gina * 1:30 pm Spa sensorial con Mai 2:00 pm Video cultural</p> 	<p>10</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de arte - Jennifer* 10:00 am Clase de inglés - Mai 10:00 am Dominoes / Uno 10:30 am Quiz Mo 11:00 am Juegos de mesa 1:00 pm Muevelo con Zoila * 1:00 pm Rompecabezas con amigos 1:15 pm Cuidado de uñas - Mai 1:30 pm Colorea y charla 2:00 pm Video educativo</p>	<p>11</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de cocina con Mai 10:00 am Juegos de mesa 10:30 am Nutrition Bingo 11:00 am Voleibol en globo 1:00 pm Diversión física – Devon* 1:00 pm Spa sensorial con Adrian 1:15 pm Dominoes y Tri Ominos 1:30 pm Colorea y charla 2:00 pm Película de matiné</p>	<p>12</p> <p>9:00 am Juramento de Lealtad 9:10 am Loteria 10:00 am Apreciación Musical con Greg 10:30 am Juegos de mesa 11:00 am Ejercicio en grupo con Dee 1:00 pm Care- eoke con Mia y Mai 1:15 pm Cuidado de uñas - Carol 1:30 pm Rompecabezas con amigos 2:00 pm Video educativo</p>	<p>13</p> <p>Flower day 9:00 am Juramento de Lealtad 9:10 am Artesanía de flores- Dee 10:00 am Juegos de mesa 10:30 am Spring Bingo 11:00 am Colorea y charla 1:00 pm Flexiona y estira- Carol/ Mia 1:00 pm Cuidado de uñas 1:30 pm Spa sensorial con Adrian 2:00 pm Película de primavera</p> 	
<p>16</p> <p>9:00 am Juramento de Lealtad 9:10 am Aloha Bingo 10:00 am Salud y bienestar con Matthew * 10:00 am Memories in the Making 11:00 am Voleibol en globo 1:00 pm Jardinería con Trino * 1:00 pm Juego de paracaídas con 1:30 pm Spa sensorial con Dee 2:00 pm Video cultural</p>	<p>17</p> <p>Saint Patrick Day 9:00 am Juramento de Lealtad 9:10 am Clase de arte - Jennifer* 10:00 am Clase de inglés - Mai 10:30 am St Patrick Bingo 11:00 am Búsqueda del tesoro 1:00 pm Muevelo con Zoila * 1:15 pm Artesanía de San Patricio 1:30 pm Dominoes / Uno 2:00 pm Video educativo</p> 	<p>18</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de cocina con Dee 9:30 am Nutrition Bingo 10:00 am Clase de música 10:15 am Danza polinesia – Kath * 11:00 am Voleibol en globo 1:00 pm Diversión física – Devon* 1:15 pm Spa sensorial con Mai 1:30 pm Dominoes & Tri Ominos 2:00 pm Película de matiné</p> 	<p>19</p> <p>9:00 am Juramento de Lealtad 9:10 am Sweet Bingo 10:00 am Apreciación Musical /Greg 10:00 am Juegos de mesa 11:00 am Reunión del Consejo de Participantes 1:00 pm Mambo Steps con Mai y Dee 1:00 pm Cuidado de uñas - Mia 1:00 pm Dominoes / Uno 2:00 pm Video educativo</p>	<p>20</p> <p>Good Nutrition Day 9:00 am Juramento de Lealtad 9:10 am Quynh Music Singers * 10:00 am Dominoes /Uno 10:30 am Adivinanzas de comida 11:00 am Voleibol en globo 1:00 pm Nutrition Bingo 1:15 pm Juegos de mesa 1:30 pm Pictionary de alimentos 2:00 pm Programa de cocina</p> 	
<p>23</p> <p>National Puppy Day 9:00 am Juramento de Lealtad 9:10 am Animal Bingo 10:00 am Salud y bienestar 10:00 am Memories in the Making 11:00 am Juego de mesa 1:00 pm Jardinería con Trino * 1:00 pm Cone Toss con Carol/ Dee 1:30 pm Spa sensorial con Mai 2:00 pm The Beethoven Movie</p> 	<p>24</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de arte - Jennifer* 10:00 am Clase de inglés - Mai 10:00 am Fiesta Bingo 10:00 am Juegos de numero 11:00 am Juegos de mesa 1:00 pm Muevelo con Zoila * 1:15 pm Cuidado de uñas - Mia 1:30 pm Dominoes / Uno 2:00 pm Video educativo</p>	<p>25</p> <p>9:00 am Juramento de Lealtad 9:10 am Clase de cocina con Mai 10:00 am Juegos de mesa 10:00 am Colorea y charla 10:30 am Quiz Mo 11:00 am Juegos de mesa 1:00 pm Diversión física – Devon* 1:15 pm Spa sensorial con Dee 1:30 pm Dominoes / Uno 2:00 pm Película de matiné</p>	<p>26</p> <p>Birthday Celebration 9:00 am Juramento de Lealtad 9:10 am Birthday Bingo 10:00 am Apreciación Musical/Greg 10:50 am Reconocimiento de cumpleaños 11:00 am Ejercicio en grupo w/ Dee 1:00 pm Care- eoke con Mia y Carol 1:15 pm Cuidado de uñas - Mai 1:30 pm Colorea y charla 2:00 pm Video educativo</p> 	<p>27</p> <p>Chocolate Chips Cookie Day 9:00 am Juramento de Lealtad 9:10 am Horneado de galletas - Carol 10:15 am Juegos de mesa 10:30 am Sweet Bingo 11:00 am Voleibol en globo 1:00 pm Flexiona y estira- Adrian/ Dee 1:00 pm Cuidado de uñas - Mia 1:30 pm Dominoes & Tri Ominos 2:00 pm Programa de repostería</p> 	
<p>30</p> <p>9:00 am Juramento de Lealtad 9:10 am Loteria 9:15 am Peluquería 10:00 am Salud y bienestar 10:00 am Memories in the Making 11:00 am Voleibol en globo 1:00 pm Jardinería con Trino * 1:00 pm Kickball en silla con Mai 1:30 pm Spa sensorial -Carol 2:00 pm Video cultural</p> 	<p>31</p> <p>Cezar Chavez Day 9:00 am Juramento de Lealtad 9:10 am Pintemos con Mai 10:00 am Juegos de mesa 10:00 am Voleibol en globo 10:30 am Dance & Entertainment With Marco 11:00 am Charlas Educativas de CC 1:00 pm Fiesta Bingo 1:15 pm Colorea y charla 2:00 pm Video educativo</p> 	<p>2026</p>  <p>March</p>			<p>Recordatorios de disfraces 3/6- Use su color favorito 3/13 - Use estampado floral 3/17 - Use Verde o dorado 3/20- Use camisa de Alzoc 3/23 - Lleve estampado animal 3/27- Use marrón o negro</p> 

