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FOR IMMEDIATE RELEASE

Orange County Makes Strides Supporting Alzheimer's Community at Walk4ALZ 2026

Alzheimer's Orange County's annual walk returns to Angel Stadium on March 14

IRVINE, CA, March 4, 2026 — On Saturday, March 14, Alzheimer's Orange County (AlzOC) is bringing back their most anticipated fundraiser of the year. Walk4ALZ unites Orange County residents at Angel Stadium, committed to raising awareness and funds for those affected by Alzheimer's disease and other related forms of dementia.

Families, caregivers and community supporters of all ages are welcome to join the approximately 1.5-mile walk, promoting connection, education, and fun. Funds raised by AlzOC impact local programs and services, ensuring residents have the resources and knowledge to navigate the disease. With Orange County's population age 65 and older projected to reach 27% by 2060, the need for services for individuals affected by cognitive disorders will inevitably increase.

"Walk4ALZ is more than a walk. It is a powerful reminder that no one facing memory loss in Orange County needs to face this journey alone," said AlzOC President and CEO, Jim McAleer. "With more than 164,000 local residents affected, this event brings together an entire community of people directly affected along with friends, family, neighbors and others of all ages to make even the smallest step count."

Join us for exciting activities, such as:

- A festival area featuring local organizations and community resources
- Local food truck vendors
- Live music
- Family-friendly activities and games
 - Lawn games
 - Pickleball

- Rock wall
- Kids zone
- With support from:
 - The 501st Legion (Star Wars characters)
 - Angels Strike Force
 - Ducks Street Team

Check-in and the festival open at 8 a.m.

Participants can register for free as individuals or form teams in an effort to raise money. 100% of funds raised stay in Orange County to support AlzOC's services for local residents. Services include their free helpline, educational classes, support groups, adult day health care, care consultations, memory screenings and other related resources.

Learn more about the event, donate, and sign up at www.alzoc.org/walk.

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About Alzheimer's Orange County

Alzheimer's Orange County provides programs and services that span the continuum of care of Alzheimer's and related forms of dementia to Orange County, California residents living with Alzheimer's or dementia, including older adults and frail seniors, along with their families, caregivers, and the community. Alzheimer's Orange County began as an independent 501(c)(3) nonprofit in 1982 with a primary mission of providing care and support for those impacted by dementia and their caregivers in Orange County. Alzheimer's is a devastating neurodegenerative illness that weakens the memory and other cognitive and emotional functions. For more information, call the Helpline at 844-373-4400 or visit www.alzoc.org. Find Alzheimer's Orange County on [Facebook](#), [X](#), [Instagram](#), and [LinkedIn](#).