

NORMAL AGING VS WARNING SIGNS OF DEMENTIA

Monday, July 6th | 10:00 am - 11:00 am



Some changes in memory and thinking are part of normal aging, while others may be signs of something more serious. This class will help participants understand the difference between typical age-related changes and possible warning signs of dementia. Participants will also learn when to seek medical guidance and why early evaluation matters.

Presented by:
Kristen Maahs-Kolberg




Sea Country Community Center
24602 Aliso Creek Rd,
Laguna Niguel, CA 92677


To RSVP call
(949) 425-5151

Alzheimer's
ORANGE COUNTY

MEMORY SUPPORT SERVICES

Helpline: 844-373-4400 | www.alzoc.org