11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Giờ làm việc của trung tâm

Monday - Friday
8:00am - 4:30pm

Giờ chương trình CBAS

Monday - Friday
9:00am - 3:00pm

Giờ chương trình ADHC/ ADP

Monday - Friday
9:00am - 3:00pm

Ăn Sáng phục vụ tới

10:00 am

Ăn Trưa phục vụ lúc

12:00 pm

Đồ ăn nhẹ sẽ phục vụ lúc

2:00 pm

Giám đốc Điều hành

Natalie Franks

Điều phối viên hoạt động

Kate Koo

Trợ lý Điều phối viên

Agnes Tolentino

Hoạt động có thể thay đổi
Nếu bạn cần hỗ trợ, muốn tìm hiểu thêm về các dịch vụ và tài nguyên chúng tôi cung cấp hoặc cần ai đó để nói chuyện, vui lòng gọi Đường dây trợ giúp của chúng tôi theo số:

844-373-4400

Vật lý trị liệu

8:00am to 11:30am &
12:30pm to 2:30pm

Liệu pháp vận động

8:00am to 11:30am &
12:30pm to 2:30pm

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>9:00 am Pledge of Allegiance 9:10 am Quiz Mo 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Trò chơi trên bàn 1:00 pm Học làm vườn w/ Trino* 1:00 pm Ngồi ghế đá ban Mai/Carol/Mia 1:30 pm Xoa bóp thư giãn w/ Dee 2:00 pm Trò chơi trên bàn</p>	<p>3</p> <p>9:00 am Pledge of Allegiance 9:10 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với Mai 10:30 am Around the world Bingo 11:00 am Trò chơi trên bàn 1:00 pm Thử sức vui với w/ Zoila* 1:00 pm Hướng dẫn làm vòng tay w/ Mai 1:15 pm Chăm sóc móng & tay w/ Mia 1:30 pm Dominoes/ Uno 2:00 pm Xem Phim</p>	<p>4</p> <p>9:00 am Pledge of Allegiance 9:10 am Lớp nấu ăn với w/ Dee 10:00 am Trò chơi trên bàn 10:00 am Nutrition Bingo 10:00 am Lớp Âm nhạc với w/ Mai 11:00 am Thử sức vui với w/ Devon* 1:00 pm Xoa bóp thư giãn w/ Adrian 1:15 pm Chơi Dominos 2:00 pm Xem Phim</p>	<p>5</p> <p>9:00 am Pledge of Allegiance 9:10 am Loteria 10:00 am Tri Ân Âm nhạc / Greg* 10:00 am Trò chơi trên bàn 11:00 am Chuyển bong bóng 1:00 pm Cùng nhảy Mambo/ Mai 1:15 pm Chăm sóc móng & tay w/ Mia 1:00 pm Dominoes / Uno 2:00 pm Phim về Kiến thức phổ thông</p>	<p>6</p> <p>Scrap Book Day</p> <p>9:00 am Pledge of Allegiance 9:10 am Làm album ảnh w/ Carol 10:00 am Trò chơi trên bàn 10:30 am Khiêu vũ trị liệu/ Katherine 11:00 am Chuyển bong bóng 1:00 pm International Bingo 1:00 pm Tô màu và trò chuyện 1:30 pm Chơi Dominos 2:00 pm Xem Phim</p>	
