

NORMAL AGING VS WARNING SIGNS OF DEMENTIA

Monday, July 6th | 10:00 am - 11:00 am



Some changes in memory and thinking are part of normal aging, while others may be signs of something more serious. This class will help participants understand the difference between typical age-related changes and possible warning signs of dementia. Participants will also learn when to seek medical guidance and why early evaluation matters.

Presented by:
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To RSVP call
(949) 425-5151

Refreshments provided by Seniors Helping Seniors

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