<p>9</p> <p>9:00 am Pledge of Allegiance 9:10 am Music Bingo 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Trò chơi trên bàn 1:00 pm Học làm vườn w/ Trino* 1:00 pm Thử sức vui với nhạc điệu SCFTA w / Gina* 1:30 pm Xoa bóp thư giãn w/ Mai 2:00 pm Trò chơi trên bàn</p>	<p>10</p> <p>9:00 am Pledge of Allegiance 9:10 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với Mai 10:00 am Dominoes / Uno 10:30 am Quiz Mo 11:00 am Trò chơi trên bàn 1:00 pm Thử sức vui với w / Zoila* 1:00 pm Xếp hình với Bạn /Mia 1:15 pm Chăm sóc móng & tay w/ Mai 1:30 pm Tô màu và trò chuyện 2:00 pm Xem Phim</p>	<p>11</p> <p>9:00 am Pledge of Allegiance 9:10 am Lớp nấu ăn với w/ Mai 10:00 am Trò chơi trên bàn 10:30 am Nutrition Bingo 11:00 am Chuyển bong bóng 1:00 pm Thử sức vui với / Devon* 1:00 pm Xoa bóp thư giãn w/ Adrian 1:15 pm Chơi Dominos 1:30 pm Tô màu và trò chuyện 2:00 pm Xem Phim</p>	<p>12</p> <p>9:00 am Pledge of Allegiance 9:10 am Loteria 10:00 am Tri Ân Âm nhạc / Greg* 10:30 am Trò chơi trên bàn 11:00 am Nhóm Thử Dục w/ Dee 1:00 pm Care- eoke w/ Mia & Mai 1:15 pm Chăm sóc móng & tay w/ Carol 1:30 pm Xếp hình với Bạn 2:00 pm Phim về Kiến thức phổ thông</p>	<p>13</p> <p>Ngày của Hoa</p> <p>9:00 am Pledge of Allegiance 9:10 am Làm Hoa giả w/ Dee 10:00 am Trò chơi trên bàn 10:30 am Bingo mùa xuân 11:00 am Tô màu và trò chuyện 1:00 pm Di chuyển theo nhịp Mia/ Carol 1:00 pm Chăm sóc móng & tay 1:30 pm Xoa bóp thư giãn w/ Adrian 2:00 pm Phim mùa xuân</p>	
<p>16</p> <p>9:00 am Pledge of Allegiance 9:10 am Aloha Bingo 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Chuyển bong bóng 1:00 pm Học làm vườn w/ Trino* 1:00 pm Trò chơi với dù lượn Carol /Mai 1:30 pm Xoa bóp thư giãn w/ Dee 2:00 pm Trò chơi trên bàn</p>	<p>17</p> <p>Ngày Thánh Patrick</p> <p>9:00 am Pledge of Allegiance 9:10 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với Mai 10:30 am St Patrick Bingo 11:00 am Sân lũng đồng xu vàng 1:00 pm Thử sức vui với w / Zoila* 1:15 pm Mỹ nghệ Saint Patrick / Mai & Mia 1:30 pm Dominoes / Uno 2:00 pm Xem Phim</p>	<p>18</p> <p>9:00 am Pledge of Allegiance 9:10 am Lớp nấu ăn với w/ Dee 9:30 am Nutrition Bingo 10:00 am Lớp Âm nhạc với w/ Mai 10:15 am Khiêu vũ trị liệu/ Katherine 11:00 am Chuyển bong bóng 1:00 pm Thử sức vui với w/ Devon* 1:15 pm Xoa bóp thư giãn w/Mai 1:30 pm Chơi Dominos 2:00 pm Xem Phim</p>	<p>19</p> <p>9:00 am Pledge of Allegiance 9:10 am Sweet Bingo 10:00 am Tri Ân Âm nhạc / Greg* 10:00 am Trò chơi trên bàn 11:00 am Participants Council Meeting 1:00 pm Cùng nhảy Mambo / Mai/ Dee 1:00 pm Chăm sóc móng & tay w/Mia 1:00 pm Dominoes / Uno 2:00 pm Phim về Kiến thức phổ thông</p>	<p>20</p> <p>Ngày dinh dưỡng</p> <p>9:00 am Pledge of Allegiance 9:10 am Nhóm Nhạc Quỳnh Hoa* 10:00 am Dominoes /Uno 10:30 am Trò chơi đoán món ăn 11:00 am Chuyển bong bóng 1:00 pm Bingo dinh dưỡng 1:15 pm Trò chơi trên bàn 1:30 pm Đoán hình món ăn /Adrian 2:00 pm Chương trình nấu ăn</p>	
<p>23</p> <p>Ngày Quốc tế Chó con</p> <p>9:00 am Pledge of Allegiance 9:10 am Animal Bingo 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Trò chơi trên bàn 1:00 pm Học làm vườn w/ Trino* 1:00 pm Chơi ném túi đậu Carol 1:30 pm Xoa bóp thư giãn w/ Mai 2:00 pm Trò chơi trên bàn</p>	<p>24</p> <p>9:00 am Pledge of Allegiance 9:10 am Nghệ thuật/Jennifer* 10:00 am Lớp ESL với Mai 10:00 am Fiesta Bingo 10:00 am Number Games 11:00 am Trò chơi trên bàn 1:00 pm Thử sức vui với w / Zoila* 1:15 pm Chăm sóc móng & tay w/Mai 1:30 pm Dominoes / Uno 2:00 pm Xem Phim</p>	<p>25</p> <p>9:00 am Pledge of Allegiance 9:10 am Lớp nấu ăn với w/ Mai 10:00 am Trò chơi trên bàn 10:00 am Tô màu và trò chuyện 10:30 am Quiz Mo 11:00 am Trò chơi trên bàn 1:00 pm Thử sức vui với w/ Devon* 1:15 pm Xoa bóp thư giãn w/ Dee 1:30 pm Chơi Dominos 2:00 pm Xem Phim</p>	<p>26</p> <p>Birthday Celebration</p> <p>9:00 am Pledge of Allegiance 9:10 am Birthday Bingo 10:00 am Tri Ân Âm nhạc / Greg* 10:50 am Chúc mừng sinh nhật 11:00 am Nhóm Thử Dục w/ Dee 1:00 pm Care- eoke w/ Mia & Carol 1:15 pm Chăm sóc móng & tay w/ Mai 1:30 pm Tô màu và trò chuyện 2:00 pm Phim về Kiến thức phổ thông</p>	<p>27</p> <p>Ngày bánh quy sô cô la</p> <p>9:00 am Pledge of Allegiance 9:10 am Nướng bánh quy với Carol 10:15 am Trò chơi trên bàn 10:30 am Bingo ngọt ngào 11:00 am Chuyển bong bóng 1:00 pm Di chuyển theo nhịp w/ Adrian 1:00 pm Chăm sóc móng & tay w/ Mia 1:30 pm Chơi Dominos 2:00 pm Thử thách làm bánh</p>	
<p>30</p> <p>9:00 am Pledge of Allegiance 9:10 am Loteria 9:15 am Salon cắt tóc 10:00 am Khỏe mạnh cùng Matt * 10:00 am Làm nên kỷ niệm 11:00 am Chuyển bong bóng 1:00 pm Học làm vườn w/ Trino* 1:00 pm Ngồi ghế đá ban Mai/Dee 1:30 pm Xoa bóp thư giãn w/ Carol 2:00 pm Trò chơi trên bàn</p>	<p>31</p> <p>Ngày Cesar Chavez</p> <p>9:00 am Pledge of Allegiance 9:10 am Lớp ESL với Mai 10:00 am Trò chơi trên bàn 10:00 am Chuyển bong bóng 10:30 am Dance & Entertainment With Marco 11:00 am Buổi nói chuyện giáo dục CC 1:00 pm Fiesta Bingo 1:15 pm Color & chat 2:00 pm Xem Phim</p>	<p>2026</p>			<p>Dress Up Day Reminders!</p> <p>3/6- Màu yêu thích của bạn 3/13 - Mặc họa tiết hoa 3/17 - Xanh lá cây, hoặc vàng 3/20- Mặc áo thun Alzoc 3/27- Mặc màu nâu hoặc đen 3/31 - Mặc màu xanh lá cây, trắng và đỏ</p>